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The Pender Post

February 2023

Since 1971

Pender Island's Community Connection
PenderPost.org VOL 52 #635

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JESUS

**“Peace I leave with you;
my peace I give to you. Not
as the world gives do I give
to you. Let not your hearts
be troubled, neither let
them be afraid.”**

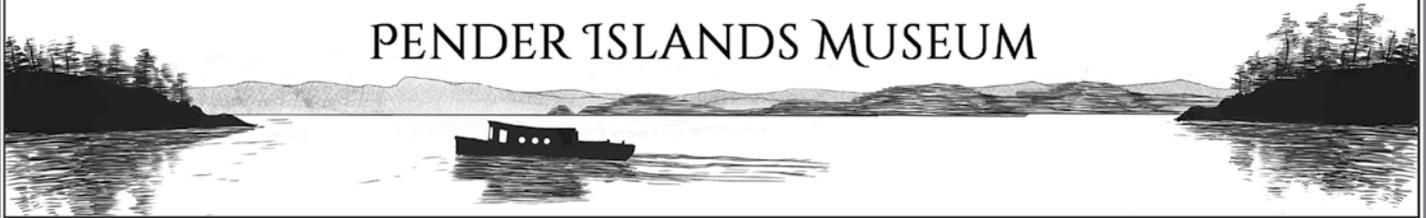
COMMON TABLE Fellowship in Christ

**Come as you are
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Potluck lunch 12ish

They devoted themselves to
the apostles' teaching and to
fellowship, to the breaking of
bread and to prayer. Acts 2:42

PENDER ISLANDS MUSEUM



The museum is pleased to present...

A MÉTIS LEADER AND THE PENDER CONNECTION

When: Sunday, February 19th at 2pm

Where: Community Hall (lower hall)

What: Two notable speakers

Author-historian **Greg Fraser** highlights the intriguing life and times of Métis leader Joseph McKay and his pivotal role in building BC.

McKay's only direct descendants come from his daughter and South Pender community-builder, Liliás McKay Spalding. Her great-granddaughter, **Pamela Spalding, PhD**, joins in to reflect on her Métis heritage with the help of treasured family recollections.

Admission: By donation

Book Signing: After the talk

**LILIAS MCKAY
SPALDING**



**JOSEPH
WILLIAM
MCKAY**

*A Métis Business
Leader in Colonial
British Columbia*

**GREG
FRASER**

About our Presenters

Greg Fraser is a semi-retired educator who taught Canadian, BC, and Indigenous history in the Vernon and Nanaimo school districts as well as a first-year Canadian history course at Okanagan University-College.

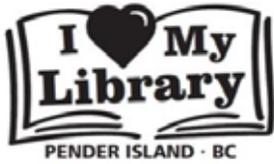
Pamela Spalding, PhD has deep roots on South Pender. She is an ethnobotanist and ethnoecologist who researches how Indigenous Peoples' relationships with native plants reflect their laws and governance.

It's museum membership time!

After a 2-year gap for an in-person annual meeting, please support your museum.

\$10/person or \$15/family

www.penderislandsmuseum.ca



2023 Speaker Series: HERE'S TO YOUR GOOD HEALTH!



About our Speaker

Dr Peter Paré knows his stuff! Retired medical doctor, award-winning researcher, and Pender community builder, it's worth hearing what he has to say on this important topic.

Talk #1: Your Genome: A Roadmap for Your Present and Future Health?

When: Sunday, February 26 at 2 pm

Where: Pender Island Public Library

Who: Pender's own Dr. Peter Paré shares his deep knowledge of the role of the genome as a predictor of health. Presented as part of the *Sunday Afternoon at the Library* series.

What: What's a genome? In people, almost every cell in the body contains a complete copy of your DNA sequence—all the information needed to develop and grow.



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EPICENTRE SPRING BREAK CAMPS!

Contact epicentre@sginh.ca for more details and to register!

Camp #1: Archipelago
March 20th - 24th, 9am - 5pm

On the first day of camp each child will create their individual characters and an island within the archipelago. The week will consist of completing challenges set out on their bingo sheets. Each completed challenge will earn the child a card with a picture of a useful item to set up a town on their island. Each child will need to decide what they want on their island to support the new immigrants that are coming to make their home on the new islands. Maybe a shop, a school, a bank, anything that each child deems necessary for their island. Each island will need to have a name, a flag, a currency and transportation with the island and within the archipelago. The week will consist of hands-on games and challenges in the form of art, science, and physical movement.

