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Pender Island 2023 Saturday Nov 4th BESINAL

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Annual

Santa Claus ís saílíng back to Pender! Saturday,

The Santa Ship is bringing Santa Claus to Hope Bay! A Santa

Saturday, December 16, 2023 1 pm at Hope Bay

to Hope Bay! A Santa Ship has sailed to the Islands every year since 1947. The Pender Island Lions Club and the Hope Bay Merchants welcome Pender Island kids to meet and receive gifts from Santa aided by his elves.
Donations to the Food Bank will be collected.

The Pender Islands Lions Annual Polar Bear Swim

The Annual Polar Bear Swim will take place New Years Day, January 1, 2024 at Port Browning Marina and Resort. Splashdown at 1 p.m. Prize Judging & Presentations 12:30 - 1:00 p.m.

Suggested Registration Fee of 1 item for the Food Bank will be collected

Prizes

Youngest Splasher Oldest Dipper

Best Children's Costume (12 & under) Best Teen Costume (13-19 incl.) Best Adult Costume (20 & over)



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The Pender Post - November 2023

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Download and fill out the application form penderfire.org/index.php?pdf=PIFR_Volunteer_Application_Form

If you have questions or need assistance with your application, contact: administration@penderfire.org 250-629-3321

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The Pender Post is published once a month as a non-profit service to the community. Those who buy an annual subscription to *The Pender Post* and are residents here, are automatically members of the Pender Post Society. The board meets monthly and is comprised of representatives from the various non-profit clubs and societies. To send a new representative, please contact Jan Wallace at *secretary@penderpost.org.*

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FROM OUR PRESIDENT

Many of us who were fortunate enough to be born in post-war Canada have never experienced war firsthand. We learned about war from the stories (at least the ones that were shared with us) of the veterans in our families – dads, uncles, grandfathers, mothers, grandmothers.

I grew up with my mother's stories, as she was a captain in the Canadian Women's Army Corps and one of the first women stationed in London. After the war ended, she returned to Canada and was passionately committed to the Legion, eventually receiving recognition as a Life Member. At the same time, she also taught us to appreciate and value peace. She did not see any incongruity between respecting and honouring those who fought for our freedom, and a deep commitment to working for peace. Every Remembrance Day, rain or shine (usually rain), we stood at the cenotaph to show our respect and support for those who served, and waited proudly for my mother to march past us on parade. And every year, we heard those timeless words, "Never again".

The reality for many new Canadians, who have escaped from wars in all corners of the planet, is that "Never again" is a seemingly impossible dream. And as we see on the news every day, the horrors of war continue in the Ukraine, Myanmar, the Sudan, and most recently, Israel and Gaza. What can we do?

Our Pender community is amazing in the way it shows how we value

Special Notices

Community Conversation

On November 10 at 9:30 am at the Hall there will be a Community Conversation with Adam Olsen and some of our Island Trustees. We'll have Q and A with our elected officials. All topics related to Pender Island concerns are up for dialogue. Here's an opportunity to talk with fellow islanders and your elected provincial and Trust representatives about local issues that are on your mind and/or in your heart. All are welcome.

Mary Anne Pare & Kathy Cronk



Captain Audrey Hawkins, CWAC

Remembrance Day. The Legion, the School, The Pender Highlanders, the RCMP and First Responders, the poppy sellers and the poppy wearers come together to show that we do not forget, that we respect and value those who have put themselves in danger for our sake.

When we stand at the cenotaph on November 11, we also support each other as we grapple with the present conflicts and struggle to find ways to make a meaningful difference. It's not just a gesture. We come to recommit to those words, "Never Again".

Annie Smith

Let's Go Walking

Do you want to get walking but need that extra bit of motivation that walking with a group can provide? We meet at 9:30 am every Monday and Friday. Typical walks last 1.5-2 hours, and occasionally we plan an off-island walk. As locations vary, please call either Carol Davis 250-626-9959, or Barbara Tarris 250-629-3052 for location. We'll get you added to our email list and from there you will receive emails informing you of the meeting place for the next walk.

Carol Davis

Located on the terrace level, Syrens Bistro & Lounge features an upscale pub atmosphere, patio, pool table, TV's, specials and a menu inspired by classic comfort food and local produce.

ESORT

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Remembering Those Who Kept the Home Fires Burning

When my mother was a young woman, she lived in Greenwich London, which is the heart of the dockyard area and a prime target for bombing during the London Blitz during WW2. My father was a British citizen living in Canada but at the start of the war he and his brothers travelled to England and joined the RAF. Somehow, they met and became engaged in London. My father was then sent to Egypt and the Middle East while my mother continued her life in London. They had very little contact, no cell phones, and few landlines that worked.

Life was anything but normal for my mother. She would leave for work in the morning not knowing if her office building was still standing, and wondering if she would get home that night or have to spend yet another night sheltering in the London Underground stations. She had no way of letting her parents know she was fine if she did not get home that night. Her sister was in the same position and the parents were left to worry about their daughters and their son. Their brother was serving in the British Army as a translator as he spoke English, French, and German. He was very proud of the fact that he was seconded to the Canadian Forces for the landings in Normandy and that he landed with the Canadians, but the family worried about him.

One day my mother's worst nightmares came true. As the sirens sounded the family rushed to the nearest air raid shelter and listened to the bombs falling around them. When they emerged,

Continued page 9



Pender Island Parks & Recreation Commission

Making a difference...together

Will you pledge support for the Schooner Way Trail?

We all know that Pender roads aren't safe for pedestrians and cyclists. That's why the Pender Island Parks and Recreation Commission is leading the Schooner Way Trail project, an initiative to build a multi-use trail from Danny Martin Ballpark to the Pender School and Medical Clinic.

- Why start here? This is the section of trail that the community chose as its top priority. This section of trail will eventually tie into the CRD's planned Gulf Islands Regional Trail from the ferry to the Driftwood and beyond to South Pender.
- What's the benefit? Multi-use trails are for everyone...walkers, runners, cyclists and people using mobility devices. These trails will enable Pender residents to travel safely and efficiently to school, work and social activities, and to access community services, amenities and businesses all while reducing our carbon footprint.
- How much will it cost? Building the trail is expected to cost \$2.1 million. Nearly 2/3rd will come from the BC Active Transportation Grant, the Federal Community Works Fund and other government funds. This leaves us about \$500,000 shy of our total and that's why we are asking for your support.

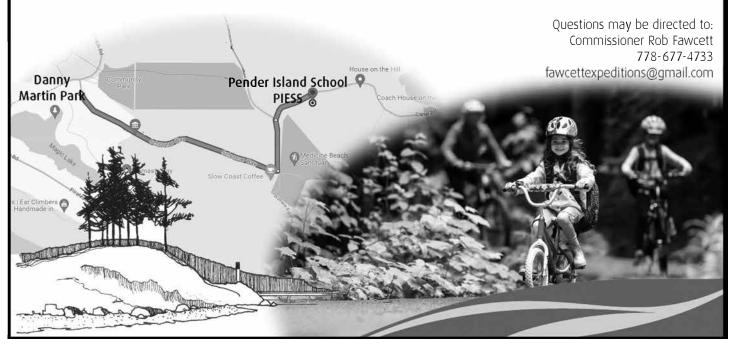
We realize that \$500,000 is a large ask, but we are hopeful that the Pender Island Community will come together and start the process of building a safer and healthier island. With your pledge of support, we can make this stretch of road safer for everyone, especially our youth.

Each \$250 pledge will sponsor 1m of trail. Special Bronze, Silver, Gold and Platinum "founders" categories have been set up for sponsors of 10+, 40+, 100+ and 300+ metres of trail. Even if you can't sponsor a metre, all donations of \$20 or more will be tax deductible. Pledges won't be collected until after we hear if our grant application is successful.

Can we count on your support to reach our first \$250,000 pledge milestone by October 15, 2023? Thank you Pender!

Pledge forms are available online, at locations around the island & in the community folders at Dockside Realty at the Driftwood.

More information about the project is available at: www.crd.bc.ca/schoonerwaytrail



Home Fires, continued

there was nothing but smoking rubble where their house had stood. They never found the family cat. My grandmother refused to leave the shelter for a week as she could not face the reality of her home and family history being destroyed in just a minute. The family was evacuated by the Red Cross to the Midlands of England and had to begin their lives all over again. My mother was worried that her fiancé, my father, would not know where she was, when and if he returned from war. My mother suffered from "nerves" as the doctor called them after the war, but today, I think they would have diagnosed those "nerves" as PTSD.

On Remembrance Day as we remember those brave men who fought for our freedom, let's also remember the families left behind to keep the home fires burning while facing a barrage of bombs, lack of food and water, and even death while supporting their sons, brothers, and dads who were fighting for them.

Val Butcher

Santa's Sac

The 5th Annual Elf Tree will be happening again on Pender Island but the elves have moved the tree.

There will be some changes to the Santa's Sac program this year. Due to the arrival of a little Kiwi grandson, I will be travelling to the other pole in early November. However, Mike Gray, a large, shining elf, has agreed to host the Elf Tree at Tru Value during November and December.

So, the program is still the same – we hope you will help us support families on the Island who need a little extra help this year. It's easy too.

1. Take a tag, which has a gift written on it, off the tree.

2. Buy the gift.

3. Bring the gift back unwrapped with a tag. There will be a box beside the tree or drop off at the Community Resource Centre (Monday, Wednesday, Friday) across from the Driftwood hardware store. Deadline to bring in gifts is December 14.

This year there will also be a tree at the Port Browning Marina office and those who make a donation of food or toys/ gift cards can enter the draw for lots of wonderful prizes. Lori has a great selection of locally sourced gifts in the office, so do some shopping, too.

The Santa's Sac program also supports families, couples, and individuals with food cards during the holiday season. Families receive \$250, couples \$150, and individuals \$100. Families also receive a ham, turkey, or vegetarian option. Last year our card and food expenses were just over \$16,000. We also supported 26 families with 46 children and gave out approximately \$8500 worth of toys and gifts, due to the generous support of the Elf Tree program. We also delivered 22 seniors' gifts, supported by PI Pharmacy and the Give-A-Bear program at the BC Liquor Store, and coordinated a hot turkey delivery through the PI Legion.

So, bottom line – we need your support again this year. Please consider:

• Making a monetary donation, which can be left in the Santa's Sac folder in the Community Box. For tax receipts, please make cheques out to Pender

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- **Cheques**, made payable to The Pender Post Society, can be left in the Pender Post folder at the Dockside Realty office at the Driftwood Centre or mailed to: The Pender Post Society, PO Box 4, Pender Island, BC VON 2MO, Attn: Dianne Allison, Subscriptions

KIM POLLARD FINE ART PRESENTS **THE 1st ANNUAL DECEMBER GROUP EXHIBITION** December 1st – January 7th **ARTIST OPENING RECEPTION** Saturday December 2nd 1:00-3:00 Gallery Hours: Friday & Saturdays 11-3 ~ and by request #3 – 4301 Bedwell Harbour Road. Hope Bay 604.671.1189 ~ studio@kimpollard.com ~ www.kimpollard.com Pender Post **2024 Subscription** □ New subscription □ Address/email change Renewal Name _____ Address/PO Box Number _____ City _____ Province _____

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Island Food Bank Society – Santa's Sac. Cheque or cash donations must include full name, address with postal code, and phone number.

- Donate your Spirit Board 1% to Santa's Sac (#10) at Tru Value.
- Volunteer to shop, wrap boxes, sort toys or assemble/deliver food and toy hampers. Volunteer forms are in the Santa's Sac folder in the Community Box.

This year I am in more need of volunteers than most years. If you are able to help, even for a few hours, please contact me or fill out a Santa's Sac volunteer form available in the Community Box outside Dockside Realty, Driftwood. I will be coordinating volunteers in late October and early November before I leave the island.

We know that this year has been difficult for many with rising costs. If your family is in need of assistance, or if you know a family who is, please call/text 250 816 1519 or leave a note in the Santa's Sac folder in the Community Box at Dockside Realty with contact phone number. You can also email Santa to let him know at santaonpender@gmail.com. All information is strictly confidential.

Thank you Pender Island for your continued generosity – it makes the holiday season very special for so many. Wishing you all a joy-filled season and I will think of you all when I'm in the southern sunshine.

Terry Shepherd, Co-ordinator



FROM OUR MLA

Democracy, Health, Housing, and Transportation



In this column I will address a number of issues that continue to impact people in Saanich North and the Islands, and across

British Columbia.

I'll start with our democracy. Since my election I have been advocating for improved legislative processes, and better access for private members (all members not in Cabinet) to introduce, debate, and vote on private members' bills and motions. Throughout the summer, I sat on an all-party legislative committee looking at the issue.

Over decades, majority governments have wrestled control of the legislative agenda away from the Assembly and now can dictate what is debated and voted on. However, if the committee's recommendations are enacted by the government, all elected representatives will have more tools to propose legislative changes.

Primary, urgent, and acute healthcare continues to be a major issue across BC and Saanich North and the Islands is not immune. With the Saanich Peninsula Hospital emergency room closed in the evening, now indefinitely, no walk-in clinic services on the Saanich Peninsula or on Salt Spring Island, and increasing healthcare service needs on the outer Gulf Islands, our office continues to hear how the system is failing to serve local residents. I continue to hear from healthcare workers, even while fearing repercussions for speaking out, regarding their deep concern for the state of healthcare services. Health authority bureaucracies continue to grow while access to critical services is getting worse. We continue to suffer a housing affordability crisis that has destabilized thousands of people in our communities. The cost of rent has skyrocketed, and this summer rising interest rates have in some cases doubled the monthly mortgage payment for many of my constituents, threatening housing security for people across the socio-economic strata.

At the time of writing this we have seen legislation to regulate short-term vacation rentals (STVRs). There are conflicting studies about the impact of STVRs on long-term housing supply and rental rates. However, anecdotally I have been hearing about the negative impacts, especially on the Gulf Islands, since I was elected.

The proposed legislation will provide some limitations on STVRs, create a registry, and allow regional districts to develop business licensing. These are steps I support, but it is only part of the solution. We need to see more from the government.

BC Ferries is still struggling to provide consistent and reliable services. Our office consistently hears about how delays and cancellations impact access to work, important appointments, and essential services for many people. The Minister of Transportation recently announced that the province will start charging fines to BC Ferries for every missed sailing, however, it is difficult to imagine how this will remedy the more fundamental issues such as staffing.

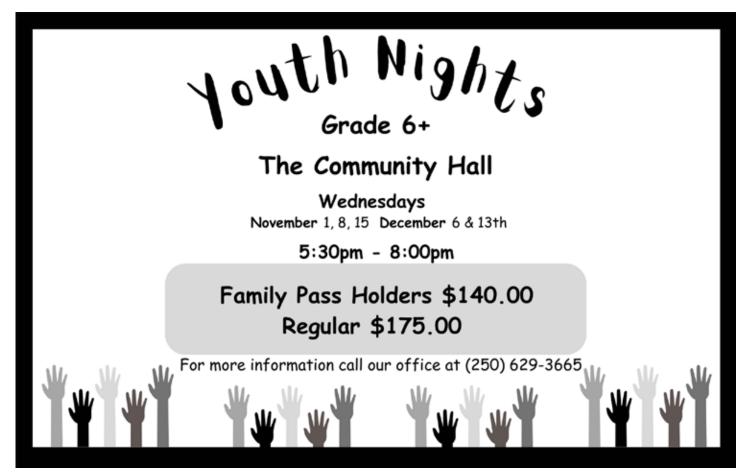
That said, I am thankful that BC Ferries listened to their customers who advocated for better shelter from the elements while waiting for the bus. They are working on constructing a long-term solution, however, in the meantime temporary tents are in place to provide cover from the wind and rain.

I will continue to work on these and other issues facing our constituency. If you need support or my advocacy, do not hesitate to contact me at Adam.Olsen.MLA@leg.bc.ca or call 250-655-5600.

Adam Olsen, MLA Saanich North and the Islands



https://sginh.ca/programs/seniors-programs/



The Pender Post - November 2023

New Short-Term Vacation Rentals Regulations, Opt in or stay out?

BC is in the process of passing new legislation that will impact shortterm vacation rentals (STVRs) over most of the province. There are approximately 28,000 listings for STVRs in the province and of those roughly 16,000 are available yearround. The province intends to restrict STVRs to the owner's principal residence plus a secondary suite or Accessory Dwelling Unit (cottage). These restrictions will apply across much of the province, targeted at communities with populations of 10,000 or more plus adjacent communities if in close proximity. The Islands Trust area and the CRD electoral areas are exempt from these regulations but will have the right to "opt-in".

The question we must ask ourselves is should we "opt-in" or not? And who gets to make that call? Is it the CRD or is it the Islands Trust? And if the Islands Trust, is it the federated body of the Trust (the 26 trustees that together comprise Trust Council) or will it be the decision of the Local Trust Committees?

I believe that each of our Southern Gulf Islands should be able to make their own determination, as each has different views on STVRs, different bylaws, and different methodologies for dealing with STVRs. I'm certainly not in favour of broad-brush regulation, as the collateral damage may far outweigh the benefit derived from the regulations.

BC is also looking to provide other tools for managing STVRs. One that is of interest to me is that regional districts will shortly be able to issue business licences to permit STVRs, a concept used fairly successfully in municipalities. I say "fairly" because enforcement has been a challenge, both in terms of getting data (as to who is operating a STVR) and what penalties can be assessed for those in violation of, or operating in absence of, a licence. Those issues are also being addressed by the province, with regional districts bylaw fine maximums increasing from \$2,000 to \$50,000. BC will also require STVR platforms (like Airbnb and VRBO) to provide data regularly to the province and include business licence numbers on STVR listings.

The changes allowing regional districts to issue business licences and the increase in fines for bylaw violations will be in effect after Royal Assent, with other changes (principal residence restrictions) taking place on or after May 1, 2024. So there is time to examine the merits of a business licence program for STVRs before the broader changes come into play.

One change due May 1, 2024 that could be impactful is the removal of legacy protections of non-conforming use of property in the Local Government Act specific to STVRs. This could have a significant impact on those operating existing legal STVRs in communities where bylaws were enacted prohibiting STVRs beyond an existing cap. This change would essentially make all STVRs illegal under the bylaw. We'll need to move carefully and thoughtfully on our islands to minimize collateral damage and maximize the benefit to our housing needs.

Paul Brent, CRD Director for the SGI



Elizabeth M. Newell June 20, 1926 - September 09, 2023

It is with heavy hearts that we announce the passing of Betty, who left us on September 9 at the age of 97. Betty lived for many years on Pender Island. Some of us remember the years of good times singing in the choir with her and some years under her patient direction.