Camp #2: Eco-Adventure
March 27th - 31st, 9am - 5pm

Introducing our newest member of the team Joel Michener. Joel has been an Interpretive Guide with National Parks and has led Growing Root Forest Play for Children in Alberta. He has also been a Kids Camp Guide in Calgary and more recently works as Lead Kayak Guide with Pender Island Kayak Adventures. Joel is super experienced and GREAT with kids - they love him and we are very lucky to have him on our team. Welcome Joel. We will explore our local areas while incorporating wilderness survival skills and bushcraft activities. Things like: compass and navigation games, fire safety, knots, shelter building, identifying plants and animals, and fire roasted goodies. Learn to camp and care for the environment with your friends. No experience necessary.

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THE PENDER POST

Is published once a month as a non-profit service to the community. Those who buy an annual subscription to *The Pender Post* and are residents here, are automatically members of the Pender Post Society. The board meets monthly and is comprised of representatives from the various non-profit clubs and societies. To send a new representative, please contact Jan Wallace at secretary@penderpost.org.

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COVER PHOTO

The cover photo comes to us from Rutger Kamphuis. To read the cover story by Mike Wiley, please go to **page 42** or read it on our website at www.penderpost.org.

EMPLOYMENT OPPORTUNITY

The Pender Post Society is still looking for a Production Manager to oversee the preparation and publication of the monthly newsletter *The Pender Post*.

The candidate must have an excellent understanding of the following:

- Adobe products such as InDesign, Photoshop, and Acrobat Editor
- MS Word and MS Excel
- Google Docs and Cloud Convert

The candidate must:

- be available every month from at least the 15th to the 21st
- have a valid driver's licence
- have good communication skills
- have an excellent command of the English language
- have the necessary equipment to perform the task

A complete job description is available upon request. This is a paid position. Please contact Annie Smith (annie-smith@shaw.ca), Vicki Dutton (ivydutton@shaw.ca), or Michel Pelletier (production@penderpost.org).

Annie Smith

PENDER POST NOTES

As you see from the employment opportunity notice, we continue to work towards finding the right person to fill Michel's shoes. In this interim period, please send all reports, submissions, or concerns to Michel. We are grateful that he is temporarily pushing back his retirement date for us.

A big thank you to everyone who renewed or sent in for a new subscription in December. If you suddenly found yourself without your January issue of *The Pender Post* in your mailbox, and had to head off to find a store copy instead, it is not too late. Subscriptions can be arranged at any time by contacting Dianne Allison subscriptions@penderpost.org to find out what you owe until the end of the year. You can also find the information on our website www.penderpost.org.

Annie Smith



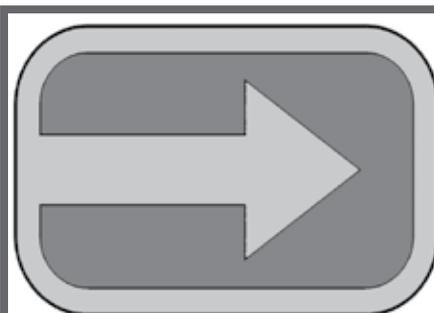
Pender Islands
Health Care Society

Come Work with Us

We're looking to fill relief positions in both **custodial** and **front desk** clinic staff. If you're interested in either of these roles, please contact:

Marion Alksne
execdir@penderislandhealth.org

Or Jane Harrison
assistant@penderislandhealth.org



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FROM OUR MLA



When I was first elected in 2017, I reached out to Peter MacLeod from Mass LBP because I was curious about his “Constituency Project.” As part of his graduate studies, he travelled the country visiting constituency offices to see how they were advocating for and engaging the public.

Peter’s advice led to me creating “The Public Circle.” It is a fancy name for the proactive public outreach work of the Saanich North and the Islands Community Office.

In addition to the advocacy service that my small team does on behalf of citizens living in our riding, I’ve experimented with a variety of tactics to increase consultation and engagement to become a more accessible, transparent, and informed elected representative.

I’ve used live video on Facebook, recorded and published podcast discussions with constituents, hosted community issue-focused Community Dialogues, town hall style Community Meetings, and opened the office boardroom (with video conferencing) to community groups to use for free. All under “The Public Circle” initiative.

As with everything, COVID-19 forced us to re-think some of the tactics we used and was the impetus behind new ones such as the Southern Gulf Islands Forum, a monthly and bi-annual gathering of elected officials in the riding focused on collaborating on multi-jurisdictional issues.

I am excited to reinvigorate “The Public Circle” with another round of

Community Meetings in March. On the Southern Gulf Islands, I will be joined by CRD (Capital Regional District) Electoral District Directors Paul Brent (Southern Gulf Islands) and Gary Holman (Salt Spring Island).

We are confirming the schedule, but for now I hope you will save the date for the meeting in your community and join us in discussion about provincial and regional issues.

In addition, we will be ramping up other community engagement events. If you have a topic that you think I should host a community dialogue on, please contact me at Adam.Olsen.MLA@leg.bc.ca to share your ideas.

The Public Circle Community Meeting will be held on Thursday, March 16, 5:30 - 7 pm at the Community Hall. Visit <https://saanichnorthandtheislands.com/events> for more information, email Adam.Olsen.MLA@leg.bc.ca, or call 250-655-5600

Adam Olsen, MLA for Saanich North and the Islands

IN APPRECIATION

Hola Ignacio and Espousa (I am sorry we don’t know your last name).

Many, many thanks for taking the time to help us with our dilemma on December 21, as we were trying to get to the ferry. The snow plow had been by (many thanks to the road crew), but we got stuck in the snow at the entrance to Pirates Road. As we were attempting to clear our car, you South Pender folks stopped your black truck and shovelled a clear path for us, even driving our car onto the main road.

Your help was sincerely appreciated.

Ken & Carole Sheaves

TRIBUTES TO ELLEN WILLINGHAM

Ellen Willingham Parish priest



Members of the Parish of Pender and Saturna Islands are still reeling with the sadness of losing our beloved Rector and friend. We miss her terribly. Much has already been written about Ellen the farmer, the family person, the community advocate, etc. But here we want to share with you something of what she meant to us as a faith community, which also means sharing a little of her biography.

After high school graduation, Ellen studied nursing with the Winnipeg General Hospital School of Nursing, and graduated as an RN in 1972. She then went on to obtain a Bachelor of Arts degree from the University of Manitoba in 1981, majoring in Psychology and with a minor in Religious Studies. She followed this up in 1986 with a Master’s of Divinity from St. John’s College, also at U. of M. Later that summer she was ordained to the priesthood. Considering

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that women were only first ordained as priests in 1976, she would have been a real pioneer at that time. The photo shows Ellen at her ordination along with her young son, Kevin, and daughter, Janet.

Ellen and her husband, Rob, moved to Pender Island in 1990 and settled into the farming community here. But in April 1994 Bishop Barry Jenks appointed Ellen and Rob as joint-incumbents of the Parish of St. Mary Magdalene on Mayne Island. In 2003 the Parish of St. Margaret of Scotland, Galiano Island, was added to their care. In addition they were both asked to provide pastoral care, Bible classes and marital counselling to people living on Pender Island.

In June of 2009 Ellen received the honour of being appointed Territorial Archdeacon for the Region of Haro, which meant she was the Bishop's advisor and contact for a region of about ten churches. But then four years later Rob resigned as co-incumbent from the Parish and Ellen took short term sick leave to have her knee replaced. Early the following year Ellen was still struggling with the recovery from this, and was facing the need to have replacement surgery on the other knee, so she gave her notice of resignation to Bishop Logan McMenamie and officially retired at the end of May 2014.

Her retirement didn't last long, however, because in April 2015 Ellen was offered and accepted the position of "priest-in-charge" (part time) of the Parish of Pender and Saturna Islands.

So, that is a very condensed synopsis of Ellen's path to becoming our Rector, but although brief, it speaks volumes about the amazing woman she always was. The following paragraphs contain fond reminiscences from Parish members, adding to the picture of not just a wonderful woman but of a much loved and cherished Parish priest:

"Ellen touched my heart and it still aches now that she has gone. She was always there for me when I needed her, and I felt such joy when I answered a ringing phone and realized it was Ellen calling."

"We remember Ellen inviting our young, visiting grandchildren to visit her farm

(over 20 years ago) to talk to the goats and other animals. She was so kind they still remember that day."

"When we moved full-time to Pender Ellen welcomed us with an enthusiasm and warmth that we now know was her style and approach to anyone and everyone she met. Her strong faith and beliefs were apparent in her life and her actions. She truly lived her faith."