Born in Vancouver, Betty was a beloved mother, grandmother, and greatgrandmother. She had a long career in nursing. This career, and working two jobs, allowed the purchase of the dream retirement home on Pender Island. She loved music, and was actively involved for most of her life. Betty enjoyed being active, an avid walker both on Pender and in Victoria. She loved travelling, always looking forward to the next adventure. If that adventure was on a boat, then it was just that much better. Betty is survived by her son Bruce (Shelley), from her first marriage, step children Hazel (Andy), Chris (Virginia), Chuck (Stephanie), and Dudley (Sue), from her second marriage. She was blessed with numerous grand-, and great-grandchildren. She will be hugely missed by those that had a chance to know her.

She was preceded in death by her first husband, Stanley Atkinson, her daughter Kat Atkinson, and her second husband Phil Newell. A funeral service was held in Victoria October 13. Betty will be deeply missed but will live on in the hearts and memories of all who knew and loved her.

Therese Williams





2023 Speaker Series: HERE'S TO YOUR GOOD HEALTH!



About our Speaker Dr. Karin Humphries is Associate Professor, Emeritus, Division of Cardiology, Department of Medicine, Faculty of Medicine, UBC

Talk #3: Cardiovascular Disease in Women

- When: Wednesday, November 8 at 1:00 pm
- Where: Pender Island Public Library
- What: This talk will explore why cardiovascular disease tends to be under-diagnosed and under-treated in women.

Presented as part of the Library Speaker Series.



THE ARTS

Pender Island Art Society



> In November the Pender Island Arts Society will be holding its annual Le Petit Salon, the Society's fall art

show. (See advertisement page 3) The show will be at the Community Hall Saturday November 25, 10 am - 4 pm, and Sunday, November 26, 12 pm - 3 pm and will feature original art, cards, prints and more. It will be a great opportunity for the gift-giving season. Mark your calendars now.



Fall Sessions

October 16 Ron Underhill and Peter Paré gave the first session in a twopart portrait drawing workshop at our regular Monday session. The method they described involves creating a realistic human likeness by using the classic technique of chiaroscuro (Italian "light and dark") developed by Leonardo da Vinci during the Renaissance. At the second session on November 6, participants can show what they have done between sessions and do another portrait. If you missed the first session, come to the second since the basics will be reviewed. Non-member drop-ins are welcome. \$5 drop-in fee.

December 4 will be our annual art card exchange, 1 pm at the Anglican Hall.

Annual General Meeting

The PIAS AGM was September 25. Audrey Stibbe (President), Brenda Sledzinski (Program) and Peter Paré (Vice President) stepped down from the board. New and recycled board members are: Margaret Alpen (President), Laura Dunsmuir (Vice President), Laura Vilness (Secretary-Treasurer), Corinne Parker, Larissa Shumuk and Kelly Leroux (Members at Large).

Peter Paré

Pender Island **Celtic Music Society**





In September, the Highlanders played at the Terry Fox Run, and then on September 23 they played as

part of the opening of the Crisp Festival. Those were unfortunately too late for inclusion in the September Post. This month of October has been fairly quiet, just regular practices. We had a workshop on October 28 with visiting instructors to challenge all of us - our first workshop since before COVID came on scene. You'll have to wait until next month to see how it went though.

Caren Rennie

Pender Island **Community Choir**

s director Sabrina Read says, \boldsymbol{R} rehearsals are in full swing as we prepare for our winter concerts with local musical guests, Peach and Quiet, Sarah Smith, and the spectacular PI Young Violins. Joining the band are Charlie Knowles, Dan Weeks, Kathy Curtis, and our talented pianist Eileen Deros. We have a few surprises planned and look forward to sharing music with all of you.

As some of you know, the Pender Island Community Choir did not receive the Gaming Grant this year so we would love to have your support by buying a ticket for our fall/winter/Christmas concert. It will be an awesome fundraising event including beautiful songs by Gordon Lightfoot, Elton John,

and some traditional favourites. And of course, the Youth Choir is always an event by themselves - joyful and fun. If you are feeling like a Grinch, they will make your heart bigger.

There will be three shows: December 8 and 9, 7:00 pm and December 10, 2:00 pm at the Community Hall - tickets available at Talisman Books.

This month we silently give thanks for those that gave the ultimate sacrifice and those that have served so that we can continue singing.

Terry Shepherd

Pender Island **Concert Society**

Montréal's Trio Fibonacci was very warmly received on October 18. The group's performance, titled Les Géants du Minimalisme (The Giants of Minimalism) featured Julie-Anne Derome on violin, Gabriel Prynn on cello, and Maxim Shatalkin on piano playing pieces composed by a variety of composers deemed minimalist, including Ludovico Einaudi and Brian Eno amongst others. All the works were converted by the Trio to a format for three players. To say the works were "moving" cannot begin to describe the emotions stirred by their playing. One concert goer departed saying he "had never been so moved by a performance presented by the Concert Society."

Trio Fibonacci was a long time coming to Pender Island. The Concert Society's Clarice Bloomenthal and Sue Morton first heard this group audition before the onset of COVID. Clarice would be so pleased they finally made it to Pender and were so well received.

We have two more concerts to go in this series. More on them in December.

Jon Heaney, Society Chair

Pender Island Quilters' Circle



Quilters' Circle met on October 13 at the Anglican Church

Hall. Karen Gagnier welcomed the 14 members who gathered together for quilting fun.

We started with our traditional Show and Share where we present our completed and in-progress projects. Barb Tarris showed a Hallowe'en table runner. She mentioned that she typically gives away her completed projects as gifts so it is a rare occurrence where she still has a project to share. Charlotte Edwards has completed her Attic Window quilt that she presented last month. The big reveal was what technique of machine quilting she used, free motion or straight line. I predicted straight line but, to my delight, she used both types of machine stitching for an appealing finish to her project.

I told a story of how I had a memory of purchasing Depression-era fabric including pre-cut hexagon squares 25 or 30 years ago from Keepsake Quilting. I wasn't sure if this was a real or fabricated memory. However, I recently discovered the fabric when cleaning out stored plastic bins and found that I had appliquéd (with hand-stitching) the hexagon pieces to white fabric squares. It was an amazing find. I sewed the white squares together and plan to complete the lap size quilt this year. The big debate is hand quilting versus machine quilting; in the spirit of a Depression-era quilt, hand quilting seems appropriate.

Karen queried if anyone else is doing anything exciting in personal quilting ventures. Martha Deme replied she is doing five exciting things and it's overwhelming! Many of us can commiserate with that feeling.

The October and November project is a Christmas table runner led by Heather Duncan. Before embarking on a demonstration of how to make the pinwheel squares for the runner, Heather provided several handy tips. These helpful hints include:

• Metallic thread for machine quilting; Heather used Glitter thread by Superior Threads, and she found a YouTube video that demonstrates how to use it

- Pin cushion fabric pouch stuffed with crushed walnut shells, keeps the pins clean and sharp
- Clover Hera marker a plastic tool for marking quilting lines on the fabric, the lines are indentations in the fabric which are visible for sewing and then disappear

We will continue the Table Runner project in November. Heather will demonstrate piecing the stars, suggestions for quilting, and a binding trick. She is hoping we will have newly finished table runners to decorate the Hall for our Christmas party.

Heather likes to plan ahead and has proposed a Sea Glass quilt project in a riverbed pattern for January and February; this was met with great interest by the group.

Upcoming Meetings: November 13 - Christmas Table Runner December 11 - Christmas Gathering

Meetings are held at St. Peter's Anglican Church Hall, 9:30 am - 12:00 pm

Newcomers are always welcome and it is a personal choice as to whether or not you participate in the identified monthly project.

Quilter's Philosophy: We make quilts and are quick to identify our mistakes; we lament the flaws. Whether it's quilts, activities, projects, or people, accept them as they are and appreciate their beauty. The imperfections are evidence of what we've overcome and contribute to an inherent beauty.

Laura Vilness

Pender Photo Club



Photo: Ann Coombs

Once upon a time, Photo Club enthusiasts ventured out on dark winter evenings to join our fellow camera clickers in an exciting sharing and learning experience in photography. We now meet in the comfort of our own homes on a Zoom venue, as we did on October 4, exploring the topic of abstract photography. One definition of abstract: "As an idea but not having a physical or concrete existence".

We viewed images that were varied, stunning, and a step out of our comfort zone. As always, we endeavor to seek ideas and emotion through the lens.

Please join us on the first Tuesday of every month by contacting Urs Boxler at ursboxler@gmail.com to register. *Eve Pollard*

Solstice Theatre Society



Camelot is well on the way to being a show. We have completely blocked all the scenes and every time we

do them they get funnier. The young people involved are full of energy and working hard at their dances and songs. See ad on back cover for dates and ticket information.

Margaret Alpen, Producer



PIJazz

Things are getting awesome. We're really looking forward to presenting some brand new tunes for your dancing and listening pleasure.

We're set to present quite a few jazz opportunities at the Community Hall through the season. So far we've booked Friday, November 17, Saturday, March 2 and Saturday, April 27

Music Musings: What Gets Us Playing?

What motivates our music? What gets people to pull out that uke, or grab the bassoon, or shamelessly sing to their cat? Apart from the tremendous side benefit of convincing your neighbours you're too weird to bother, why do it at all?

Many of us took music lessons and gained some solid music literacy. That's not enough. Time, growing up, busy lives, and residual fear of music teachers can so quickly put musical joys on the extinction list. A history of music does not ensure a musical present.

Culture helps a bunch. The culture of this island quite obviously values artistic expression in general, and so many people have, as I've said before, fed the warming fires of community music through good times and bad.

Even singing to the cat involves some risk of judgment. (My cat is very judgy, but his singing is atrocious.) That's a bit uncomfortable, so here's my advice.

1. Get a deaf cat.

2. Know that you are in a place of mature musical security, where we acknowledge that even the greatest concert started out with fumbling, squawking, and the occasional train wreck.

3. Just suck it up and fake it. Music and musical confidence are muscles that need exercise, and there is no magical "5 Minutes to Fitness" scheme. Take those musical muscles for a walk, or to choir, or a band or a uke strum. Make your neighbours truly gasp at the depth of your weirdness. It's worth it.

Bryce Woollcombe, Music Director

Ptarmigan Arts



Pender Island Short Film Festival Get ready for the incredible

filmmaking talent at the eighth annual Pender Island Short Film Festival on Saturday, November 4. David Ohnona put together 'the best lineup yet' this year. Join us at 6:45 pm for refreshments and a chance to meet the filmmakers, then enjoy the showcase at 7:15 pm. We have films from across the Southern Gulf Islands, Vancouver Island, and the Lower Mainland. Tickets cost \$15 per person (youth 12 and under free) and will be held at the Community Hall. Head to our website to find more info and purchase tickets.

Make it with Clay: Christmas Tree Decorations

Ilse is back with another pottery class for all ages just in time for the holidays. Make up to four decorations for your home or a gift. You will be supplied with clay and underglazes to cut out, shape and paint your decorations in your own unique and creative way. The workshop spans three Tuesdays at the Community Hall: November 7, 6 - 9pm (Making), November 14, 7 - 8pm (Glazing), November 21, 7 - 8pm (Reveal). Cost is \$70 per person and includes all materials. Subsidies are available; contact us for more information.

Janice Jo Lee

Join us on November 17 for dazzling three-part harmony, cute sing-alongs, stirring melodies, and lots of laughs; a spoken word and folk music concert... Janice Jo Lee's work explores gender justice, antiracism, friendship, community, ancestry, and the Earth. She is making a stop on Pender as she tours with her merry trio: Camila Diaz-Varela on vocals and guitar, and Y Josephine



Janice Jo Lee and her merry trio

on vocals and cajon. On stage she performs theatrical spoken word pieces and sweeping songs built on layers of cascading harmonies. The concert will take place at the brand new Studio B Collective at Hope Bay. Doors open at 6:30 pm and the show starts at 7 pm. Tickets cost \$20/adult, and youth 12 and under are free.

Block Printing Workshop

We are excited to have Stefani Williams back for another block printing workshop on November 23 at the Community Hall. During this workshop you will receive instruction and handson experience for making linocut prints while printing your own design on a tote bag or tea towel. You will be using tools that you will get to take home, so you can continue to explore printmaking on your own. The workshop is for ages 14 and over and costs \$85/person including materials. Subsidies are available; contact us for more info.

Pender Islands Art Guide 2024

Come join the 2024 Pender Islands Art Guide, an annual guide featuring local artists and studios, upcoming events, and local businesses. The Art Guide is distributed locally at hotels, marinas, businesses, and the Chamber of

Continued next page

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Commerce info centre, as well as on BC Ferries Gulf Islands routes, Victoria to Vancouver route, and Tsawwassen Quay market. Artists who are general or artist members of Ptarmigan Arts are welcome to be part of the 2024 Art Guide, which is \$125 and includes a map listing with an image and description of each artist/studio. Advertising opportunities for business and studios are available for 1/2 page, 1/4 page, and 1/8 page, starting at \$140. Register or place your ad at ptarmiganarts.org.

Uke Strum

Diana Fairclough leads our twicemonthly Community Uke Strum. We encourage players of all ages and abilities to join – even if you've never played the ukulele before, come participate in this fun and welcoming group and give it a try. There will be extra chord charts available each week. Strummers meet at the Pender Island Community Hall Lounge on two Wednesdays each month from 5 - 6 pm. \$5 drop-in fee accepted at the door.

Weekly Community Gatherings

Every Friday from 12 - 1 pm we get together at the Community Hall for live music from local artists and homemade soup in partnership with the Community Hall, Ptarmigan Arts, and the SGI Neighbourhood House. This month we'll be hearing from Dine and Dash on November 3, Willy Blizzard November 10, Lawrence Mayer & Howard Southwell November 17 and Maddie Glover November 24.

Note of Gratitude: Saying Goodbye to the Ptarmigan Arts Gallery

It was with many mixed emotions that we announced the closing of our beloved art gallery. Monday, September 4 was our last day open. We are filled with gratitude for the incredible journey we have shared with all of you over the years. When we opened our doors in 2019, our mission was to build community and create a space for local artists to share the beauty and wonder of their work. We've been fortunate to witness the transformative power of art in people's lives and to be part of countless meaningful moments. First and foremost, we want to extend our heartfelt thanks to the artists who entrusted us with their creations. Your talent and dedication have enriched our gallery, making it a place of inspiration and contemplation. To our loyal patrons, supporters, and art enthusiasts, you have been the lifeblood of our gallery. Your visits, feedback, and enthusiastic conversations have made every exhibition a memorable experience. We couldn't have done it without your unwavering support.

Our dedicated team, from curators to volunteers, has poured their passion into making this gallery a welcoming space for all. Your hard work and commitment have not gone unnoticed, and your contributions will be cherished in our memories. We also need to give thanks to the Red Tree Collective artists who passed the baton to us when we opened, donating not only financially to support us, but also with their time, expertise, and even a bit of cheerleading.

While it's a bittersweet moment, we take solace in knowing that art will continue to thrive and touch lives in many forms. This may be the end of a chapter, but it's also the beginning of new adventures for us all.

Speaking of which...

First Saturday Open Studios

First Saturday Open Studios is an artist-run open studio event. It is an opportunity to visit artists at work in their studios, ask questions, learn about techniques and build relationships with the artists. Artists can register with First Saturday Studios online in order to be featured as an open studio. Several Pender artists have already registered and we hope to encourage many more! Learn all about it and how to register at www. firstsaturday.ca.

For information and to register for any of the above programs or events, please visit our website: www.ptarmiganarts. org.

Alice Karolina

Three on the Tree Production Society

The Hall was bursting with creative energy October 21 as ZOO-isLANDER returned.









COMMUNITY SERVICES

CRD Bylaw and Animal Care Services

Dog Licences for 2024

The Capital Regional District (CRD) "Animal Regulation and Impounding Bylaw No.1, 1986" specifies that "the owner of a dog shall obtain a licence for the calendar year, January 1 to December 31". Failure to do so can result in a fine of \$100.

In the CRD, all dogs four months or older must be licensed. Since 2016, the CRD has issued permanent CRD Dog Licences to owners of licensed dogs. Now, just one tag is good for the lifetime of your dog and the tag number will remain the same each year. Permanent CRD Dog Licences must be renewed annually in order to keep our information current and comply with the bylaw. But you will no longer be required to affix a new number to your pet which will ensure the licence data base is always up to date.

Unlicensed Dogs

Please obtain a new licence at the Home Hardware Building Centre on the Pender islands or directly from the CRD Bylaw and Animal Care Services as noted below. The normal licence fee for spayed and neutered dogs is \$25 and for unspayed and unneutered dogs is \$40. Lost tags can be replaced for a \$5 fee.

Dogs that have 2023 CRD Licences

The deadline for renewal of dog licences for 2024 is 1 March 2024 to avoid a \$10 late fee. Renewing your licence before 31 December will reduce the licence fee by \$5. Renewal notices for currently *Continued*

RAVEN ROCK FARM Stay ta Explore the www.ravenrockfarm.com Fill up with **Relax and recharge** farm on a at The Perch ravenrockfarm.pender@gmail.com super-fresh Guided produce, Farm Tour. a unique BnB 3331 Port Washington Rd. garden starter overlooking a Pender Island, BC Learn regenerative farm. plants and flowers.



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516 Dalton Drive, Mayne Island, BC

licenced dogs will arrive by mail during the first week of December. Instructions for renewal will be included in the renewal notices.

Newcomers to the CRD

Please call Animal Care Services as noted below to transfer your dog's licence to the Capital Regional District.

Please be sure that your dog wears its tag whenever away from home. Also, if you move to a new residential address, please notify the CRD Bylaw and Animal Care Services. Returning a lost dog is much easier if the CRD has an up-to-date tag number and contact information for the pet's owners.

For more information, contact the CRD Bylaw and Animal Care Services at 1-800-665-7899 or see https://www.crd. bc.ca/service/animals-pets.

New eMail Addresses

Contact animalservices@crd.bc.ca for Animal Control issues such as dogs running at large and barking, animalshelter@crd.bc.ca for the CRD Animal Shelter near Elk Lake, doglicence@crd.bc.ca for dog licences, and bylaw@crd.bc.ca for non-animal issues such as disturbing noise and unsightly premises.

Don Peden



Gulf Islands Food Co-op



"Raindrops are like kisses from heaven" – at least the first fall rains feel like that! After a long drought season, it is most welcome.

Thanks to all the local growers who consistently maintained a produce table at the Saturday Markets from June through the end of October. Several growers collaborated to provide our community with fresh fruits, vegetables, and nuts, keeping thousands of dollars within our local economy. The Gulf Islands Food Co-op also supports a thriving market table on Galiano Island.

Over the summer we coordinated four farm/food garden tours on North and South Pender to connect food growers and provide an opportunity to share information, ideas, and growing techniques, as well as support as we all grapple with the challenges of coaxing healthy plants from our soils. It's hard to appreciate fresh veggies until we try to grow them ourselves.

A Microgreens Workshop on Mayne Island taught growers how to keep a supply of greens in the winter and beyond. This was well attended, and we may extend to Pender next year if there's interest. On Saturna Island, we supported the inauguration of their new Seed Library and Seed Garden. Supporting food banks on both Mayne and Saturna islands was another initiative, and all projects this year were generously funded by the CRD.