"We will not forget Ellen's spirited participation leading the Anglican contingent in Pender's first Pride Parade with joy and humour and commitment to making our world a safe and welcoming place for everyone."

"While visiting Pender on our boat we met Ellen and Rob and got into a long discussion about what brought them to Pender. They shared their ideas of what is important in this life, and counselled us to make the decision to move here. They spoke from experience, and from truly caring for us - at that time perfect strangers. We will always cherish that charity. I suppose it was their Christianity working within. Many New Year's Eve get-togethers were spent at the Willingham's house, where they shared all of their food with a whole assortment of friends. Truly they had no pretences or hidden agendas, they were just a giving, generous couple."

"We loved listening to Ellen's stories about her experiences when she was overseas. She did a lot in her life. It was also impressive to find Ellen joining in all our work crew efforts, from landscaping to scouring the kitchen. And she always brought delicious pots of soup and munchies to Parish Council and Administrative Committee

meetings. She had a wonderful sense of humour, especially when dealing with situations that were just ridiculous - such as when technology ambushed her and a filter on Zoom turned her face green!"

"Ellen was such a warm, interesting and interested person who was able to relate to everyone. She made me feel that she was fully involved in the conversation we were having. When she spoke about her experiences in training, both for nursing (along with psychology) and for ministry, and also in her work overseas, her experiences were made so very real. She reflected the needs of the people she was helping and how they reacted to her ministering to them. She never complained about the hardships encountered in her ministering to others. She would laugh about the encounters she had, many that would have terrified a less courageous person. Ellen's homilies contained a comforting warmth and reality, enabling a close identification with the characters in the teachings of the scriptures. I'm still finding it difficult to believe that she will no longer appear with us at St Christopher's on Saturna."

"Ellen had a gift for meeting people where they were at, at that particular time of their lives, and accepting them for who they were. She was so non-judgemental."

"Ellen came to us on Saturna by water taxi once a month. She was a sailor and didn't complain on those days when the boat was bouncing up and down and the ocean spray was hitting the windshield. Bringing us the Eucharist was important to her. Her sermons were down to earth, frequently touching on justice issues, and sometimes stirring some listeners to



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voice disagreement. She made a point of following up if this happened, and reaching out to the dissenter/s. She was a people person and sometimes she had to be dragged away from tea and conversation after church in order to get to the water taxi in time to go home. She was also flexible and open to trying new ideas in worship in order to accommodate the needs of our Saturna congregation.”

Finally (well, almost) here is a lovely quotation from Ellen herself, written on her resume:

“In decision-making I consider myself to be an emphatic democrat. Liturgically, I am a carefully progressive moderate. In theology, I am practical rather than academic. And socially, I hope I am right in describing myself as friendly and easy to know.”

Tara Syracuse, HR administrator and assistant to the Bishop, wrote from the Diocesan office in Victoria “Ellen was deeply loved by her colleagues and is greatly missed.” (And then in an informal exchange she said “She was a pretty darn special lady.” Amen.

Ellen was our spiritual leader, our friend, our rock, and an incredible role model for all of us in this complicated and challenging world. Even during last summer’s struggle to recover from her broken thigh and Rob’s terminal illness, Ellen was there for us: in pain, in hospital, in a wheelchair, later using a walker, she insisted on fulfilling her promise to officiate at weddings and funerals and she cheerfully continued to “check in” with those who needed her wise guidance or gentle empathy.

We miss her terribly, and will continue to do so for a long time.

Patricia Callendar - On behalf of the Parish Council of Pender and Saturna Islands

Mary Reher remembers Ellen Goodbye, Ellen

There is a price tag that goes along with living many years in a small community - there’s no running away when the really painful parts happen, as they must, eventually. The loss of Ellen Willingham has struck me deeply. There are so many memories because of her multifaceted life and willingness to give to the community - the Farmers’ Institute, Fall Fair, Farmers’ Market, Reconciliation Circle, and more. I knew Ellen and Rob years ago in the therapy room, when they provided pivotal help to me at difficult junctures of my life. My family, the Willingham family, and others were part of special Easter gatherings at Bill and his late wife Tekla’s house, happy times when our children were young, that we will always remember. When our son Keenan was a bit older, Ellen was once again supporting him. This is what Keenan (now 26) texted to me after he heard that Ellen died: “Very sad. I have fond memories of her putting goat cheese in my violin case when I busked. It was my favorite.” I think Keenan valued that home-made goat cheese almost more than the money he earned busking at the Market! He remembers it, almost 20 years later. I understood my grief more deeply, when I read his comment.

The other context in which I knew Ellen was in her capacity as Minister of the Anglican Church. Many years in December, Ellen would phone and ask if I wanted to play at the Christmas Eve service. Following in my father’s footsteps as a musician offering special music at Christmas, I took part in many of these services. It was here that I understood the nature of Ellen’s spirituality. She was very clearly ‘Love in Action.’ Her style of Minister-ing made more sense to me than any other approach to Christianity that I have witnessed. I listened to Ellen’s words spoken to the congregation, and I could “see” her - experience her humble

humanity laced with a deeply spiritual vision of how life could/should be lived. In her authentic words, I recognized her Light. I will always be grateful that our lives intersected.

REMEMBERING

Dorine Leona Mather

March 11, 1930-December 1, 2022



It is with broken hearts that we announce the passing of a long time resident and well known Pender Island golfer, Dorine Mather. She was 92 years young when she left us and had her spirit and wits right up to the end. She was sharp, witty, and liked to enjoy life. A good laugh shared with friends made her happy. She enjoyed leisure time spent with family and friends.

Dorine was born to Ted and Leona Malmas in Wetaskiwin, Alberta and spent her youth in Alberta. She enjoyed figure skating and motorcycling before moving to BC in 1947, and married Wilfred Mather on November 30, 1951. They resided in Langley for several years, then they moved to Kootenay Lake and then to Saturna Island in 1963. The family moved to Delta, BC in 1965 where her husband found employment with BC Ferries. They spent many years around the ferries moving from Delta, Ladner, Saturna and settling on Pender Island. They bought the property



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in 1965 and built a cabin and, when Wilfred retired in 1991, they moved to their summer home permanently.

There were about 200 people on Pender Island when they first came here and she got to know most of them during those early years.

Dorine worked in administration for several mining companies in downtown Vancouver for many years, before joining Herb Ivens and Ottho, Souch and Maguire in Ladner where she enjoyed a long employment.

Dorine loved to sew and knit and created clothing for herself and her family and friends. She often would buy clothing then bring it home and change it to what she had envisioned.

For many years she was very active at the golf course and over the years Dorine won many trophies and tournaments. It was a sad day for her when she gave away her golf cart and gave up the game she loved.

Dorine was active at the Legion and was a mainstay at the Saturday Meat Draw, where she was very lucky and usually won something every week. She looked forward to the weekly meat draw and getting out to see everyone.

A surprise 90th birthday was planned for her at the Legion in March 2020 and had to be cancelled, three days before her birthday, as that's the week the world shut down due to COVID.

She was predeceased by her sister, Eloise and brother Don. Dorine lost her husband, Wilfred and youngest son Roy in 2005. Her eldest son, Lionel, continues to live on Pender Island.

She will be lovingly remembered by Lionel and her many nieces and nephews and their families. Dorine had many friends on Pender Island and will be missed by all who knew her.

A celebration of her life will be held in the spring.

Kathy Haggitt

CELEBRATION OF LIFE

Mary (Bunty) England



There will be a funeral and tea and Celebration of Life held for Bunty England at St. Peter's Anglican Church on Bedwell Harbour Road on March 4, 2023, at 1 pm. Bunty died on October 27, 2022 in Saanich at the age of 96. Her funeral, scheduled for December, had to be postponed due to snowy weather. Come say a belated goodbye to Bunty following a funeral service at 1 pm and share your memories. All are welcome.

The England Family

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February Vitamin SALE !

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In the heart of the cold season, many of us like to boost our diet with vitamins and supplements. A multivitamin can be an excellent addition. Make sure you choose one that has both vitamins and minerals to maximize benefits from these supplements. If you are on blood thinners, be aware that some brands may contain Vitamin K, which is not recommended as it may interfere with your medication.

Canadian recommendations for vitamin D, during winter, are between 1000-2000 units per day. The needs are less during summer as our skin, when exposed to sunlight, can transform inactive vitamin D into the active form (D3). If you have kidney failure or if you are vegan/vegetarian, make sure you ask your pharmacist which formulation of vitamin D would be best for you.