On October 15 and 16, we sponsored FarmFolkCityFolk (FFCF) to bring their Mobile Seed Cleaning equipment to the Community Hall. They brought an amazing array of mechanical equipment: threshers, winnowers, and hand sieves for separating seeds from plant debris. Growers brought dozens of huge bags of dried plants loaded with seed heads, ending up with perfect clean vegetable and flower seeds for the next season – all for free. This has been the third season of providing this service and is becoming a 'must-have' for our island growers wanting to be more selfsufficient in locally adapted seeds.

We are grateful for donations made to our Pender Seed Library. Wendi



Ben Dunsmuir with mobile seed cleaning equipment

Lopatecki is our new seed librarian. Many thanks to Karin Campbell who was the dedicated custodian of our local seed collection for the last several years. The Seed Library (located at the Public Library) stocks seeds to suit the season. For more info you can contact Wendi at Penderseedlibrary@gmail.com.

Our last event for this year will be the Meadow Makers hands-on workshop on Thursday November 9, teaching us how to create a native plant meadow, with expert Kristen Miskelly from Satinflower Nurseries. This is a collaboration with Pender Garden Club and the Pender Conservancy. Registration is required – please sign up on the Conservancy website.

My final note is a summary of our Water Survey sent out to food growers on all four islands to check in on how everyone's water supply held out this year. Of 44 responses, roughly half indicated no change in water supply for food growing this year, and 36% indicated low and very low water levels, in some cases resulting in ceasing irrigation altogether. Most growers use mulches and drip irrigation as their primary drought mitigation practices, and there is a high demand for financial and labour assistance to increase their resilience to future droughts. A report on the survey will be prepared by year-end.

Roz Kempe, President

Islands Trust



South Pender Local Trust Committee

It's been a year since the elections. Here's a highlight of some of the committee work I have been involved in as well as being your local trustee and Trust Council representative.

Trust Programs Committee Chair

Trust Council requested advice about how the Kunming-Montreal Global Biodiversity Framework impacts the work of the Islands Trust. Trust Programs struck a joint working group with the Regional Planning Committee to review the goals and targets of the Kunming-Montreal.

A review of the Islands Trust CDF zone and biodiversity materials was undertaken. A trustee training session on forest classification, health, and significance in the Trust Area was provided by Del Meidinger and Andrew Mackinnon which aided the understanding of various classifications, their locations, and importance, resulting in some edits to the website and publications.

Upcoming webinar topics include Freshwater Sustainability, Groundwater, and Wildfire Prevention. An online questionnaire was sent out in September to solicit additional topics of interest from Trust Area community members for future potential webinars.

The Trust Policy Statement edits are scheduled to come back to Trust Programs Committee in January for review.

Financial Committee

We have been working on creating the budget, financial statements, and quarterly financial reports. Last year's financial statement package was approved at the last Trust Council meeting for filing and we have started developing the next draft budget for the 2024/2025 budget cycle.

Audit Committee

Working with our Audit Engagement Partner from a third party company to review audit results before submitting the final reports to the Trust Council for filing.

Corporate Planning Process Working Group

Consisting of three Trustees plus two staff members, we report to both the Governance and Financial Committee. A draft of the new process along with a project charter outlining the anticipated upcoming work was presented to Trust Council in September. We will be focusing on the existing policies and templates that require updating and identifying any gaps needing new policies or guidelines to be developed.

We noted that the Islands Trust does not have Vision, Mission, and Value statements. Hopefully you will be seeing statements coming your way soon.

Reconciliation Learning Group

I wasn't able to attend the first meeting due to a conflict with another committee meeting, but I'm very excited to be a part of this group.

Southern Gulf Islands Forum with Adam Olsen's office

Some of the top items discussed revolve around communication, housing needs, and management of the waterways surrounding our communities.

Local Trust Committee

After asking the community what the next minor project should be, it was decided that the next minor project for South Pender will involve another review of the LUB. The process on how to move forward will be discussed at our next LTC meeting.

I am very proud to be a part of this community and I want to express my appreciation for everyone who takes the time to come to our local meetings and gets engaged with the process. I look forward to working with everyone over the next year to continue to make South Pender a great community and a beautiful place to live and visit.

Kristina Evans, South Pender Trustee



Capital Regional District

Magic Lake Estates Community Issues Assessment – Update

Thank you to everyone who completed the survey for the Magic Lake Estates Community Issues Assessment, which ran from September 22nd to October 23rd. Your feedback to date has been very informative and is an important component of this process.

The CRD will be hosting an Open House on Friday, November 3, 2023, from 3:00 to 5:00pm at St. Peter Anglican Church, 4703 Canal Road. There will be a short presentation by the consultant, as well as opportunities to provide additional input into service delivery, governance and decision-making for residents at Magic Lake Estates. If you are not able to attend the Open House, a follow-up virtual meeting is scheduled for Wednesday, December 6, 2023 at 7:00pm.



For more information, please visit https://getinvolved.crd.bc.ca/MLE-community or scan the QR code to the right.

Magic Lake Property **Owners' Society**

Community Issues Assessment

Thank you to everyone who **I** completed the survey for the Magic Lake Estates Community Issues Assessment, which ran from September 22 to October 23. Your feedback to date has been very informative and is an important component of this process.

The CRD will be hosting an Open House on Friday, November 3 from 3 - 5 pm at St. Peter's Anglican Church. There will be a short presentation by the consultant, as well as opportunities to provide additional input into service delivery, governance, and decisionmaking for residents at Magic Lake Estates. A follow-up virtual meeting is scheduled for December 6 at 7 pm.

For more information, please visit https://getinvolved.crd.bc.ca/MLEcommunity.

The AGM on October 14 was well attended and there was positive discussion on topics including the Schooner Trail, support for the teenagers in our community, and upgrades to the park on Privateers. It was decided that MLPOS would pledge \$15,000 to Schooner Trail. Again this year, upgrades to the park were discussed with ideas for a fitness circuit for all ages including youth, and improved playground equipment. In addition, as part of the budget, it was agreed to add a line item of \$10,000 to hold in case of extreme weather events.

There was one new member to the board. Please welcome Roy Moore as incoming vice president and great thanks to Jeremy Harwood for his long-serving volunteer service as out-going vice president. The 2023/2024 Board is Bob Coulson, President; Roy Moore, Vice-President; Jean Deschenes, Treasurer; Mary Beth Rondeau, Secretary; Wally Foster, Marina General Manager; Dave Harrison, Marina Projects Manager; Art Curtis, Marina Operations Manager; Dave Reed, Director-At-Large; Mike Wiley, Recreation; Joanna Rogers, Office Manager.

For more on what we do, have a look at our website, www.magiclake.ca, or contact notigymlpos@gmail.com.

The next MLPOS directors meeting is November 13 at the Community Hall. Mary Beth Rondeau, Secretary

Nu-To-Yu (Pender Island Community Service Society)



What are the community To-Yu? Should a few expectations of the Nuhard/soft rules exist

much like they do at Pender Recycling where separating items before arrival is encouraged, yet their firm rules for what cannot be accepted are enforced? Should Nu-To-Yu be stretching our hours to accommodate those who like to dump items outside of normal donation hours? How low should and can our prices go to please customers, assist those on firm budgets, and at the same time honour the donor who has taken the time to pack up the much loved item?

Should NTY keep change rooms open and ignore the increasing theft?

Recent customers will notice our change room area has been replaced with shelving for merchandise. As one of the last in a long line of thrift stores, op shops, and second hand stores to close or remove change rooms, NTY regrets having to make this decision due to persistent theft. The reason for leaving the "change room business" was increasing theft that could not be effectively managed by disallowing backpacks or large bags into the store. The situation will be reassessed in the new store.

Forty years young, the Nu-To-Yu has (just) enough volunteers to keep the store open for 9 hours for donations, and 12 hours for shopping per week. Most of the volunteers work more than the minimum 6 hours a month. They work in linens (Lisa, Karen, Marilyn), fabric and notions (Margaret, Janice, Belinda) checking the electronics, (Jim B, Manfred, Gary). Sheila heads up toys, games, and puzzles, even when it requires her to spend the better part of a year accumulating all the pieces. Jim P works the phones while his wife Pam accepts your donations twice a week. Items are then sorted by Lenore, Lorette, and Sophia before being sent upstairs to be put out by Nancy, Sonia, Janet, Kathy, Debbie, Carole, Vicki, and Bronwen. These women can talk Richard and Shaun into doing just about everything including carrying boxes upstairs, organzing books, changing all the lighting, and eating cookies. When Friday arrives, Diane has organized the sellers, be they Janet F or Janet M, Sally or Linda, CeCe or JoJo, Pamella or Darlene, Laverne (just joking) and many more. NTY has 63 active volunteers in all. Wish to donate six hours of your time per month? Come down on a Tuesday or Thursday, see what all the fun and creaky bones are about, and complete a volunteer application. There is a job for everyone.

Children's Christmas Shopping Day

This year the children's shopping day for Christmas will be on Sunday, December 3 from 11am to 2 pm. If weather is inclement on the third, it will be rebooked to another Sunday. Parents and grandparents are not allowed in the store during the event though they can enjoy hot chocolate while they wait.

Boxing Day Sale

Our 50% off will be held on December 26, 11 am to 3 pm. The store will then close until January 9 for donations, and January 12 for purchasing.

Donation Days

Donation days are Tuesdays and Thursdays, 9 am to noon, and Saturday, 11 am to 2 pm. We do not accept large items on Saturday. Our book shelf space is limited and we prefer soft covered books over hardcover. When donating DVDs and CDs, please limit it to ten discs. Storage is limited and accepting thirty years of CDs etc. is too much. More than anything, donations should be clean and gently used, be they shoes, dishes, or clothes. Thrift stores are for items that can reasonably be sold, not what is destined for Hartland. Thank you for packing glasses, china, and other breakables in a manner that ensures their safe arrival. Thank you for thinking of us when you are downsizing, selling up, or cleaning out. Your donations make a difference to the community. Thank you as well for the special items that are now going to the 2024 Silent Auction (August 3). If you donate an item and cannot see it in the store it may well have been put aside for the auction.

Finally, for the newbies on the island, the golden rule on Pender is when you spot someone (and you will), wearing your former clothes, smile, congratulate them if you please, but never ever point and yell, "That was mine, I want it back!"

Daurel Minion

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Pender Earth

A Climate Café is a facilitated time to share thoughts and feelings about the climate crisis in the company of engaged, supportive others. It is also a place to share responses and practices that we find useful in dealing with increasing environmental threats. When we talk together non-judgmentally about how the planetary emergency is affecting us, it becomes possible to look at truths which are too painful to face alone. As well, brainstorming about practical and creative responses can increase our resilience and hopefulness, as well as counter feelings of isolation.

A Climate Café does not aim to have a specific outcome. We're not gathering to solve problems, or convince anyone. Rather, we hope to genuinely connect with each other about climate injustice and the crisis we're all facing, as a step toward engagement and action for a livable future for us all.

The format for this is in a circle with a talking stick. Participants will be given an allotted time to bring their points forward to ensure that everyone has a chance to speak.

All are welcome Friday, November 3, 9:30 am in the lounge at the Community Hall. For more information reach out to penderearth@gmail.com.

Mary Anne Pare & Kathy Cronk

Pender Island Child Care Society



Child Care & Family Resource Centre

Family Counseling Sessions

Once a month on Monday afternoons registered counsellor Geneva Jacobs will offer supportive services to parents raising little ones. These 1:1 counselling sessions will be held in a confidential space while your child/ren is/are cared for by an educator. Geneva brings compassion, reflectiveness, and curiosity as she accompanies you in navigating your way toward a more fulfilling and empowered life. For more information or to reserve your space please contact Sarah.

Dad n' Me Pancake Breakfast

Dad n' Me Pancake Breakfast is held one Saturday per month from 9-11 at Dragonfly. This month it will be held on November 18 and facilitators Pam and Chris will be there flipping pancakes, frying up sausages, and brewing endless pots of coffee. This is a fabulous program for children and dads, uncles, grandpas, or friends to come out for a free breakfast, socialize, play and give mom the morning off!

Child Care

We currently have one space in our Pre Kindergarten class on Tuesdays for a child that is 4 years old or turning 4 by the end of the year. Our facility has been selected as a \$10-a-day Child Care BC site. On top of this, your family may

Continue next page





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DRIFTWOOD CENTRE also qualify for the Affordable Child Care Benefits. Please contact Sarah for more information.

Parents and Babes

The Parents and Babes program runs every Monday morning (except holidays) from 9 - 11:30 at Dragonfly. Sarah Conley facilitates this free dropin program for parents, caregivers, and their children. Come out and enjoy snacks, adult and children interactions, and the book lending library. Thanks to Victoria Foundation and the Pender Island Child Care Society, this program is free.

Healthy Opportunities for Preschoolers (HOP)

HOP is held every Wednesday morning from 9:30 - 10:30 am in the school gym. Come on out and join Rowie Symons as she sets up new activities each week; from hockey pass to badminton, crash mats, balance bikes and tunnel play, this program will be sure to tire out your youngster! HOP is designed for parents/caregivers to engage in physical activities and learn new skills with their children 1-5 years. Thanks to the Pender Island School and the CRD, this program is free.

Dragonfly website

Check out our website for more programs, information about our helpful parent blogs, and recipes: www.dragonflycentre.ca.

If you would like further information on Dragonfly activities, you can contact Sarah at 629-3039 or by email dragonflyfamilycentre@gmail.com

Sarah Conley

Nu-To-Yu **Building Fund**

60% of the \$1,250,000 required to build the new Nu-to-Yu facility at the Driftwood Centre has been raised. Government grants will provide some of the remainder but private donations are also requested.

For information see: https://nu-to-yu.com/our-new-build

To donate to the Building Fund, contact: nutoyudonate@gmail.com

The Pender Post - November 2023

Pender Island Community Hall (PIRAHA)



We have a lot to be thankful for this month. We would like to thank the Nu-To-Yu for their generous support in

the purchase of new speakers and other technical equipment; watching films is now quite an amazing experience. We would like to thank the CRD for their funding towards the new baking oven in the commercial kitchen. I know I will be happy not to have to light the oven pilot ever again. Finally, we are very excited to welcome back Liam S who is returning to the Community Hall under the Young Canada Works Grant.

There are still openings for vendors in the Yuletide Markets November 18, 25, December 2, 9, 16, and 23. This market runs from 10 am - 2 pm. Registration is now open through our website: www.penderislands.org/registrations or you can leave a message at 250-629-3669.

If you would like to make a donation to the Community Hall, we are able to accept e-transfers at accounts@penderislands.org In the notes, include your name, address, phone number, email, and that it is a donation. Donations over \$50 will receive a tax receipt. Donations help to keep these amazing youth programs going.

Films

39 Steps (1935)

Friday, November 3, 7:15 pm

While on vacation in London, Canadian Richard Hannay becomes embroiled in an international spy ring related to the mysterious "39 steps." Doors open at 7, film starts at 7:15. \$5 - \$10 (sliding scale).

1917 (2019)

Saturday, November 11, 7:15 pm

During World War I, two British soldiers receive seemingly impossible orders: cross into enemy territory to deliver a message that could potentially save 1,600 of their comrades. Doors open at 7, film starts at 7:15. \$5 - \$10 (sliding scale).

Barbie (2023)

Saturday, November 18, 7:45 pm

Barbie and Ken are having the time of their lives in the colourful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans. Doors open at 7:45, film starts at 8. \$5 (suggested).

55+ Luncheon and Activities

The Community Hall has been working with the SGI Neighbourhood House to bring you this weekly luncheon and activities for people 55 and over. Each week lunch is served from 12 - 1pm. Meals to go are also available. \$10 is suggested but pay-what-you-can is fine. Pre- and post-lunch activities will be added over time as capacity grows. If you are interested in leading an activity or club or whatever, please let us know.

Carpet Bowling

Wednesdays 1:30 - 3:30 pm

Australian rules Carpet Bowling offers mild to moderate exercise, a bit of friendly competition, and great fun. No special clothing is needed except clean flat soled shoes. Recommended drop in is \$2. ** No activity November 15 in order to make room for the vaccination clinic.

Community Gathering Lunch

Fridays 10:45 am - 1 pm

Join the weekly Community Gathering for a visit in the café, a delicious lunch, live music and fun activities for everyone.

Friday Fun

Fridays 10:45 am - 12 pm

Every Friday come and join our youth leaders from 10:45 - 12ish as they lead fun activities. All ages are welcome, and older adults are particularly encouraged as a fun way to get to meet children and youth of the community. Activity is by donation.

November 3 - Make Bread & Butter November 10 - Poppy Crafts November 17 - Decorate the Hall November 24 - Upcycling Fun

Continued



Pharmacist Prescribing for Minor Ailments and Contraception

Yes, you heard right. Pharmacists in British Columbia are now able to prescribe medications for some minor ailments.

Pharmacists had previously been granted the authority to renew some prescriptions.

Prescribing is a new privilege to help patients access medical services and alleviate the load on the healthcare system.

Pharmacists can prescribe for 21 minor ailments, some are:

- uncomplicated urinary tract infection (women only)
- Fungal infections
- Impetigo
- Conjunctivitis
- Shingles
- Cold sores
- Dermatitis
- Musculoskeletal pain
- Allergic rhinitis
- GERD (reflux)
- Hemorrhoids
- Headaches

We are NOT prescribing for contraception at this time

To see a pharmacist for a minor ailment consultation, people must book an appointment, just like at the doctor's office. We usually can't do walk-ins, but we will do our best to accommodate a same day appointment if possible.

Now open 7 days/week

Monday - Friday 10am-6am Saturday - Sunday 10am-4pm

Autumn Harvest Markets

Saturday, November 4 and 11 10 am - 1 pm

Come out on Saturdays to browse local food, craft, and produce. Handmade goods are available inside the Hall and drinks are available in the lounge. Support your local artisans, artists and cuisiniers.

Yuletide Market

November 18, 25, December 2, 9, 16 & 23 10 am - 2 pm

Cast your eyes upon the handsome works of local artisans, crafters, artists and be dazzled. Tempt your tastebuds with tantalizing and fresh fare. Volunteers are energetically encouraged to support this weekly activity to welcome guests, assist with the special café or provide festive outdoor activities. Registration for vendor space is open through our website https://penderislands.org/registrations. Spaces are limited.

Youth Leadership Program

Youth 8 to 18 are welcome to join this fun program. Learn how to do things like run the café, help at special events, show people how to carefully handle animals, make posters, be a caretaker of the Community Hall, assist with activities, organize and lead activities, mentor younger or less experienced youth, help older people with technology, event and activity photographer... develop your skills and get great experience. Come in on a Friday or Saturday between 10 am - 1 pm and ask to talk to Andrea or Liam S.

Adult Volunteers Films

Are you a cinephile? We need people to help take entry donations, sell popcorn and help tidy-up after movies. Volunteers watch the show for free and receive a bag of popcorn.