Vitamin C can be a good idea, as some studies suggest it helps the immune system. Eating more citrus is also a healthy way to get your daily dose of vitamin C. High doses of vitamin C are not proven safe, so we do not recommend taking over 500-1000mg daily.

There are plenty of options for vitamins--ask your pharmacist for information or recommendations.

Remember that a healthy diet and exercise is the best way to keep you healthy for life.

Monday - Friday 10am-6pm
Saturday - Sunday 10am-4pm

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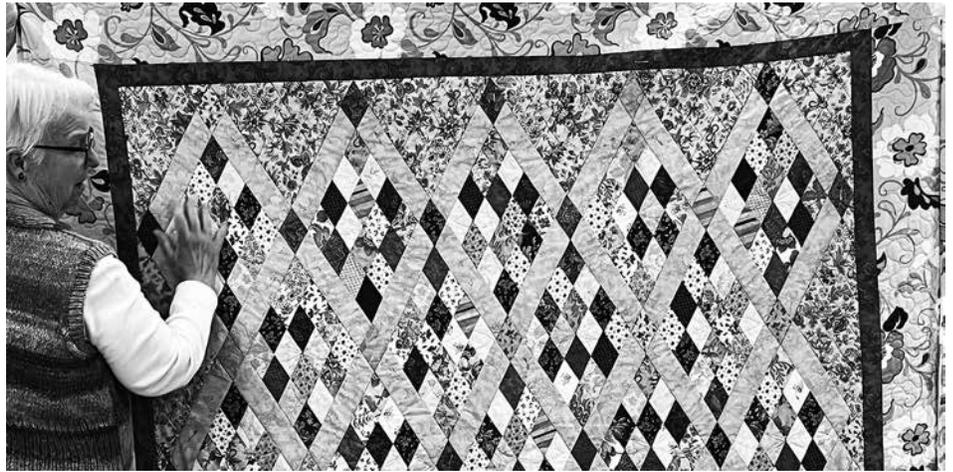
Pender Island Community Choir

It's still not too late to join the choir! No experience necessary - just a love of singing. Sabrina has selected a good mix of popular and traditional music, which will be fun to sing at the final concerts in May. If you wish to join, please come to a Monday rehearsal at the Community Hall, Youth Choir at 5:15 pm and the Adults Choir at 6:30 pm. For more information, visit the website at tinyurl.com/penderchoir.

At the time of writing, the AGM has not taken place (January 23), but we thank those who have stepped forward to fill positions on the Board. We especially thank Graham Garlick, who has been our steadfast President for the last several years and has steered us calmly through many financial and pandemic issues and changes of directors. All the behind-the-scene hours you have spent have helped the choir continue throughout these difficult times. Our best wishes for all your travels in the future!

Choir members who still have music from the Fall session, please return to the music folder in the Community Box at Dockside Realty, Driftwood. We're almost there - let's sing into spring!

Terry Shepherd,
Communications Liaison



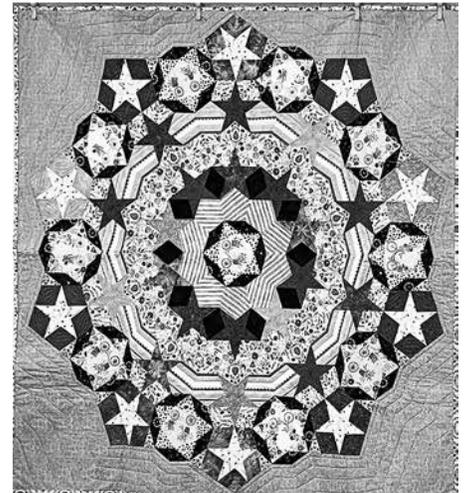
Martha Deme's Diamond Quilt

Pender Island Quilters' Circle

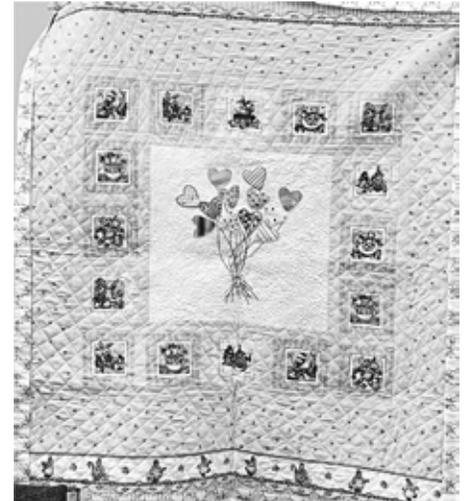


A record 18 members of the Quilters' Circle gathered together on January 9 to initiate another calendar year of quilting. This included two new members (Denise and Helen) who we heartily welcomed. The January project was "Hearts" led by Laura, in preparation for Valentine's Day. Three examples were provided which featured appliqued hearts and were designed as a wall hanging or table décor. As always, the projects were optional and some of our quilters continued to work on their own projects. Several of our quilters had started one of the Valentine projects and shared their work in progress. It is always gratifying to view the individual creations and the various adaptations of the patterns and choice of fabrics.