Comfort Centre Volunteer

Power outages, heat warnings, other urgent issues... help the community have a fun and safe way to spend these special days. Volunteers take shifts to open up the Hall, open the café, assist people in finding things, and liaise with regular users.

55+ Activity Leader

Do you have a fun activity you would like to have happen on Mondays before or after the 55+ Luncheon? We would love to hear from you.

Youth Leadership Program Mentor

We regularly have 3 - 10 youth help out at the Friday Community Gathering and Saturday Market. They all want to learn real life work skills and have fun. We would love to have a few more mentors with a variety of skills they would like to share.

Advertising and Office Support

Would you like to help make our social media presence amazing? Learn some new administrative skills or brush up on some old ones? Then this is for you.

All training will be provided. If you are interested in volunteering please email bookings@penderislands.org or call 629-3669.

Andrea Mills & George Fowlie

Pender Islands Conservancy



Enchanted Forest Walk and iNaturalist Tutorial

On October 13, six excited individuals, led by the

fearless and knowledgeable Lisa Baile, set off into the Enchanted Forest in search of organisms to identify using the platform, iNaturalist. What followed was a wonderful walk with numerous stops to admire and photograph mosses and mushrooms, the latter of which have been growing in abundance as the damp weather persists. Be sure to get out and find some mushrooms; now is the time. In case you missed this walk, you can always catch the next one on November 18 at 9:30 am, when we will visit Kingfisher Forest with Dr. Pamela Wright to talk about landscape connections and land protection in a changing climate.

Natural History Notes

The rain bounces off the leaves in the canopy above you, slowly making their way down to the soil. The mosses are green and lush, happy in the damp air of late February. You keep your eyes trained on the forest floor beneath you, watching for the amphibians that are starting their journey to their respective lakes, ponds, and wetlands for the breeding season. Among them is the Northern Red-legged Frog, a reddish-brown frog with black-speckles approximately the size of a tennis ball; it gets its name from the red undersides of its hind legs. Often found in well vegetated wetlands and forests with abundant canopy cover and understory, these frogs have been of Special Concern in Canada since 1999. One of the major causes of their decline is habitat loss and fragmentation, as red-legged frogs

Northern Red-legged Frog



The Pender Post - November 2023

breed in wetlands and forage in forests. They are dependent on connections between these two ecosystems, and this fragmentation has been associated with increasing road mortality as frogs travel between habitats. Unfortunately, the invasion of species such as American Bullfrogs has also been associated with declines in red-legged frogs. Adult bullfrogs prey upon all life stages of red-legged frogs while also competing with them during their tadpole stages. Here in British Columbia, red-legged frogs are Blue listed and have been found on the Pender Islands, however the threat of invasive species and habitat loss and fragmentation remains. It's important that wetlands are restored and protected, alongside the migration corridors and terrestrial habitats that many amphibians use as these species are important components of a healthy ecosystem.

November Events and Activities

Meadow Making Workshop

November 9, 9:30 am - 2:30 pm, Hope Bay Bible Camp, plus three field locations to be announced.

Join Kristen Miskelly of Satinflower Nurseries for an in-person workshop on turning turf/weeds into a native plant meadow. Native plants highlighted in this workshop are inspired by Garry Oak Ecosystems/Kwetlal food systems of Southeastern Vancouver Island and the Gulf Islands. This is a two-part workshop, with an open presentation in the morning, followed by a tour of three Pender Island gardens with meadows in different stages of development. Participation in the tour is limited to 30, and registration is required.

Cost for the presentation is \$10, with payment at the door only, via cash or e-transfer. For both the presentation and tour, the cost is \$20, and advance registration is required. Payment can be made by cash, card or e-transfer at the Nature Centre or penderconservancy.org. This event is co-sponsored by the Gulf Islands Food Co-Op, Pender Island Garden Club, and Pender Islands Conservancy.

Climate-Conscious Connectivity with Dr. Pamela Wright

Friday November 10, 7 - 8:30 pm Pender Islands Community Hall

Join Dr. Wright for a presentation on ecological connectivity in a changing climate and the importance of conservation areas. Dr. Wright is a retired conservation scientist from the University of Northern British Columbia and is now fully settled on Pender Island. Pam's research focused on conservation-based approaches to protected areas design, planning, and management, emphasizing connectivity in a changing climate. Refreshments will be served. Cost is by donation (\$10 suggested).

Naturalist Walk

With Dr. Pamela Wright, Saturday, November 18 at 9:30 am at the KELÁ EKE Kingfisher Forest. This walk will focus on multi-scale ecological connectivity in a changing climate and the importance of conservation areas like the newly protected KELÁ_EKE Kingfisher Forest.

Field trip to the Reifel Migratory Bird Sanctuary and Boundary Bay in Delta.

Thursday, November 23 (please note the date change)

Discover the beauty of fall migration. From October through to early December, thousands of large waterfowl migrate down the coast of BC. Swans, geese, including snow geese, and many species of ducks stop to rest in the estuary and the ponds of the Sanctuary. Costs are \$6 to \$8 entrance fee, plus cost of transit (ferry costs and gas) which will depend on numbers as we will be car sharing. We will meet at the Otter Bay Ferry Terminal. Please register if you plan to join us.

Volunteer Opportunity: Hope Bay Salmon Stream Project.

November is the month that Chum Salmon make their way back to the stream where they were born four years ago. Only the strong and the lucky survive. On average, out of thirty thousand eggs, only thirty adults are expected to return to their home streams to spawn.

The Conservancy is currently signing up fourteen volunteers to check the Hope Bay stream and estuary once a week in November to watch for any returning Chum. If you would like to participate email salmonstreamproject@gmail.com.



Lisa Baile identifying organisms in The Enchanted Forest

Christmas Bird Count for Kids

Join us on December 15 for the Christmas Bird Count for Kids. Inspired by the Christmas Bird Count, the CBC4Kids engages new generations of young birders across North America. Learn about Pender birds and have fun at the same time! Adult mentors are welcome. Details are being worked out and will be shared on our website when they are confirmed.

At the Pender Conservancy Nature Centre

Native Plant Sales

October 28 and November 4, with 20% off for Conservancy members.

Autumn is a good time to plant small trees and other plants as there is plenty of moisture to help get their root systems established before the dry weather returns next year.

New Displays

We invite families to come in and check out our Coastal Douglas-fir forest visitors, on loan from the Royal BC Museum.

Elizabeth Miles

DIRECTORY

Health Services

Medical Emergency	
Medical Clinic	
Monday to Friday, 9 am - 12 pm a	and 2 - 5 pm
Please do not call clinic staff at home. If ye genuinely of an urgent nature that will not reopens, call 1-800-866-5602 and ask for t for Pender Island." Your call will be returned	wait until the clinic he " Doctor on-call
Audiologist, Donna Stewart	778-426-4876
Better at Home Program	
Chiropractor, Dr. Penny Paterson	
Community Nurses	
Carmel Kozac and Miranda MacKe	nzie
Community Support Worker/Volun	teer 629-3346
Crisis and Mental Health Counsello	ors
Shellyse Szakacs	250-538-8711
Ulla Rembe	250-539-0325
Family Advancement Counsellors	250-222-0025
Dentist, Dr. Emma Marler	
Lab Services	
Massage Therapy, Tru Hartwood	
Taylor Watson	
Public Health Nurse, Immunization, Pu	renatal Education
Julie Duhame 250-544-2	

Pharmacy

Pharmacist, Christine Swan	55
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Other Licensed Health Care Professionals

Physiotherapy, Mieke Truijen	
Reg. Massage Therapy, Krista Wissink250-381-7318	

Help Lines

Healthlink BC	Dial 811
Nurses 24/7, Pharmacists 5 - 8 pm, Dieti	cians 9 am - 5 pm
Problem Gambling Help Line	1-888-795-6111
211 - Free multi-lingual information/referr	al to wide range of
community/social/government services	Dial 211

24 Hour Crisis Help Lines

A.A. (24 hour help line)	-383-7744, 250-526-0550		
Islanders Working Against Violence (IWAV)			
Free, confidential support	1-250-537-0735		
Toll-free			
Kids' Help Phone			
Text			
Chat	www.kidshelpphone.ca		
Chat Mental Health Distress Line	www.kidshelpphone.ca		
Mental Health Distress Line			
Mental Health Distress Line Support/Information			
Mental Health Distress Line Support/Information Suicide Prevention Helpline			

Chat (Adults)	ww.CrisisCentreChat.ca
Chat (Youth)	www.YouthinBC.com

Ministry of Children and Family Development

MCFD	
Victim Link	

Community Support Numbers

Capital Regional District (CRD)

Capital Regional District (CRD)
Director SGI, Paul Brent
Building Inspector
SGI Harbours, Ben Mabberley benmabb@telus.net
Bylaw/Animal Control complaints1-800-665-7899
Magic Lake Water & Sewer General1-800-663-4425
Magic Lake Water & Sewer Emergencies1-855-822-4426
Emergency Hydro1-888-769-3766
Fire Rescue (Emergencies)911
Duty Officer is available 24/71-888-574-1959
Non-Emergency - Hall #1 and Admin 629-3321
Burning Permits - online www.penderfire.ca
or at Fire Hall #1, 4423 Bedwell Harbour Road
Hall/Meeting Room Bookings
Anglican Parish Hall rentals@pendersaturnaanglican.ca
School Community Room
Health Care Centre
Legion Hall bookings239.rcl@gmail.com
Pender Island Community Hall629-3669
Plum Tree Courtplumtreecourt@gmail.com
Home Support Services
Ask for the home support program 1-888-993-2299
Islands Trust: Victoria1-800-663-7867
NP, Deb Morrisondmorrison@islandstrust.bc.ca
NP, Aaron Campbell acampbell@islandstrust.bc.ca
SP, Dag Falck
SP, Kristina Evans kevans@islandstrust.bc.ca
Member of the Legislative Assembly
Saanich North and the Islands, Adam Olsen. 250-655-5600
Member of Parliament
Saanich-Gulf Islands, Elizabeth May1-800-667-9188
Pender Island Emergency Program
Emergency Coordinator
ESS
Pender Island Public Cemetery629-6625
Pender Island Veterinary Clinic
Poison Control Centre 1-800-567-8911
RCMP, Outer Gulf Islands (non-emergency)
Crimestoppers1-800-665-TIPS (8477)
Victim Services
Rescue
Marine & Aircraft distress1-800-567-5111
Joint Rescue Coordination Centre (JRCC)
Search and Rescue (Land) Emergency
School Trustee, Greg Lucas glucas@sd64.org

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FAITH BULLETIN

Anglican Church of Canada

Parish of Pender and Saturna Islands • 4703 Canal Road

November 5	10:00 am	St. Peter's Church	Holy Eucharist
November 12	10:00 am	St Peter's Church	Morning Prayer
November 19	10:00 am	St. Peter's Church	Holy Eucharist
November 26	10:00 am	St Peter's Hall	Circle Service

You are welcome to join us in person or contact us for the Zoom Link.

Church Office: 629-3634 Parish e-mail: admin@pendersaturnaanglican.ca Bookings for the Parish Hall: rentals@pendersaturnaanglican.ca

Pender Island Community Church (PICC)

4405 Bedwell Harbour Road (little white church next to the library) We are a non-denominational church, all are welcome! Please visit our website (*www.picchurch.ca*)

November 5	10:45 am	Dan Glover	Communion
Noivember 12	10:45 am	Bill Phillips	Worship Service
November 19	10:45 am	Dan Glover	Worship Service
November 26	10:45 am	Christian Girard	Worship Service

Please visit our website for updated information, or telephone Judy at 629-6168.

St. Teresa's Chapel - Roman Catholic Services

4705 Buccaneers Road

November 5	9:30 am	Liturgy of the Word and Communion
November 10	9:30 am	Friday Mass in lieu of Sunday
November 19	9:30 am	Liturgy of the Word and Communion
November 24	9:30 am	RFriday Mass in lieu of Sunday

Pender residents and visitors are welcome to celebrate Sunday and Friday liturgies with the chapel community. There will be coffee, tea, juice, and goodies served after the liturgies. If there are any changes to the above schedule, those on our mailing list will be informed. Others who plan to attend a liturgy should email *stteresachapel@gmail.com* or phone 629-6029 to find out any changes to the schedule.

The Bahá'í Community of Canada (www.bahai.ca)

The Bahá'i Faith Community of Canada (www.bahai.ca); The Bahá'i Faith Group of Pender Island and Southern Gulf Islands

These events will be hosted by Bev and Don Peden at 4862 Pirates Road, all welcome.

November 37:00 pmUnity Feast, "What does Power mean in this new reality?"November 227:00 pmUnity Feast, "What kind of Speech promotes Unity?"

Please feel free to bring a writing, meditation or prayer that inspires you and provides a path for consultation.

Please email bevpedenpender@gmail.com or call 250 412 2524 or visit "bahaissi.org" for more information.

Common Table Fellowship in Christ

Meets every Sunday upstairs at the Community Hall

Sundays	10:00 am	Meet for coffee upstairs at the Community Hall	
	10:30 am	Service	
	12:00 pm	Potluck Lunch (around noon)	

Common Table Fellowship In Christ is a spiritual family of folks who find Unity and New Life 'In Christ'. Come as you are, all are welcome. We meet every Sunday upstairs at the Community Hall. Reach us at *commontablependerisland@gmail.com*.

This month we're trying out a new format for the Calendar in hopes of making it easier to find what you're looking for. If you'd like to give feedback contact feedback@penderpost.com.

LEGION

LIBRARY

Tuesdays, Thursdays, Fridays, Saturdays, 10 am - 3 pm43

NU TO YU

Shopping: every Friday and Saturday, 10 am - 4 pm	.23
Donations (no furniture), every Saturday, 11 am - 2 pm	.23
RECYCLING CENTRE	
Tuesdays, Thursdays and Saturdays, 10 am – 3 pm	43

WEEKLY EVENTS

Kids Club After School Program, Mondays - Thursdays, 3:45 - 5:30 and Fridays 10 am - 4 pm
SUNDAYS
Badminton Club, 10 am -noon, School Gym (also Tuesday evenings)
MONDAYS
Parents and Babes, 9 am - 11:30 am, Dragonfly Centre
Let's Go Walking, 9:30 am (also Fridays)
MYI: 18 Postures for Seniors with Judith, 11 am - 12 pm, Community Hall
Community Lunch, 12:00 - 1:00 pm, Community Hall
Pender Highlanders, 7:00 pm
TUESDAYS Redminten Club. 7:20. 0:20 nm. Seheel Cum (else Sundey meminge)
Badminton Club, 7:30 - 9:30 pm, School Gym (also Sunday mornings) MYI: Moderate Yoga with Krista, 9 -10:45 am, Community Hall
MYI: Gentle Chair Yoga, 11 am - 12 pm, Community Hall
WEDNESDAYS
HOP, 9 - 10:30 am, School Gym
MYI: Gentle Walk with Andrea, 10 - 11 am, Community Hall
Taoist Tai Chi, 10 am - noon, Community Hall,
Carpet Bowling, 1 -3:30 pm (except November 15), Community Hall
Socrates Club with John Gowen, 2 - 4 pm, Legion
Food Only Market 3 pm, Barn behind Community Hall
Youth Night, 5:30 - 8 pm, Community Hall, until December 11
THURSDAYS
MYI: Gentle: Chair Yoga with Erin, 11 am - 12 pm, Community Hall
Euchre with Margaret Vergette, 2 - 4 pm, Legion
FRIDAYS
Food Bank, 10 am - noon, upstairs at back of Anglican Parish Hall
Community Café, 10:30 am - 1 pm, Community Hall
Live music: Nov. 3 Dine and Dash, Nov. 10 Willy Blizzard, Nov. 17 Lawrence Mayer & Howard Southwell, Nov. 24 Maddie Glover
Community Gathering Lunch, 12 - 1 pm, Community Hall
SATURDAYS
Autumn Harvest Market, 10 am - 1 pm (November 4 & 11), Community Hall
Yuletide Market, 10 am - 1 pm (November 18, 25, December 2, 9, 16, 23), Community Hall
Youth Leadership Café, 10 am - 1 pm, Community Hall
SUNDAYS

Sunday Lounge for 14-24s 4 - 9 pm, Community Hall

MONTHLY MEETINGS

Speakeasy, first Sunday of each month, 7 pm, Legion	
Photo Club, first Tuesday each month, 7:00 pm, via Zoom	16
Moving Around Pender (MAP), first Saturday every month, 10 am, Community Hall	
MLPOS Directors Meeting, second Monday every month, 4 pm, Community Hall Lounge	23
Garden Club, second Thursday each month	
Reconciliation Circle, third Wednesday every month	
Lions, first Wednesday every month, 5:30 pm, Legion	