Bring and Brag



Heather Duncan's Hand Sewn Quilt



Susan Underhill's Child Hearts Quilt

- Karen W. shared a Christmas wreath block pattern as a table runner.
- Martha shared a bed quilt in a pieced diamonds pattern; she started this 12 years ago and is determined to finish it.



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- Heather shared two hand sewn lap size quilts; it is always interesting to see how Heather overlaps a quilting pattern on a pieced pattern.
- Susan U. created a soft pastel version of the Hearts project that would be delightful for a young child.
- Eleanor and Norah brought examples of the fabric bowls we will be sewing in March.
- Martha suggested that we bring quilt tops we have created but haven't yet quilted, but would like to finish someday soon! This could be a group quilting therapy session, where we unload our guilt and get motivated to complete the projects.

Our February session will be held on Monday, February 13, 9:30 am - 12 pm, at the Anglican Parish Hall. The featured project will be *Table Napkins* led by Barb Tarris.

Quilter's Philosophy

A commonality among avid quilters is the propensity to have multiple projects in various stages of completion. We'll be happily piecing together a quilt design and then take a break. This is where we go astray with *Pinterest*, or *Missouri Star YouTube* videos, or *Tula Pink* fabrics, and so on. Before completing the current project, we are off on another quest with the most engaging pattern ever and these projects pile up, creating "quilter's guilt". I encourage you to let go of the guilt, embrace the creative meandering and do as you please, whether it is quilting or some other crafting passion.

Laura Vilness

Pender Photo Club

Our January meeting was simply delicious! The theme was chocolate, and after the first image our mouths were watering and we were wishing that we were meeting in person along with our gourmet photographic subjects. Wrapped chocolates on a tray had been turned "painterly" using SnapSeed, chocolate-covered Marzipan pictured with Christmas greenery also became a painting through the magic of PhotoShop. A chocolate kiss on a spoon, chewy chocolate chip cookies pictured with Scotch, pfeffernusse, and After Eights had us salivating. Chocolate cows and happy faces, constructed using chocolate biscuits and orange sections, were fun and humorous. We readily recognized the longing in the pointing finger of a child behind a Granville Island chocolate display case.

Our meetings

You can tell they are lively - held on the first Monday of the month, and the February Zoom meeting is scheduled for February 6 at 7 pm. We welcome all photographers - contact ursboxler@gmail.com for the link to the meeting. Submit photos in advance if you like, or just come to see the images and share in the fun.

The theme for February is "Indoor Architecture." not as mouth-watering as chocolate, but equally challenging photographically. Odd angles could be fun.

Diane MacDonald

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Pender Solstice Theatre Society



Keith & Tilly receiving some gifts when Keith retired from the Solstice Theatre Board, watched over by their beloved Sunny.



Keith and Tilly Smith are moving away, and Solstice Theatre will miss them.

Keith had his acting debut in Kelly Irving's version of *A Christmas Carol*. After that, there was no holding him back. He has acted, directed, designed and built sets, and presided over many successful Solstice seasons. He and Tilly initiated the idea of a Christmas pantomime with kids, costumes, and mayhem. As well as being the Dame and the weird Lady in these Pender extravaganzas, Keith has worked tirelessly behind the scenes, rigging and designing lights and revamping our costume trailer. There was nothing he couldn't do. And Tilly was the creative genius behind all those fabulous Panto costumes, cutting, sewing, designing, and creating out of whole cloth a feast for the eyes.

Whether it was sailing, volunteering at the golf club, or on and behind stage with Solstice, Keith and Tilly have contributed mightily to island life. We are losing two extraordinary people, and they will be missed by their many friends and accomplices. We wish them well in their new home in Courteney. And we thank them for the fun and pleasure they have given us.