November Calendar

16 Sat

24 Sun 26 Tue

1	Wed	2:00 pm	Jewelry Making, to 5 pm, Community Hall	
3	Fri	9:30 am	Pender Earth Climate Café, Community Hall Lounge	
		10:45 am	Activity: Make Bread & Butter, Community Hall	
		3:00 pm	Magic Lake Community Issues Assessment: Open House, Anglican Church Hall	
		4:00 pm	Recycling Society AGM	
		7:15 pm	Film: 39 Steps (1935), Community Hall	
4	Sat	-	Native Plant Sales, Conservancy Store, Hope Bay	
		3:00 pm	Parks & Recreation Commission meeting, Community Hall and via Zoom	
		7:30 pm	Pender Island Short Film Fest, Community Hall	
6	Mon	5:00 pm	PIAS Portrait Drawing Workshop, Anglican Church Hall	
		1	Circle of Security Parenting Course to 7pm (also Nov. 13, 20, 27), Dragonfly Centre	
7	Tue	6:00 pm	Holiday Decorations Pottery Class, (also Nov. 14, 21), Community Hall	
8	Wed	1:00 pm	Speaker: Cardiovascular Disease in Women, to 2:30, Library	
		5:00 pm	Uke Strum, to 6 pm, (also Nov. 22), Community Hall Lounge	
9	Thu	9:30 am	Meadow Making Workshop with Kristen Miskelly of Satinflower Nurseries	
		9:30 am	Pender Island Garden Club, Hope Bay Bible Camp	
		1:00 pm	Legion Cemetery Candlelight Service - school children	
		Dusk	Legion Cemetery Candlelight Service – candle lighting	
10	Fri	9:30 am	Community Conversation, Adam Olsen & Islands Trust Trustees, Community Hall	
		10:45 am	Poppy Crafts, Community Hall	
		6:30 pm	Pender Island Farmland Acquisition Project Society AGM, 9914 Spalding Road	
		7:00 pm	Conservancy Seminar with Dr. Pamela Wright: Climate-Conscious Connectivity	
11	Sat	10:45 pm	Legion Remembrance Day Service	
••	2	7:15 pm	Film: 1917, Community Hall	
13	Mon	1	Write Your Memoir, online or at the Community Hall	
		9:30 am	Quilters' Circle: Christmas Table Runner, to 12:30 pm, Anglican Church Hall	
		12:20 pm	1:1 Counseling with Geneva Jacobs, to 4 pm, Dragonfly Centre	
		5:00 pm	<i>The Story of Copernicus</i> , Bistro at Port Browning	
15	Wed	2.00 pm	Vaccine Clinic, Community Hall	
	Fri	10:45 am	Activity: Decorate the Hall, Community Hall	27
17	111	5:30 pm	Legion Friday Dinner – Roast Pork	
		7:00 pm	PIJazz Swing Dance, Community Hall	
		7:00 pm	Janice Jo Lee at Studio B Collective, Hope Bay	
18	Sat	9:00am	Dad n' Me Pancake Breakfast, until 11 am, Dragonfly Centre	
10	Sui	9:30 am	PIC Naturalist Walk with Dr. Pam Wright at KELÁ EKE Kingfisher Forest	
		10:00 am	Legion Scrapbook & Crafts Group with Melody Pender, to 5 pm (also Nov. 19)	
		10:00 am	Yuletide Market, to 2 pm, also Nov. 25, Dec. 2, 9, 16, 23, Community Hall	27
		7:15 pm	Film: <i>Barbie</i> , Community Hall	
21	Tue	1:00 pm	Felting Workshop with Debbie Katz, to 4 pmCommunity Hall	
	Thu	6:30 am	Naturalist Walk: Field trip to the Reifel Migratory Bird Sanctuary	
25	Inu	6:00 pm	Block Printing Workshop, to 9 pm, Community Hall	
24	Fri	10:45 am	Activity: Upcycling Fun, Community Hall	
21	111	7:00 pm	Power of Dreams, St. Peter's Parish Hall	
25	Sat	10:00 am	Holiday Book Sale at Library, to 3 pm	
20	Sut	10:00 am	Legion General Member Meeting.	
		10:00 am	PIAS Le Petit Salon, to 4 pm, (also Sunday, Nov. 26, 12 - 3 pm), Community Hall	
		1:00 pm	Legion Bingo	
30	Thu	7:00 pm	<i>Camelot</i> , Community Hall (also Dec. 1, 2 at 7 pm and Dec. 3 at 2 pm)	
		-		
Α	DVAN	ICE NOTICE	S FOR DECEMBER	
2	Sat	1:00 pm	Group Exhibition Opening Reception, to 3 pm, Kim Pollard Fine Art, Hope Bay	
3	Fri	11:00 am	Children's Shopping Day, to 2 pm, Nu-to-Yu	
4	Sat	1:00 pm	PIAS Art Card Exchange, Anglican Church Hall	
8	Fri	7:00 pm	Pender Island Choir Christmas Concert (also Dec. 9, 7 pm, Dec. 10, 2 pm), Community Ha	
15	Fri		Christmas Bird Count for Kids, Pender Islands Conservancy	

1:00 pm Lions Santa Ship, Hope Bay 1, 41

Pender Island Emergency Program



"What If?" Preparing for a Pender Winter

You know it's coming – yup, another Pender winter. We've already had our first windstorm

we've already had our first windstorm warning of the season, as well as some minor power outages to remind us of what we can expect in the coming months. Here's how to prepare ahead of time:

Inside

Have enough supplies on hand for your family and pets for three to seven days without power. Stockpile items like non-perishable foods so you don't have to open your fridge a lot, a first aid kit, medicines (don't wait until the night before a storm to get a prescription renewed), flashlights, lanterns, LED candles (candles cause many house fires), matches, wireless radio, extra batteries, power chargers for your phone, and books, cards, and games so you don't go stir-crazy.

Coffee is essential! You can use camping gear for making coffee but only if there is good ventilation; using a camping stove outside is the safest. Do you have smoke and CO2 detectors in your home? Don't forget to check the batteries annually.

Know who your Neighbourhood Contact is. More info below.

Rechargeable light bulbs will last for three hours in a lamp.

For those of you relying on a pump for your water and sewer, what's your plan when the power goes out? How will you flush your toilet?

The Canadian Red Cross recommends 4 litres of water per person per day, for at least three days.

Have your wood stove and chimney cleaned annually.

How will you stay warm if the power goes out? Do you have a fireplace, a woodstove, or a generator? Or a friendly neighbour who doesn't mind visitors?

Have a fire extinguisher.

Outside

Storm coming? Try your generator before you need to use it to ensure it

is connected properly, then fill it with fresh gas.

Once the storm is over, put the gas in your car. Don't leave gas in your generator because fuel has a shelf life. Note: Generators run better on high octane fuel.

Frozen pipes are a nuisance and can require expensive repairs. Insulate any exposed pipes. As winter approaches, turn off the water supply to external taps, then open the taps.

Have a full tank of gas in your car.

It may be hard to find firewood during the winter, so stock up before the cold season starts.

We don't usually get a lot of snow, but our hills can make driving dangerous if it's slippery. Winter tires are a good investment.

Ferries can be cancelled because of high winds.

Do You Know Who Your Neighbourhood Contact is?

In large scale emergencies such as fires, earthquakes, or severe storms, it may not be possible for first responders to reach all impacted neighbourhoods right away. This is when Neighbourhood Contacts serve as their neighbourhood point person, sending information out to the island Emergency Operations Centre and relaying information back into their neighbourhood.

Unfortunately, several PI neighbourhoods do not have a contact. If you are willing to help or want additional information about the program, contact NP Coordinator Jenny Cromarty at np.penders.coordinator@ gmail.com, (250) 629-9989.

If you are interested in becoming involved in the PI Emergency Program, email piecc@crd.bc.ca for more information.

Liz Gowen

Pender Island Farmers' Institute



The Pender Island Farmers' Market is participating in a province-wide study of the economic benefits of farmers' markets.

The Pender Island Wednesday and Saturday Farmers' Markets are a significant economic player on Pender Island, injecting over \$1.01 million annually into the local economy, according to a recent study conducted by BC Farmers' Markets and the University of Northern BC.

According to the report, approximately 21,310 people visit the farmers' market annually, and on the days of the study, July 29th and August 30th, 2023, a combined 1,113 people visited the market. About 142 of these visitors participated in the survey. 51% of survey participants were tourists or day-trippers to Pender Island. Almost one-third (29%) of the survey respondents visit the market either 'regularly' (almost weekly) or 'frequently' (2-3 times per month).

Since 1978, the Pender Island Farmers' Market has been a cornerstone of the community's identity on the island. While Pender Island's population swells with summer visitors, it's the yearround residents who steadfastly support the local food producers that make this market what it is today. This market offers a wide array of goods, including hot food options, farm-fresh produce, Gulf Island lamb, baked treats, flowers, and a generous dose of community spirit. Additionally, visitors can explore a diverse selection of unique artisanal items. Notably, Wednesdays and Saturdays offer distinct experiences. Wednesdays feature a co-operative food-only hub, while Saturdays provide a more traditional market experience with vendors managing their own booths and transactions.

The project is carried out by the BC Association of Farmers' Markets in collaboration with Dr. David Connell, a professor at the University of Northern British Columbia. Financial assistance was provided by the BC Association of Farmers' Markets and the BC Ministry of Agriculture and Food. The Pender Island Farmers' Market is also participating in a BC Farmers' Markets entrepreneurial marketing strategy called "Hatch and Hype", to highlight, promote, and bring focus to Pender Island farm and food products from both existing and new entrant vendors selling at farmers' markets. You might have noticed the orange flags and banners identifying the vendors being promoted this summer, and we are expanding the program to include farmers and food producers who were not at the summer or Wednesday markets but would like to try them out. We will be accepting applications for new vendors to the market, and we will waive the fees for the market on the day the new vendor attends under the Hatch and Hype tent, or the day an existing vendor is highlighted under the Hatch and Hype tent. Our summer market will begin the May long weekend in 2024, so if you have been considering growing a market garden or selling a special food item, consider applying as a Farmers' Market vendor or try it out under the Hatch and Hype tent. See www.pifi.ca.

The Wednesday food-only market has been running through the fall from 3-5 pm in the barn behind the hall. Our market list is posted on the www.pifi.ca website on Wednesdays. We will continue through November and into December to support the BC Farmers' Market Nutrition Coupon Program, and to support the farmers who are still producing food. November will see pork arriving at the barn, with lamb, stewing hens, eggs, garlic, sausages, pies, preserves, mushrooms, veggies in season, and smoked cheese.

Fall Fair

There was a wrap-up meeting on October 5 at the Hall to review the 2023 fair and discuss suggestions for next year's fair. There was a lot of wonderful input from the people who attended; many thanks to all who were there and to those who sent their thoughts and suggestions. We are starting the planning now so that the catalogue can be out sooner.

The next fall fair will be August 24, 2024. Please contact Barb at 250-222-3817 if you would like to help. It will be our 125th anniversary so it should be a big celebration and a time to look back and forward.

Barb Johnstone

Pender Island Ferry Advisory Committee

You may be aware that due to safety concerns which arose at two recent BC Ferries (BCF) community dropin meetings, the decision was taken to postpone the Pender Islands' meeting (amongst others) which had been scheduled for October 14. The Director for Community relations Strategy and Community Engagement informed us last week that meetings are ongoing at BCF around a proposed safety plan and their community relations team hopes to reschedule our meeting soon.

Also, because of these safety concerns, the twice-yearly Southern Gulf Islands Ferry Advisory Committee/BCF staff meeting on Thursday October 5 went ahead virtually and FAC members Fiona Poole and David Wright attended together with representatives from Mayne, Saturna and Galliano Islands and a guest from Salt Spring Island. Thank you to those Pender residents who took the time to attend as guests. There will be more information on this meeting in the next edition of The Pender Post.

Our winter schedule is now in effect until March 31. Please check the schedule online for the few changes involved.

Given the recent proposed and actual cancellations of the Salish Raven due to staff shortages, please consider subscribing to notifications which give the timeliest advance warning currently available to ferry passengers. This tool can be accessed easily on the BCF website.

Many Pender ferry passengers are thankful for the increased capacity of the Salish Raven and the negligible risk of being left behind these days. However, questions are often raised about loading practices which sometimes result in those who have waited longest in line being sent to the lower deck with added inconvenience. BCF staff report that given the loading requirements of different islands and unpredictability of ferry volumes, they are doing their very best to ensure that every traveller gets on the boat and ask for our tolerance and patience! Our SGI Ferry Advisory Committee (FAC) comprises representatives from Galiano, Mayne, Pender, and Saturna. If you have issues for BCF's attention, call BCF Customer Care at 1.888.223.3779, or comment on BCF's Facebook page Facebook.com/BCFerries/. You can also reach BCF through their website at https://www.bcferries.com/contact-us or their Twitter account @BCFerries, or email engagement@bcferries.com.

We can be reached through our Facebook page or by contacting us directly by e mail. Jane Dix at JaneonPender88@gmail.com, David Wright at summerlawns@shaw.ca and Fiona Poole at poolefiona12@gmail.com. *Fiona Poole*

Pender Island Fire Rescue



Hello Pender Islands. As of October 17, PIFR members have responded to 237 emergency calls. October was a busy month and it was fantastic

to see such a great turnout for our fire safety week open house, plus we had the pleasure of hosting Salt Spring Fire Rescue that day to use our fire training facility for their annual firefighter certifications.



Exciting news for PIFR: we took possession of our new pumper/tender that will be stationed at Hall 1. It is a Rosenbauer Maverick, has a 1500 imp gallon water tank, a remote controlled bumper turret, and a PTO drive pump so we can spray water while the truck is moving, a great asset in fighting wildland fires. Over the coming weeks we will be doing training and equipping E1 to be ready for active duty, so when you see us out on the island give us a wave, or come get an up close look at this great fire truck.

Continued page 37

Coming to Hope Bay This Fall



Sarah Rae and family are proud to announce a new collaborative space opening at Hope Bay this fall. Studio B Collective will be a retail space, salon, and the heart of Hope Bay!

Help Us Grow

Studio B Collective aims to provide a "home" for artists, makers, artisans, and entrepreneurs to showcase their wares on a consignment basis. If this sounds like you please contact us at: studiobcollective1@gmail.com

This new space will also feature games, gaming supplies, and art supplies curated by our friends at Kraken Underground, and worry not - Studio B Hair Art will also be in full operation and will now include retail hair supplies!

@studiobcollectivehopebay





November brings an end to the fire permit season. Outdoor burning wildfire risks are low but a healthy respect still needs to be kept. Never leave your outdoor burn piles unattended. So many times we have responded to calls where people have started burning, and then go as far as leave the island. Seems unbelievable, right? But these things do happen. Also be mindful of when you are burning. On low pressure days, smoke can stay close to the ground and not vent up, essentially smoking out yourself and neighbors. Keeping the fire hot and stoked can help with smoke as well. Ensure the material you are burning has been down at least 30 days and has dried out.

Burning in your wood stove has its own precautions you should follow. Your chimney should be cleaned and inspected by a W.E.T.T certified technician to ensure its safe operation through the fall and winter season. Firewood should be well seasoned, as wet wood can create dangerous creosote faster, increasing the risk of chimney fires. Do not burn garbage. Not only is it bad for the environment, it burns hotter than the unit is intended to do. and also creates dangerous buildups in the firebox and chimney leading to chimney fires. Keeping combustible material away from and in front of the wood stove is important. Scoop ash into a metal bucket and let cool completely before dumping the ash as hot embers can unintentionally start a fire outside. Lastly, ensure you have a carbon monoxide detector installed and your smoke detectors have fresh batteries as these items save the most lives.

Captain Jon Grelik, PIFR Fire Prevention Team



Pender Island Food Bank Society

The Pender Island Food Bank is a place where people in need can come in a relaxed and friendly environment to choose foods to supplement their weekly grocery costs. There is a wide range to choose from, providing nutritious basics, and sometimes welcome treats. In any given week, Pender Food Bank can provide for as many as 40 to 50 people on Pender Island.

This month we are turning our attention to Santa's Sac which, every year, provides food and goodies for children. The food bank and Santa's Sac work together to make it possible for families and more to receive community support through Santa's Sac. Also, all our users receive food vouchers for Tru Value through Santa's Sac. We invite you to make donations through the Spirit Board at the Tru Value, and make donations either to the Food Bank or Santa's Sac, or both through the months of November and December.

The Elf Tree, part of the Santa's Sac program, will be going up November 15 to receive toys and donations.

We are also supporting the school food program this year with a donation.

The United Way BC is offering the Critical Food Infrastructure Grant to charitable organizations, non-profits, and indigenous led organizations across the province that work in food security with the aim to increase access to traditional and culturally preferable foods.

Donations to either the Food Bank or Santa's Sac, or by direct donations from caring members of Pender Island Community are always welcome and gratefully received. Anyone who would like to volunteer to help at the food bank is always welcome and should contact Barb MacPherson for information on how to volunteer.

Bev Peden





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Pender Island Health Care Society



The Future of Health and Wellness Services on the Pender Islands

The provision of health and wellness services in rural and remote locations like the Gulf Islands has always been more difficult than in urban communities. Transportation between islands and to facilities with a higher level of care is limited, and in a remote setting the practitioner is expected to provide urgent care or stabilization before removal by ferry, boat, ambulance or helicopter.

Although there is little difference in the scope of practice of physicians and nurse practitioners (NPs) delivering care on the Islands, due to existing funding silos, NPs' contracts do not allow provision of after-hours and weekend emergency services.

The ability of our Medical Clinic to deliver services has suffered, a reality in all communities. However, provincial health policies have led to several additional problems in locations like ours. First, family physicians in urban settings have been offered considerable funding to offset the costs of running their practices. Rural physicians are still expected to cover some costs from their salaries, which are fixed. Second, locums who cover for physicians taking vacations or pursuing continuing medical education are now paid more in urban settings, whereas previously the reverse was true. These issues impact the ability to hire a physician in a rural setting. Further, the locums for NPs have essentially disappeared

Pender Island Public Library

Planned Giving: A Gift for the Future

Pick up our brochure "Leave A Legacy"

4407 Bedwell Harbour Rd. 250-629-3722 due to a province-wide shortage of NPs. Currently NP vacation coverage is primarily provided by a remote NP through a virtual appointment.

We do acknowledge that Island Health has made a large contribution to Pender physician overhead this year, but they are aware it doesn't cover the true costs that the Society is incurring. It has become evident that the rules for providing locum support to cover for a retiring physician, such as Dr. Moore, were not designed to work well within an environment of general shortages of physicians that now exists.

Against this background of immediate challenges, the Board and Administration have been working on short, medium, and long-term solutions, taking into account the demographic realities and changes on the Penders. According to Stats Canada data, the proportion of people over the age of 65 on the Pender Islands is double that of the rest of BC. This has significant implications for the delivery of complex care. In past Stats Canada surveys, Pender Islands' population grew at a rate similar to BC, but between 2016-21 our population grew at 2.5 times the BC rate. Other Gulf Islands grew more! As every Penderite knows, the number of visitors, especially in summer, has taken off. Our best estimates suggest that the August population is three times the winter population, leading to the potential requirement for more urgent care.

The Society took on the administration of the Medical Clinic in October 2022, and our staff, Jane Harrison and Marion Alksne, have had to respond to the shifting availability of practitioners, on a regular basis. We gratefully acknowledge Dr. Carolyn Knight, who, with Island Health, created a unique contract to help deal with the lack of appropriate medical coverage on Pender. We also want to acknowledge the unflagging support of the medical office assistants for their flexibility and hard work in a continually shifting environment.

As a short-term solution, the Board has proposed to Island Health that, in

addition to the vacant physician position, another NP be hired and that the NPs would cover for each other instead of relying on locums. We have proposed that NPs be allowed to participate in after-hour emergency care (not funded under current policies). The Board has also requested the funding of a nurse with appropriate qualifications to provide many routine services and help with emergency care, thus improving the capacity of physicians and NPs.

As a longer-term solution, consistent with strategic thinking within the BC medical establishment, the Pender Islands Health Centre is contemplating an application to become a formal Community Health Centre (CHC), which would collaborate with Galiano, Mayne, and Saturna medical services within a new Outer Gulf Islands Primary Care Network (PCN). This structure would provide more secure funding and increased services.

What does this mean for the residents of the Pender Islands? In the next months, perhaps a year, gaps in services on the Penders and the other Outer Gulf Islands (OGIs) will be assessed by the BC Ministry of Health and the OGI health centres. Then solutions will be identified and recommended to the Ministry, with implementation perhaps in 2025-26.

In many respects, our Health Centre is already a CHC but it isn't funded as such. We have been encouraged by various representatives of the relevant health authorities that formalizing this designation promises to greatly improve our ability to provide timely, accessible, and comprehensive services to enhance the health and well-being of our community.

Acupuncture

We're pleased to welcome registered acupuncturist Morgan Cross to her new practice at the Health Centre.

She is registered under the College of Traditional Chinese Medicine Practitioners and Acupuncturists of BC, and is looking forward to helping our community in healing and health optimization. She practises with a nature-based and holistic perspective, using acupuncture to help restore functional relationships in the body. By inserting fine needles into specific anatomical points, acupuncture stimulates the body's natural healing response in a wide range of internal, mental-emotional, and musculoskeletal conditions.

She will be open for treatments on Sundays, offering more days as demand increases. To book an appointment or for more information, please visit www.alignacupuncture.ca.

Medical Equipment Loan Cupboard

Many of us on Pender Island have experienced the convenience of borrowing medical equipment, either donated or purchased by the Pender Islands Health Care Society, from the Health Centre. Since the medical equipment loan cupboard is no longer a Red Cross sponsored facility nor affiliated with Island Health, procedures have to meet the requirements of PIHCS insurance coverage. That means that any individual borrowing equipment must complete a waiver of use. The waiver has to be signed by the actual user prior to the equipment leaving the room. Our staff and the community nurses will continue to work closely with everyone to make the process as easy as possible. Waivers are currently available at the Medical Clinic and will be posted to our website shortly.

We thank you for your kind understanding and support.

Speaker Series Continues

Mark Wednesday, November 8 on your calendar as that's the day the *Here's to Your Good Health* speaker series, arranged in conjunction with the Library, continues.

From 1 - 2:30 pm, Dr. Karin Humphries will present the next talk, *Cardiovascular Disease in Women*. This talk will explore why cardiovascular disease tends to be under-diagnosed and under-treated in women.

Masks Again

Lastly, COVID is again on the move as we head indoors for the winter. If you're heading through those doors to the Health Centre, masks and hand sanitizer are at all entrances for your use before proceeding to your appointment with any of the practitioners in the building.

Urs Boxler

Community Support Programs

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion." Dalai Lama.

Maintain Your Independence

Classes are \$50 for the eight sessions or \$8 to drop in. If the cost poses a hardship, contact Community Support for assistance; many thanks to the CRD/Pender Parks and Recreation Commission for its financial support of the MYI programs. To register leave a message for Andrea at 250-629-3346 or email andrea@penderislandhealth.org

Moderate Yoga with Krista

Tuesdays, October 31 - December 19, 9:45- 10:45 am

Improve your activity levels and build strength, balance, mobility and range of motion in your joints and spine. The class will include breath work, meditation, gentle stretching, a balancing sequence and relaxation. Wear loose clothing and bring a yoga mat.

Gentle Chair Yoga with Erin

Tuesdays, October 31 - December 19, 11 - 12 am

Increase flexibility, stay limber and improve balance. This class is suitable for those with mobility challenges, difficulty with balance and ideal if you are recovering, have arthritis or joint injuries. Wear comfortable clothing.

Gentle Walk with Andrea

Wednesdays, year-round, 10 - 11 am

Walk for fun, friendship and fitness. This is a level easy grade trail suitable for all abilities. Stay for one lap or five. There's no cost to join; tea and treats will be available for a small cost or bring your own. Everyone is welcome. Please bring good walking shoes and a hat or umbrella if it's wet.

Gentle Chair Yoga with Erin

Thursdays, November 2 - December 21, 11 - 12 noon

Increase flexibility, stay limber and improve balance. This class is suitable

for those with mobility challenges or difficulty with balance and ideal if you are recovering, or have arthritis or joint injuries. Wear comfortable clothing.

18 Postures for Seniors with Judith

Mondays, November 6 - December 18, 10:30 - 11:30 am

Special cost \$27 for the full 7 class session or \$5 to drop in. These exercises were designed in the 70s by Western and Eastern medical practitioners in Shanghai, to improve wellness for seniors. They incorporate slow stretches, breathing exercises, improving balance and posture, and stimulating acupuncture points. There are three sets of exercises performed to music.

Caregivers Support Group

Mondays, alternating weeks from 1 - 2:30 pm

The Family Caregivers Support Group is an opportunity for self-care, a place to discuss your concerns, get information, find out what others have done, share your feelings and connect with others.

Act of Kindness

Each month we will bring you a story found in our community. If you would like to have your story of kindness or gratitude added, please contact Andrea.

"While going through a divorce, my mother fretted over her new worries: no income, the same bills, and no way to afford groceries. It was around this time that she started finding boxes of food outside our door every morning. This went on for months until she was able to land a job. We never did find out who left the groceries, but they truly saved our lives."

To volunteer, to learn more, to inquire about meeting dates or times, or to sign up for any of the above programs and opportunities, please email andrea@penderislandhealth.ca or leave a message at 629-3346.

Andrea Mills, Community Support Worker

Pender Island Lions Club



As I write this update while enjoying the change of autumn colours, I'm reminded that we have also seen much change at the Pender Lions Club.

At the end of June, Dave Dryer retired as our Club's long serving President. Dave has been a member of the Lions since 1996 and has served in every position on the executive board. We welcome Dave as Past President and Director and look forward to his continued input and experience. Marc Lesperance, as our previous Past President, can now relax. Marc continues as a valued member of the Club.

A big welcome to Annette Cyr, our incoming President. Annette brings a fresh perspective to the Club, and we will continue to grow and thrive under her leadership.

Our Pender Lions members usually take July and August off to relax and prepare for another year of activities but this year we put away our swimsuits and gardening tools to participate in:

- Marching the in very colourful Pender Pride Parade
- Manning the entrance booths and exhibiting at the Pender Fall Fair and entering a great float prepared by Greg Forsyth into the parade
- Providing BBQ hotdogs at the Pender Dog Show. Thanks to Mike at Tru Value for loaning us the BBQ.
- Presentation of the Youth Leadership Awards to the participants of the Gulf Island Ecological Centre for Learning
- Distributing the Cunliffe Bursaries to Pender students continuing their studies at post-secondary institutions.

Liam Regan and Greg Forsyth each received the Melvin Jones Fellowship, an honour of the highest form in recognition and acknowledgement of their dedication to humanitarian service in their community through the Lions.

In October, Ellen Cox arranged for Don Clifford to join us from the Salt Spring Lions to train Annette Cyr and Eric Taylor in operating the Vision Testing Equipment. One hundred and fourteen (114) students at the Pender Islands Elementary School had their vision tested on October 12.



Lions mascot 'Roary' and Eric Taylor ride the Lions float at the Fall Fair

Currently we are busily working on four projects:

- The Pender Phone Book get your advertising and/or amendments to Dave Dryer before the end of October.
- The Otter Bay Road Information Sign - contact Greg Forsyth to get your business advertised next to the new and improved map.
- Santa Ship-scheduled for December 16. See this month's advertisement on page 1. Heather Regan is our coordinator for this event.
- Polar Bear Swim January 1 at Port Browning Marina and Resort. See this month's advertisement on page 1 of the Post. Gail Forsyth is our coordinator for this event. Through the generosity of Jean Deschenes and the Royal Canadian Legion, the Lions meet at 5:30 pm on the first Wednesday of every month (except January, July & August) at Branch 239 on MacKinnon Road.

Please visit our website at penderlions.ca for more information.

Gail Forsyth, Treasurer



Lions President Annette Cyr presents Youth Leadership Award (GICEL) to Marina Garlick

The Pender Post - November 2023

Pender Island **Museum Society**



Pandemic Lookback

During 2021 the museum responded

to a survey by the Department of Canadian Heritage examining the effects of the pandemic on various heritage institutions, including museums. The results were recently released. It doesn't feel great being a statistic, but there's comfort in knowing that what our small museum experienced mirrored what was happening across the country. Recovery continues to this day.

Volunteer Trends

As the survey results indicate, the heritage sector depends on volunteers. As the pandemic deepened, 2020 saw "a substantial decrease in volunteers (down 51% to 56,000 volunteers) from 2017."

Our Pender museum is one of 20% of all heritage organizations solely run by volunteers. We went into 2020 with some 30 volunteers. Three years later we are down to 22 active volunteers. If you love sharing stories or enjoy working behind the scenes, please get in touch at pendermuseum@shaw.ca. The winter season is a great time for your museum orientation.

Other Survey Highlights

Survey results noted that "87% of museums and other heritage institutions in Canada were temporarily forced to close their doors in 2020." Likewise, our Pender museum was closed for four months in 2020 and opened later than usual in 2021. Coming into 2022 we were back to our Easter to Thanksgiving weekend hours, adding Fridays during July and August thanks to the summer student support.

The survey counted "16.9 million visits to heritage facilities in 2020, a decrease of nearly 79% from the 79 million visits in 2017." Visitation at our museum dropped almost 70% from a high of 2,510 in 2019 to just 798 in 2020. The good news is that numbers have grown since then. We hope to finally regain our pre-pandemic attendance by the end of 2023. (Watch for news about our Christmas week special event.)

Government support during the pandemic kept the sector afloat. As the survey said, "...government responded to sharp decreases in revenues by increasing spending for the heritage sector in 2020 to \$1.5 billion collectively: an increase of nearly \$170 million (13%) from 2017."

Echoing this reality, our museum relied on grants for operations and capital projects while income from donations declined. It was a relief to get \$5,000 in outright pandemic support in 2022. We were also successful in applying for a \$73,659 federal grant for upgrades to our historic building. The work was completed in 2022, with thanks to project manager Jean Deschenes and local contractors.

During the pandemic, it was no surprise that heritage institutions focused on "social media and work to digitize their collections for greater online access". The same was true for our museum. Having a social media presence started in earnest in 2020 as we shared regular updates and brief stories while summer students continued cataloguing the museum's collection and making many items accessible online at www.penderislandsmuseum.ca/ourcollection.

Our museum, like all volunteer-run organizations, is a public-community partnership and we can't have one without the other. We appreciate the ongoing support of our volunteers, donors of both dollars and precious island artifacts, and visiting family and friends. And, please, consider volunteering.

Simone Marler, President



Pender Island Parks and Recreation Commission



The Parks and Recreation Commission

held its regular meeting on October 16. Several ongoing and new projects were advanced and the draft 2024 budget was reviewed, amended, and approved for submission to CRD headquarters.

Planting Season

Earlier this year, we worked closely with the Pender Island Conservancy (PICA) on tree planting and invasive plant removal. PICA summer students monitored and watered some plantings, helping to ensure their survival. We will start up again in November and welcome volunteers to come out and plant a tree with us. Dates will be announced by Parks and Rec and PICA.

Pump Track

Our parks need more playground equipment. A group of enthusiastic parents approached us to build a pump track in the area adjacent to the Ball Park, formerly known as the Dog Park. Before anyone gets too wound up, we are advised that children on wheels on a pump track do not bark nearly as loudly as dogs. This is an exciting project for our community. PIPRC has proposed up to \$25,000 of capital funding to support this project.

Shingle Bay Park

Shingle Bay Park has been a focus of discussion for a couple of years. Talk, no action. Recently we invited CRD's archaeologist, Shauna Huculak, to look at the site and our conceptual plans. We hope to find ways to improve drainage, remove invasives and repair riparian habitat along the drainage channel within the many rules and regulations. It is a challenge.

Smoking at the Disc Park

We were issued another warning from the Vancouver Island Health Authority about smoking in the Disc Golf Park. Smoking in our parks contravenes the CRD's Clean Air Bylaw. Please don't smoke in our parks.



New picnic table overlooking Shingle Bay

Schooner Way Trail

The Schooner Way Trail is a major initiative of PIPRC. The big picture is a multi-use trail from Magic Lake to Otter Bay. The first section, hopefully realized in 2024/25, runs from the BallPark to the School. The current cost estimate for 1.86 km of trail is \$2.2M. We are hopeful this cost can be reduced but building alongside a road to MoTI standards is expensive.

We need to raise \$500,000 from the community toward this trail. At the time of writing, more than 120 people, businesses, and community groups have pledged more than \$100,000, in amounts ranging from \$5 up to \$25k. We hope you see value in this project for the safety and enjoyment of everyone on Pender. Pledge forms are available at www.crd.bc.ca/schoonerwaytrail.

Commissioner Vacancy

PIPRC is comprised of eight volunteer Commissioners plus CRD director Paul Brent. Presently we are seeking a new Commissioner. If you have an interest in learning more about what we do and possibly joining the Commission, please contact me at penderparks@crd.bc.ca.

George Leroux, Chair





Remembrance Day

This month we commemorate

those who have served Canada. Thank you Veterans. Veterans want Canadians to understand the price of freedom. They are passing the torch to the people of Canada, so the memory of their sacrifices will continue, and the values they fought for will live on in all of us. For more information, please visit the Veterans Affairs Canada website for more people and stories, memorial events, monuments, video interviews, and to search a database for family and friends who died in service: www. veterans.gc.ca/eng/remembrance

Speaker Series - Women's Heart Health

Mark your calendars for November 8 and join Dr. Karin Humphries, Emeritus Professor of Medicine and Epidemiology at UBC, for her presentation focusing on cardiovascular disease in women.

Come learn about unique symptoms and risks for women, current research, and care. Questions are welcome following the presentation. Presented in partnership with the PI Health Care Society. Free event, Wednesday November 8, 1 - 2:30 pm at the Library.

Restorative Justice

Want to learn more about Restorative Justice? RJ is "an approach to justice that seeks to repair harm by providing an opportunity for those harmed, and those who take responsibility for the harm, to communicate about and address their needs in the aftermath of a crime." The Library will be featuring supportive materials during Restorative Justice Week, held on the third week of November each year.

Holiday Book Sale

Come to our annual holiday used book sale on Saturday November 25, 10 am -3 pm, and pick up wonderful gift-quality used books and DVDs for everyone on your gift list. Thank you for supporting the library during this annual fundraiser. Payment by cash or e-transfer accepted. Please bring donations of books and DVDs in good condition, published within 10 years, one bag per person, to the front desk prior to the book sale.

New Books Adult Fiction

Empty Spaces (Jordan Abel), Normal Rules Don't Apply (Kate Atkinson), Mrs Van Gogh (Caroline Cauchi), The Vaster Wilds (Lauren Groff), Holly (Stephen King), Not Forever, But for Now (Chuck Palahniuk), The Bookbinder (Pip Williams).

Adult Mystery and Sci-Fi

Dead on Target (M.C. Beaton), Good Bad Girl (Alice Feeney), Blessing of the Lost Girls (Judith Jance), The Longmire Defense (Craig Johnson), The Last Devil to Die (Richard Osman), The Traitor Among Us (Anne Perry).

Adult Non-Fiction

The Mini ADHD Coach (Alice Gendron), Protecting the Coast and Ocean (Stephanie Hewson), It's On Me (Sara Kuburic), Charged (James Morton Turner), Our Little Farm (Peter Wohlleben), Macrame Accessories (Fanny Zedenius).

Youth

83 Days in Mariupol (Don Brown), The Wild Robot Escapes (Peter Brown), Big Nate: Move it or Lose it (Lincoln Peirce), Off to the Races! (Steve Foxe), Making More (Katherine Roy), The Dark Lord's Daughter (Patricia C. Wrede).

Library hours

Open Tuesday, Thursday, Friday and Saturday from 10 am - 3 pm, at 4407 Bedwell Harbour Rd. Wi-Fi, public computers, printing/scanning. Have library-related questions? Our friendly staff can help you! Drop by, call us (250-629-3722), or email: libraryhelpdesk@crd.bc.ca

Carmen Oleskevich, Library Director

Pender Island Reconciliation Circle

S,DÁYES Truth & Reconciliation Circle resumed for the fall starting in September. Members created a display at the Driftwood to honour National Day for Truth and Reconciliation, September 30, and Sisters in Spirit Red Dress Day, October 5. (Note, there is also a national day to recognize missing and murdered, May 5). The final Circle of 2023 will be November 15, 4 - 6 pm at the Fireside Room, Anglican Hall 4703 Canal Road. If you wish to be included in meeting notices, please email madelin.emery@gmail.com.

Madelin Emery

Pender Island Recycling Society



Our Annual General Meeting is from 4 pm until approximately 5:30 pm on Friday, November 3 in the

lounge at the Community Hall. We will start our meeting with a presentation from Andy Nowak about the history of the depot. This should be a fun and informative presentation as Andy was instrumental in founding the Recycling Society in 1989, and is still with us today as one of our drivers. Please RSVP at penderislandrecycling@gmail.com. Refreshments will be provided.

The depot is open from 10 am to 3 pm on Tuesdays, Thursdays, and Saturdays (winter hours). To help you keep track, we have fridge magnets and business cards available, and we also have brochures with recycling information. If you are looking for a quiet day to recycle, Thursdays are your best bet.

2022 - How Did We Do?

Last year, 240 tonnes of recycling were collected at the Pender Island Recycling Depot, which was a 3% increase over 2021. Pender Islanders recycled 46 kg of packaging per person, which is higher than the province wide average of 41 kg. The largest volume of recyclables brought to the depot was packaging (53%), followed by refundables (20%) and scrap metal (16%), with the remainder being comprised of small appliances, electronics, paint,

Continued

thermostats, smoke alarms, light bulbs, used motor oil, vehicle and household batteries, and more. It all adds up!

Recycle BC is the non-profit stewardship agency that ensures that the packaging collected in BC is recycled. In 2022, 95% of the material collected by Recycle BC was recycled while 5% was landfilled, and none of it was converted to engineered fuel. Making sure that recyclables are clean, properly sorted, and brought to the depot will keep these materials out of the landfill. Last year glass and paper were returned for recycling at high rates, but approximately 40% of plastic containers and 77% of flexible plastics went straight to the garbage.

2022 – Where Did Your Recycling End Up?

Last year, Recycle BC sent more than 98% of plastic to end markets in BC, where it was processed into pellets for new packaging and products. Paper was sent to end markets in BC, the United States, and overseas, and processed into boxes, kraft paper, egg cartons, and other paper products. Some glass was sent to a United States glass plant to be turned into new bottles, while the remainder was processed into sandblast grit or construction aggregate in BC. Metal containers were sent to end markets in Canada and the United States, and recycled into sheet metal to make new packaging and products. Find out more in Recycle BC's 2022 annual report:

https://recyclebc.ca/wp-content/ uploads/2023/06/RecycleBC_AR2022_ FINAL.pdf

Dish Loan

Whether you are hosting a community event or a gathering at your home,

remember that we can help make your special event a little more environmentally friendly. An eclectic collection of dishes is available, including dinner and side plates, and soup bowls; cutlery; wine, champagne, and water glasses; coffee cups; and cloth napkins. Items can be rented by a donation and the amount is decided by you – people typically pay from \$5 to \$50 for an event. Items should be run through a dishwasher or soaked in mild bleach solution prior to use since there are no washing facilities at the depot. We thank the CRD for supporting this initiative through the Rethink Waste Grant.

Non-program Plastic

Did you know that we accept nonprogram plastic for recycling? This includes items such as lawn chairs, soup ladles, and totes. We can now accept plastic cutting boards too! Non-program plastic must be free of paint and metal, and be clean. Some types of plastic, such as plexiglass, vinyl, and plastic tubing can't be recycled. Please check with staff if you are unsure. Larger items, such as lawn chairs, will incur a small recycling fee (example, \$2/chair).

Non-program plastic is shipped every 12-16 months to Merlin Plastics in Vancouver. Through the combined efforts of the Nu To Yu volunteers, Pender Island residents, and depot staff, we have kept over 20 tonnes of nonpackaging plastic out of the landfill since 2014. We thank the CRD for funding this initiative in 2023.

Christmas Shopping

Christmas is coming soon, and there are many great options for shopping

on Pender. Locally made preserves, baked goods, art, pottery, and jewelry, are available at road stands and galleries. And our fine local merchants at commercial hubs such as Medicine Beach, the Driftwood Centre, Hope Bay, the Hardware Store, and Southridge offer baked goods, flowers, books, clothing, housewares, gift certificates, and more. Shopping at the Nu To Yu is always a good choice - your spending is funneled right back into the community and treasures abound. Last but not least, try our Freestore and Reshop where many fabulous items are waiting to be discovered.

Niki Roberts

Pender Organic Community Garden Society



Even if the weather sometimes stays warm and summery past the middle of October, with the shortening of the days,

most plants are no longer productive. By the time November rolls around, it is time to get our garden ready for winter.

Even if you plan to grow winter crops, you still should tidy up, protect the unplanted areas from weeds, and protect the soil from compaction. Weeding thoroughly now, rather than waiting until spring, gets rid of overwintering weeds, some of which will continue to flower and produce seeds quite happily while your plot remains sleeping.

Once your garden has been weeded, some kind of winter cover is recommended to further suppress weeds



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which can sprout from buried seeds, and more importantly to prevent the soil from being turned into something akin to concrete when you come next spring and start digging.

There are various ways to protect the soil over winter. One method involves the use of black plastic (impermeable to rain) or landscape cloth (permeable) to cover the ground. Both need to be either weighted or pinned down to prevent them from being blown around by wind. Cardboard or old feed bags also work in suppressing weeds. A thick layer of leaves from deciduous trees works well and has the advantage of eventually breaking down and nurturing the soil. Leaves will need to be weighted down with trellises, tomato cages or sticks. If you have been using straw during the year as a mulch to preserve soil moisture, spread it around, add to it, and your plot is ready for winter. New weeds will find it difficult to grow through a thick layer of straw. Various manures and composted bark mulch in layers will protect the soil from being compacted but are far less effective at suppressing weeds. Both add nutrients and texture to the soil when they are dug in next spring.

And the weeds? Although many would disagree with me, pulling weeds on a brisk sunny day in winter is actually a lot of fun, especially if there is a Thermos of hot chocolate to look forward to.

Rhondda Porter



60% of the \$1,250,000 required to build the new Nu-to-Yu facility at the Driftwood Centre has been raised. Government grants will provide some of the remainder but private donations are also requested.

For information see: https://nu-to-yu.com/our-new-build

To donate to the Building Fund, contact: nutoyudonate@gmail.com

PenderPOD



Humpback Whale BCX0837 Tempest travelling in Boundary Pass off South Pender. Photo: Kathleen Durant

Pender Pod. With names like Raptor,

Bond, Tempest, Bullet, and Fallen Knight, you would think they could be the cast in a risqué movie, but they are actually nicknames of some of the Humpback whales that have been identified off Pender Island this year. Several of them were identified by a fairly new application called Happywhale. Happywhale has an automated image recognition system powered by AI. The application identifies the whale by its fluke through its unique markings such as the numerous bumps along the edge and patterns of black or white on the underside. What can literally take hours by a human matching photos to catalogued photos can now be done in a fraction of the time. I had first heard of Happywhale in 2022, but I had been using an iPhone to take photos of the whales. Generally the photos taken using an iPhone don't meet the quality needed for Happywhale to successfully ID whales. In 2023 that changed. SIMRES and The Southern Gulf Islands Whale Sighting Network were able to purchase several rangefinders and optical zoom cameras after a successful 2022 fundraising campaign. It was late April when I was loaned both a rangefinder and camera to help with identifying whales off Pender Island. I immediately started familiarizing myself with the camera and learning its functions so that I would be ready for the whales. The humpbacks would be migrating back to the Salish Sea soon. On May 14, I got my first chance when I spotted a humpback whale heading east in Boundary Pass. I watched as it steadily got closer and I could see that after it took two or three breaths it was showing its tail or fluke as it dived. I needed a good fluke shot to be able to ID the whale. Lucky for me the whale continued to show its fluke and I was able to get a few clear shots. Now it can

be an arduous task to flip through a catalogue of literally hundreds of humpback fluke photos to find a match, so I thought, let's see if the photos are good enough for Happywhale to ID the whale. I uploaded them to the website and waited...but I didn't have to wait long. Within hours I received an email saying they had a match. My whale was BCX1275. A catalogue number had been assigned but it had not yet received a nickname. I could see other information as well. It had been first documented in 2009 and 21 times since then. It had been observed as far north as Campbell River as well as in the Strait of Juan de Fuca and along the west coast of Vancouver Island. It had also been seen off Hawaii, so that is where the whale migrated to. I could also sign up and be notified when it was observed next. It was so interesting to know more about this whale as the individual it is. The next whale I encountered was identified as BCX0837 known as Tempest. Over the course of the summer there were more submissions and more IDs.

The Southern Gulf Islands Whale Sighting Network started documenting the whales observed from shore around the Southern Gulf Islands in 2019, and everyyeartheywelcomebacktheregulars and try to identify the newcomers. To date, 54 Humpback whales have been identified around Saturna, Pender and Mayne Islands. What has been helpful to the identification of the humpbacks this year is the application Happywhale. If you take photos of Humpback whales, consider uploading them to Happywhale. Do it for fun; do it for citizen science.

For more information please visit happywhale.com, penderpod.ca and simres.ca.

Kathleen Durant



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Royal Canadian Legion

Branch 239



Once again, we have arrived at the time of year where

we are reminded why the Royal Canadian Legion exists. Long ago, in a time that none of us were even alive in. the Legion was established to honour those who made the supreme sacrifice during the first World War. Just as important was to provide a place of solace and comfort to the thousands of wounded and shell-shocked veterans who were finding life in a post war world rather difficult to adjust to. Assisting the widows of those who died also became a major part of the Legion credo. This mandate has existed within the walls of every Legion for over a hundred years now and will hopefully carry on for many years to come.

Having said this, I must admit that things are a bit different in most Legions today. I believe that our impact on the community is even more far reaching than ever before. We are much more than a service club and our umbrella of donations reaches out to cover a wide spectrum of organizations that have nothing to do with the armed forces. We are committed to serving the people of Pender Island. We, of course, still honour the memory of our veterans who have given so much of themselves to provide us with those basic freedoms that we too often take for granted. This will never change as long as I am involved here in any way. The big difference I have seen over the last 20 years is that with the demise of World War II vets as the core of our membership and the executive board, it is getting harder to find people who are willing to step up and fill those positions of leadership. With just over 200 members and a decent amount of money in the bank we look pretty good on the surface, but in the future, it's not going to be lack of funds that closes our doors, it's going to be the inability to fill those executive positions.

Finding a president for 2024 is paramount to keeping our Legion operating. Jean Deschenes has given a lot over the last four years as president, with a year before that serving as secretary, and

Outer Gulf Islands RCMP

now deserves a rest. She's not running away, and will be close at hand to help guide a new president through any tricky spots, as will I. Within those 200 members I'm sure we have plenty of talented people who would like to help with this new Legion, which was started for veterans but now exists as one of the major contributors to the people and organizations of our island. If the Legion goes, it will be a major loss to this community and a slap in the face to my dad, and all the other vets who gave so much to make the Legion a home away from home for so many of us. Hey, it's not really that onerous a position being president. I mean, it can really come in handy having that key to the liquor cabinet... just kidding, Jean! Step on up and join the team that is making a difference here on Pender Island.

We welcome our community for Remembrance Day on November 11. Please come join us at the Legion by 10:45 am for the parade to the cenotaph and laying of the wreaths, followed by the service inside with sandwiches and libations for all. Let's lift a glass of cheer to all those veterans at least once a year. Please also attend the candlelight service at the cemetery on November 9 at 1 pm with all the school children, and the lighting of the candles at dusk, which is always a beautiful sight. Please wear a poppy in honour and remembrance. Poppies will be available at several outlets around the island and at the Driftwood centre starting on October 27.

Our next Friday dinner will be November 17, serving my delicious pork roast dinner. Always a popular dinner so please send your reservations to branch239.rcl@gmail.com.

For a social time and fun few hours, join us at our meat draws every Saturday at 4 pm, with all proceeds from draws going to our community. We have made recent donations to Pender Concert Society and Pender Pride Society. Please join us for our monthly general members meeting on Saturday, November 25 at 10 am to ensure a quorum and have your say. Fun Bingo will follow the meeting at 1 pm. *John Pender*



David Ramos and Leslie Field accept a cheque for \$1000 for Pender Pride



Jean Deschene presents \$1000 cheque to John Heaney and Sue Morton of the Concert Society

Please see our website for updates and information: www.penderislandrcl239.com.



So, let's look at the stats from the end of August until September 19, 2023. We attended thirty-nine calls to 911 for service, which is down from forty-

five from the same period in 2022.

We conducted patrols and check stops resulting in violation tickets being issued for no insurance, invalid driver's license and seat belt infractions.

On September 2, Outer Gulf RCMP members along with West Coast Marine vessel and Coast Guard crew, attended seven kilometers east of Active Pass to look for a body reported to be in the water. Once in the area, RCMP members were directed by Coast Guard crew to a location nearby. RCMP members were able to recover a deceased male. Currently police are working with the Provincial Coroners Service and waiting on a DNA match to identify the male and to notify next of kin.

Most will remember that last October there was a large fire at Home Hardware. Throughout the following six months, Pender RCMP investigated. With the assistance of many citizens, a suspect was identified. In March, a warrant was issued for the arrest of a Victoria resident, Janis Zroback. She was located and arrested in July, and is currently before the courts charged with arson and break and entry.

Just another reminder to renew your insurance, as police have found multiple vehicles with lapsed insurance.

We will be conducting traffic enforcement through the months of October and November. Our focus will be impaired drivers and school zone speed.

As we are coming up to Halloween, do not forget to make sure you have something reflective on your costume if you're wearing one. Don't forget kids will be out on October 31 trick or treating along the Rum Road/Privateers Road loop. Police are reminding drivers to slow down through that area.

Don't forget November 11 and to come out and show your support for the Veterans on Armistice Day.

If you want to read more about what is going on in the province or the other islands, go to https://bc-cb.rcmp-grc.gc.ca, click 'BC RCMP Detachments', then scroll down to Outer Gulf Islands and select Newsroom.

Const. Simon Bentley

SGI Community Resource Centre



With the final leaves of October dancing to the ground, we step into the embrace of November. The

air grows crisp and days shorten, inviting reflection and gratitude. As we make time for winter relaxation we also encourage our community to keep engaging with our neighbours.

Crisp Festival

We would like to take a moment to thank everyone for the incredible success that was The Crisp. From our volunteers to our performers and presenters, we are so grateful for your participation. We'd also like to thank the community members who came out and enjoyed the festivities. The Crisp Festival 2023 was wildly successful and we can't wait to do it all again next fall. Thank you!

Housing NOW

The Housing NOW team has been working diligently on designing the potential future of the project and our newly begun Connecting People & Places Housing Registry. We are excited about the possibilities this registry service could offer the Southern Gulf Islands – thoughtfully designed with both short- and long-term accommodation opportunities in mind. We can't wait to share – watch this space for updates or visit us on the website at www.sgicommunityresources.ca/ housing-now-home to find out more or sign up to participate.

Sustainable Funding Initiative

Watch for our November newsletter with more information on our upcoming capacity building workshops. Society Toolbox will give participants practical tools to help your organization thrive in demanding conditions, date and time TBA. Coming at the end of November: *Mission Possible!* This session will share concrete steps for building a useful, concise, and clear mission statement. Make sure to check these out and register early. To sign up for our newsletter go to our website at www.sgicommunityresources.ca/nonprofit-support.

Employment Services

Employment Services is ready to help you with your employment needs. If you are a Job Seeker, let's talk about skills and resources that will help you get that job. If you are an employer, we can help you access resources for hiring and training employees. Entrepreneurs and apprentices – watch for more information next month. For more information contact islandsupport@sgicommunityresources.ca or phone (250) 629-3665.

Vitality Business Centre

Looking for somewhere to print documents, laminate files, or borrow equipment for your next big meeting? We can help you with all of that plus more. We are here to help you with your business and personal needs. Stop by and let us give you a hand. We are located in the Community Resource Centre at the Driftwood. If you have any questions, give us a call (250) 629-3665.

Stay warm and connected this fall. Stefanny Lowey





Paul Brent Electoral Area Director Southern Gulf Islands

250-216-5618 directorsgi@crd.bc.ca

www.crd.bc.ca/southerngulf



SGI Community Economic Sustainability Commission

...economic prosperity, social equity, environmental quality

www.sustainableislands.ca

SGI Neighbourhood House



As October yields to November, we embrace a subtle shift in seasons. Crisp air and shorter days invite reflection and gratitude. Join

us in this journey through autumn's warm embrace and continue to engage in strengthening our community.

Food Programs

If you are craving connection and a reason to leave the house this autumn, why not check out our Monday and Friday luncheons? Enjoy delicious home cooked food by talented chefs, great conversation and community building, as well as live music on Fridays. Stop by the Community Hall from 12 pm - 2 pm, Monday and Friday to see what all the hype is about.

Meals on Wheels

If you are or know of a person that may benefit from having home cooked meals (fresh or frozen) delivered to their door, check out the Meals on Wheels program. More information and menu are located on our website www.sginh.ca/programs/food-security or give our office a call (250) 629-3665.

Computer Savvy Seniors

Looking for help with computer needs? We are here to put you in touch with skilled computer wizards. Give us a call (250) 629-3665 or email us at fiftyfiveplus@sginh.ca and we can help put you in touch with someone that can answer all your questions and walk you through all your concerns.

55+ Fall Workshops

This fall we will be running a number of fun workshops to get you out of the house and socializing while learning a new skill. November 1 we will be offering a Jewelry Making workshop at the Community Hall, November 13 we will be offering a "Write your Memoir" workshop either online or in person at the Community Hall, and then on November 21 Debbi Katz will host a Felting Workshop, also at the Community Hall. If you're interested in one or all of these workshops check out our website to register https://sginh.ca/ programs/seniors-programs or give our office a call for more information: (250) 629-3665.

Volunteer Program

We are still on the hunt for members for multiple Volunteer Advisory Committees for youth, childcare, and seniors to support our program on all four SGIs. All it takes is one virtual hour a month and your commitment to help guide our programs. For more information or if you are interested in volunteering to help continue to build a strong community, please contact Karen at volunteerprogram@sginh.ca.

Community Justice Program

And we keep coming! The SGI CJP will be holding in-person circles on our four islands over the next few months. After visiting the islands and Zooming with different community members, we have settled on the topic "Belonging: How Does It Work Here?" If you have attended one of our Community Conversations or visited us in the Red Tent at a Saturday market, we will be sending you an invitation. If you haven't but would like to attend or have more information, just email us at cjp@sgihn.ca.

After School Programs

Have you signed your kids up for our afterschool programs at the Community Hall yet? It's not too late! Contact our office at (250) 629-3665 for more information and registration.

Youth Programs

Wednesday afternoons we will be hosting a Youth Club at the Community Hall. This will be a great opportunity for youth grade 6+ to have fun and socialize with their peers. If you're interested in hearing more about our youth programs contact our office at (250) 629-3665.

As the fall season arrives, we aim for moments of relaxation and community bonding, taking a breather from the bustling summer. Let's remember to unwind and relish the company of our neighbors and community.

Stefanny Lowey

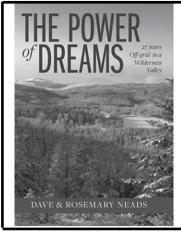
Help Build the Schooner Way – School Multi-use Trail

Pledge to Sponsor a Meter or Become a Founder

Each \$250 pledge will sponsor 1 meter of trail. Sponsor 10+ meters to be a "founder".

Information & Pledge Forms: www.crd.bc.ca/schoonerwaytrail

Pender Island Parks



Join Dave and Rosemary Neads for a Powerpoint presentation about their 27 years living off grid in a wilderness valley. They share their adventures, challenges and successes through slides and some readings in a fascinating look at what a couple in their 40's dreamed about and then accomplished in historic Precipice Valley and the West Chilcotin.

> November 24, 7 pm St. Peter's Parish Hall, Fireside Room 4703 Canal Road, North Pender Island

South Pender Historical Society

The SPHS Board members graciously donate their time to carry out the many activities of the Society, as well as helping look after the grounds and facilities at the Church of the Good Shepherd for the benefit of the community. The Church of the Good Shepherd is one of the only remaining historic structures left on South Pender and many of the early settlers are honored in the iconic memorial garden at the back of the grounds.

We have a board of 10 members at present and a small executive that helps guide our activities. This year's Board has stayed the same as last year with one new addition. We are pleased to welcome Kaya Englestoft to our Board. Other Board members include President Robert Dill, Vice President Barb Pender, Secretary Sandy Aucterlonie, Treasurer Karen Mani Lang, Church Liaison Patricia Callendar, and Membership Sandra Johnson. Members at large include Bert Hol, Elizabeth Spalding, Marg Warkentin as well as Kaya. The SPHS is excited to announce we have received funding to begin interviews and podcasts with WSÁNEĆ elders and pioneer South Pender families to help record the history of family connections to S,DÁ,YES and South Pender. Over the next few months Chris Wakaluk will interview, edit, and make available to the community up to 11 podcasts that will help preserve stories of living and growing up here over the years. We are excited to begin this new project.

Our next social event will be the ever popular Christmas Eve Singalong with Daniel Lapp on December 24. More on that in the December edition of the Pender Post. If you are not already a SPHS member and want to be reminded of upcoming events, lifetime membership is only \$10. Please get in contact with Sandra Johnson at sandrahjohnson@gmail.com to become a member and we look forward to singing with you in December.

Robert Dill

BC Hydro system improvement work along Bedwell Harbour Road

BC Hydro will be upgrading their overhead distribution system along Bedwell Harbour Road from Razor Point Road to approximately Hamilton Road. The upgrades will help improve reliability and provide additional system flexibility to help meet the growing demand for power, particularly in the peak winter months.

Prior to completing the system upgrades, vegetation work is required and includes pruning and hazard tree removal.

Where:	Bedwell Harbour Road from Razor Point Road to East Bedwell Harbour Road
When:	Monday, November 6 to Friday, November 17, 2023
Working hours:	Monday to Friday, 7:30 a.m. to 4 p.m.

Traffic within the work zone will be reduced to single lane and minor traffic delays are expected. Thank you for your patience while we complete this work.



6137

RECREATION AND LEISURE

Canadian Power and Sail

Pender Island Squadron



Do you have your PCOC, otherwise known as a Pleasure Craft Operator Certificate? All

operators of a vessel powered by a motor of more than 10 HP or 7.5 KW must have a PCOC. Failure to possess certification may result in a fine or loss of insurance coverage in the event of an accident. The Canadian Power and Sail Squadron now offers an on-line option for boaters seeking to obtain their PCOC. Simply go to www.boatingcourses.ca and the link will appear on the home page. The course is designed for students to progress at their own pace, is highly interactive, and takes the stress out of learning. The cost of the course is \$49.95.

The Maritime Radio course has also moved on-line and is well worth taking if you do not have your Radio Operator's Certificate (Maritime), often referred to as ROC(M). This course is also highly interactive and focuses on how to use the radio effectively for maritime communications, radio checks, navigational notifications. marine assistance and marine rescue. Again, the course is user friendly and will take you through various scenarios for nonemergency and emergency situations. Again, go to www.boatingcourses.ca to register. Look for the course as offered by CPS Pender Island as we will be your examiners.

Now is the time to prepare your boat for winter: change your engine oil and filter; check your battery; make sure your bilge pumps work; protect your toilets and water system from frost damage; and remove electronic equipment that may be damaged by moisture condensation. Remove cushions and other items that may be damaged by moisture and make sure the vessel is well ventilated to prevent mildew occurring. Make sure the shaft seal is not leaking and all through hulls are closed when not in use. Check your boat frequently through winter and make sure the battery remains charged. Check out the Canadian Power and Sail Squadron website at www.cps-ecp.ca . It offers a lot of information on boating related activities, boater education, and marine environmental awareness.

If you would like to join our squadron, or offer suggestions for seminar topics, then contact me at davidkirsop@yahoo.ca

Thanks for reading and stay safe on the water.

David Kirsop, Commander

Pender Island Garden Club



Last month Theresa Barker spoke to us about conserving water for our gardens. The big takeaway I learned from

that session was mulch, mulch, mulch. You can use leaves, straw, shredded paper, whatever; but you must mulch.

This month is a little different. The meeting will be November 9 at 9:30 am at the Hope Bay Bible Camp. We are co-hosting the meeting with the Pender Islands Conservancy and the Gulf Islands Food Co-Op. It will be a two part event. The morning part of the meeting at 9:30 am will be open to paid-up garden club members and will feature Kristen Miskelly of Satinflower Nurseries for an in-person workshop on turning turf/weeds into a native plant meadow. Woolly sunflower seeds to start your own meadow will be provided to those who bring an empty three inch pot. If you are not a paid-up garden club member this seminar will be \$10. Garden club membership for the year is \$15 per person and \$20 for a family. You can pay by cash or by e-transfer to penderislandgardenclub@gmail.com. Please be sure to include your name, phone number and email in the message box so that you will be on our membership and email lists.

The afternoon session is limited to 30 people. To attend the afternoon workshop – visiting three Pender Island gardens with meadows in different stages of development – the cost will be \$20 and you must pre-register at www.penderconservancy.org/events.

Kathy MacLachlan

Pender Island Golf Club



Another summer season closes.

As always, the autumn season is bittersweet. The

course recovers beautifully from the dry summer stress, but the available playing time gets shorter. The island starts to lose its summer resident players, the number of weekenders starts to decline, and the men's and ladies' leagues come to a seasonal end. Thankfully, this does not mean the end of the golf year as, weather permitting, the course is open all year round. Everyone is encouraged to continue to come out and play. For nonmembers, the honour box is available from November 1 through to March 31. For the low cost of \$25 you can enjoy an invigorating game of golf. You can play nine, eighteen, or as many holes as you like. Just follow the instructions on the envelope. Booked tee-off times are not required, nor available, once the pro-shop closes for the year. Please remember that the course does not open until 9 am.

Thank you everyone that made this such a good year: the captains, the board members, the volunteers, the staff and particularly the golfers, members and non-members. The return of the Bambrick Tournament, an inter-island match, was a pleasant surprise and the club is pleased that so many private tournaments come back each year. For many, it is one of the highlights of their summer golf. These tournaments also provide spin-off benefits to the community in terms of revenue for food and accommodations. I would particularly like to mention the annual Hackers Tournament sponsored by the Port Browning Marina resort. The tournament benefits the Pender Island Junior Sailing Club and many local businesses show their support by contributing prizes.

A nice surprise this year was the opening of Gwailo. Their Asian influence menu has been well appreciated by the golf members as well as by the community at large. Having spoken recently with Mark, he is dedicated to a long term commitment at the clubhouse and to continually improving his menu offerings. I look forward to our ongoing relationship. Gwailo will be open over the winter season.

There are sad moments in every year as members leave the island or pass away. Sharon Slaney and Dorine Mather were long term members that passed away this golf year. They are missed. Dorine was well known for never using a fairway wood, so the 5-Iron Challenge was organized in her honour for her celebration of life, which was held at the club this past September. Our condolences go out to both Sharon's and Dorine's family and friends.

There are happy moments when new members join our club, as many have this year. And there are joyous moments when a member accomplishes the amazing. Congratulations again to Danny Martin for winning a Gold Medal in the BC Seniors Over 55 Golf Championship.

I would like to highlight for the community and members that the Pender Island Golf Club is committed to the environmental well-being of the grounds. We are pesticide free. No harmful chemicals are used in the maintenance of the course and only run-off water, collected during the rainy season, is used on the grass. Only 1.5% of the area of the golf course is watered and fertilized and our fertilizer program is based on fermented molasses. To our knowledge, we may be the only pesticide-free course in the country. To people in the turf maintenance industry what we are doing is unheard of. The club thanks our superintendent, Patrick, and the Monday volunteer work crew for keeping the course in such great condition.

If you get caught on the course during a storm and are afraid of lightning, then hold up your one-iron; even god cannot hit a one-iron. – Lee Trevino Frank Deme, President

Pender Island Otters Swim Club



The good news is that we tters got off and swimming on Win Club October 6 as planned, but the bad side of that was

the pool had a "contamination" issue (exploding baby diaper) that meant we did not have access to the warm pool for the Otter Pups for the entire three hours of our rental time. Quick thinking on our coaches' part had the shallow end of one of our big pool lanes rehousing the Otter Pups, but that also meant the rest of the group were squished into 2 1/2 lanes. It all worked out in the end, but we had to ask parents to be a bit patient as we sorted everything. What a way to start the season!

We are actually at capacity for the number of swimmers we can handle with two coaches on staff. That is great news, but if we could find one more coach we could ease the group sizes down a bit per coach. They can handle it fine the way it is, but if there is anyone out there with a current valid Swim Instructor certificate that could help

us out, it would be wonderful to have back-up. It would be a paid position, and anyone interested can contact us at penderottersswimclub@gmail.com and submit a resume. One also needs a current criminal records check.

Oh, and the other hiccup we had (still in the fixing mode) is that our webpage is down for repair. The service provider quit, and did not send notice that they were going to do so. It was only by chance our Registrar was trying to update the registration information early in September, and found he could not get in. The page was gone. Luckily, our former coach/registrar is still in Victoria and has agreed to work on building the page back, but being down caused a bit of chaos during our registration start-up. So in short – don't try to get to us on our old webpage address. It is toast. We will announce its revival as soon as we can get it done.

We welcome our new Head Coach Jack Savage to our staffing team. Jack has had a lot of experience with swim club coaching so it is great to have his skills to coordinate our groups. He currently is a fourth year Psych major at UVic, and swims with the UVic Vikings Swim Team. He comes from Kamloops and has been Coach and Head Coach for the Kamloops Tsunami Swim Club, and was Regional Coach for the Okanagan Region this past summer. We are very glad to have him on staff, even with our slightly unexpectedly rocky start.

Fingers crossed, it will be calmer in the next few weeks for both our coaches as groups are settled and everyone is having fun swimming.

Helen Lemon-Moore, President



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60% of the \$1,250,000 required to build the new Nu-to-Yu facility at the Driftwood Centre has been raised. Government grants will provide some of the remainder but private donations are also requested.

For information see: https://nu-to-yu.com/our-new-build

To donate to the Building Fund, contact: nutoyudonate@gmail.com



Pender Island Yacht Club



The Story of Copernicus

This month The Pender Island Yacht Club has a special treat for you.

You may have seen *Copernicus*, a wooden two masted sailboat in a schooner configuration, at Otter Bay and in the waters around Pender Island. Andrew Mastalerz, its proud owner, will share with us his relationship with Copernicus, a sailboat that he purchased in 1999 and performed a complete refit in 2011-13 (23 months).

Wooden ships are undeniably romantic, performing sculptures, a testament to our maritime past and an artful union of function and beauty.

Copernicus is a 36 ft schooner designed by Bill Garden, built by Byron Burns.

Andrew has been a passionate sailor for more than 45 years of his life, cruising most summers around the west coast but also sailing to and around Hawaii, Polynesia, and the Baltic Sea. Andrew, who became a resident of Pender island in 2016, lives in Port Washington.

Join us for *The Story of Copernicus* on Monday, November 13 at 5 pm in the Bistro at Port Browning.

If you're curious about joining the yacht club, our racing series or crewing (a great way to learn how to sail), this is a perfect place to connect with us. We'll be gathering in the pub for dinner after the presentation for those who so choose.

A wee donation, members free. *Fiona Percy*

Pender Post Past



November 1973

Remembrance Day brought several services to Pender in 1973. St Peter's Church held a service at 11 am while the Legion invited everyone to a service at the Legion Hall. Members and exservicemen were invited to wear berets and medals. Poppies were on sale at Kents' and Smiths' stores.

The Pender Lender Library at the United Church opened on November 26, and fees were set at \$1.00 a year single and \$2.00 for a family. The Fire Department held the first ever Fireman's Ball on November 17 at the Pender Island Hall with tickets at \$6.00 a couple.

The Ferry Service received kudos for a good summer service but were roundly criticized for the Gulf Islands to Tsawwassen run on the *Queen of the Islands*, a drafty ship not capable of completing her run in bad weather, and questionable if she was always capable of carrying the number of cars she should.

Nep Grimmer continued his recollections of early manhood on Pender. After his return from Agricultural College in 1910 he found his father was retiring and had divided his land into five packets for his five children. Nep and his brother Percy decided to join their land and go into partnership. No easy ride as their father demanded they pay monthly rent and pay for the cows they bought from him. They worked hard that year building cow sheds, shelters for the pigs, and harvesting winter food for the cows. Nep Grimmer then volunteered as a livestock judge at several island fairs but sadly indicated this came to an end with the outbreak of WW1 when such fairs were cancelled. Stav tuned for next month and the December celebrations on Pender.

Val Butcher



WEATHER OBSERVATIONS FOR SEPTEMBER

A	Average Temperatures				
	Max	Min	Mean		
Magic Lake	20.9	10.8	15.8		
"Normal"	20.6	11.0	15.5		

C eptember is sometimes a continuation **J**of summer, but it is also the beginning of autumn. The 2023 Autumnal Equinox occurred on September 23rd. That is the day when the sun crosses the equator on its way south and hours of daylight are equal to hours of night. Average precipitation for September is almost double the average for August. After the comparatively dry months of July and August, we needed some rain. The rain came towards the end of September and exceeded the average for September. The fire hazard dropped from High to Low and temperatures dropped below average for the month. Our wet season had begun, ,and it was time to prepare for winter.

It has been a good summer, with mostly warm pleasant weather and no extreme heat. We could have done with a little more rain, but the garden has done very well, especially the fruit which is the best ever. We always expect and we usually have a dry summer; that is the norm for us and we can be prepared by

Extreme Temperatures

High	Low
28.5 on 2nd	7.5 on 28th
33.0 in 2017	5.0 in 2009

saving water in containers when water is abundant in our wet season. Soon we will be complaining about too much rain.

November is here and winter has arrived. Remember to change the clocks back to Standard Time on Sunday November 5. For much of Canada, even without Climate Change, November means ice and snow and freezing temperatures. Our climate on Pender Island is not the same as the rest of Canada. On average, November is our wettest month, just ahead of January and December; but there are several places in British Columbia that receive a lot more rain than we have. There is a fifty-fifty chance of us getting snow in November and usually not very much, but some of us remember 57 cm of snow in November 2006 when the temperature dropped to -8°C.

Remember Remembrance Day on November 11.

Malcolm Armstrong

COVER STORY



Recently my daschund Maya and I were out for our daily walk. This time we chose McKinnon Road as our destination. At the end of the road, through a small opening between some bushes, on a rocky seaweed covered beach, a gray silhouette stirring around caught our attention. Curiosity got the best of me. I grabbed my Panasonic Lumix digital camera to help me investigate. Its 30x zoom is an amazing feature, which I use as my binoculars. It took some time for me to figure out what kind of a bird it was. It was a Blue Heron! Unlike most Blue Herons I see, which are active, cautiously moving around stalking their prey, this one I almost mistook for a tired old person with the weight of the world on his shoulders. Right place, right time! And I'm happy to share this image with you.

Ewa Jaros

S

Precipitation				
Rain	Snow	Total		
43.0		43.0		
40.7		40.7		



My Dad in France, November 1918

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NUMBERS PUZZLE MCA #36 BY MALCOLM ARMSTRONG

There are twenty-seven numbers in this puzzle and to solve it you must put a number 1-9in each of the remaining fifty-four small empty squares; but there must not be more than one number 1-9 in each row, each vertical column or each group of nine small squares.

I found this to be one of my easiest numbers puzzles to solve and I was tempted to make it more difficult by removing one or more numbers, but I decided that some readers may appreciate an easier than usual puzzle and the more expert among you may not mind. As usual there are more than one correct solutions to the puzzle so I will not confuse the matter by publishing a correct solution. I appreciate the feed back that I have received about these puzzles so please let me know if you find them too easy or too hard or OK.

Malcolm Armstrong

5					2			7
			9			3		
7		9	8	4		6		
	7		5					
					6			8
	5	4			3	1		2
6		1					7	
2							3	
		5				8		4

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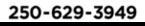
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SEPTIC DESIGN & INSTALL

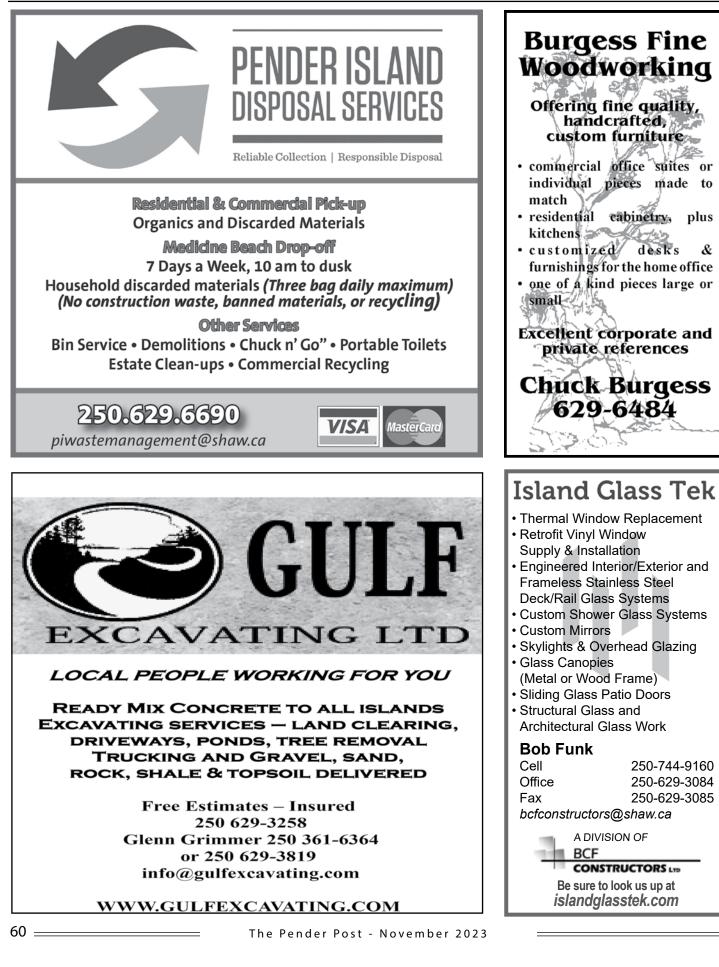
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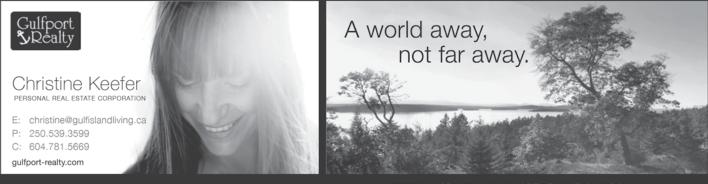


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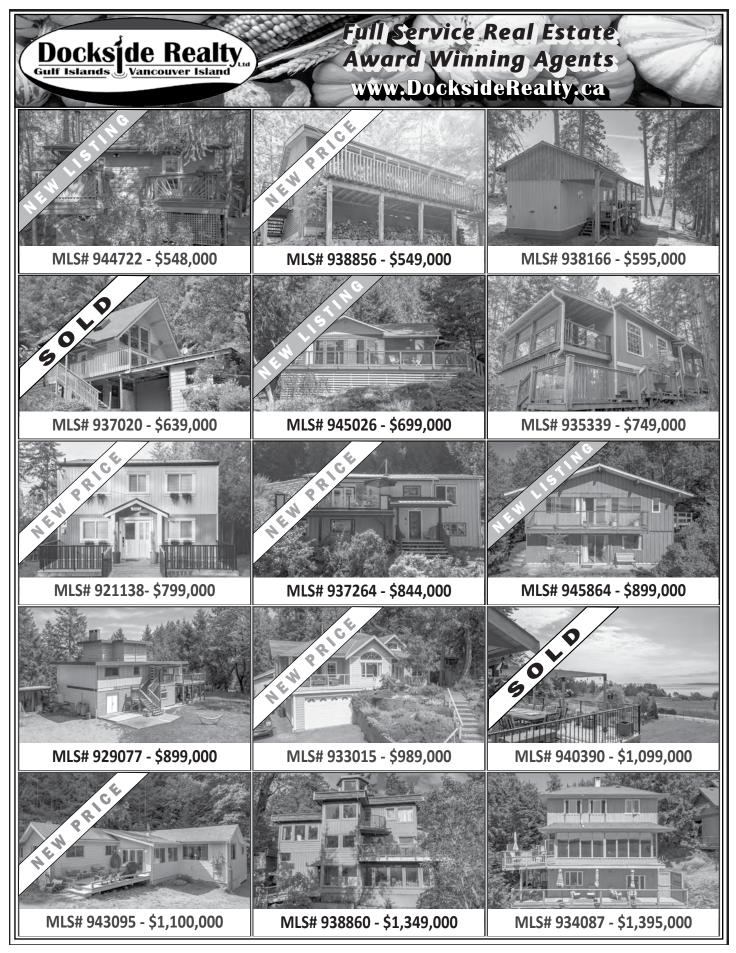
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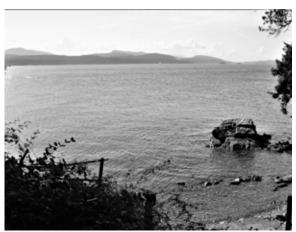
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