Evan Llewellyn

PIJazz

Mark February 18 on your calendar! PIJazz is back with another swing dance at the Hall from 7 - 10 pm.

Our dance in December was so much fun, we can't wait to do it again. We had some great dancers (and great comedians) which kept us all laughing and made the night fly by.

As last time, tickets are \$15 available at the door, or in advance at Ptarmigan Arts website and Talisman Books & Gallery. Children and students are free - families are welcome. Deirdre Knister does a great job teaching new steps as the evening progresses. So if swing dancing is new for you, there's a way to learn your way around it.

With Bryce Woolcombe directing and playing alto sax, we've got some fun new big band standards worked up and, of course, we'll be playing your old

favorites as well.

As always, we'd love to welcome more musicians into our group. We rehearse at the Anglican Parish Hall on Thursday nights from 6 - 8 pm. Feel free to drop in and see what's going on - we're a community band and welcome all levels of skill. We've even got Ladi Holovsky creating custom arrangements for our particular mix of instruments for any particular gig.

Kathy Curtis

Ptarmigan Arts



Happy February, lovely Penderites! This is my first article as the Creative Director with Ptarmigan.

As you can imagine, it's been pure joy working with Lauren and Lisa to get up to speed with all the community events and programs that are happening. I'm sure I'll meet you 'around town;' don't be shy to introduce yourself and repeat your name often please.

Block Printing Workshop

We are excited to have Stefani Williams of OMDL Coastal back for another block printing workshop on February 11 at the Community Hall! Participants will learn about linocut printmaking and have the opportunity to create their own design on a tea towel or tote bag. Included in the registration fee are the tools and materials needed to continue making prints at home. The workshop is happening from 2 - 5 pm and the cost is \$85. Subsidies are available.

Mandala Painting Workshop

Journey through the Colours of the Rainbow with this upcoming Mandala Painting Workshop facilitated by Ulla Rembe. The program runs from February 12 to March 26 on Sundays from 2 - 4 pm at the Community Hall. Over the course of seven weeks, this group will explore the seven chakras or wheels of life, and each participant will get to create their own beautiful Mandala in the colours of the rainbow, while experiencing the therapeutic and healing qualities of painting and drawing within a circle shape. The cost is \$85 for seven weeks, which includes all materials. Subsidies are available.

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Ptarmigan Arts AGM

All Ptarmigan Arts general and artist members are invited to join us for our annual general meeting at 7 pm on February 15 at the Community Hall. We will be giving reports on the past fiscal year's financial statements, programs and operations, and the Gallery, and will be sharing about what's coming up for the organization. Please RSVP to let us know you're able to attend.

Shred Kelly Concert

Ptarmigan is proud to present alternative folk rock band Shred Kelly from Fernie, BC on Thursday, February 16 at the Community Hall! Local youth musicians, Sóley Ella May and Isabelle Muir, will be playing an opening set. Doors open at 6:30 pm and the show starts at 7 pm, tickets are \$25/adult and free for youth 16 and under, available on our website or at Talisman Books & Gallery. The band's striking and energy-packed sound has evolved from their eclectic musical influences and their unique experiences as individuals. Their progressive pairing of acoustic instrumentation with electric counterparts, harmonies, and driving rhythm, continues to develop and reach new heights. See the **back page** for the colour display ad.

Community Gathering

Every Friday from 12 - 1 pm we get together at the Community Hall for live music from local artists and homemade soup, in partnership with the Community Hall, Ptarmigan Arts, and the Community Resource Centre. This month we'll be hearing from Deer & Coyote on February 10, Judy Buerk on February 17, and The Dine and Dash (Dobro Bob, Elizabeth Miles, Enzo Marino, Howard Southwell) on February 24. The artist for February 3 will be announced shortly.

The Gallery at Ptarmigan Arts

We have three exciting solo shows in the Gallery this month! Until February 5, view the works of Jordan Hamson. February 8 to 19, Gillian Turner will be displaying her pieces. On February 22, *Of The Earth* opens with works by Dina and Conrad Kaiser. New this year, is a selection of small items from local artists that will always be in the

Gallery for your creative gifting needs. The Gallery is open Tuesday through Sunday, 11 am - 3 pm.

For information and to register for any of the above programs or events, please visit our website ptarmiganarts.org.

Alice Karolina

COMMUNITY SERVICES

Community Support Programs

Maintain Your Independence (MYI)

January - February MYI Classes

Classes are available for drop-in participants; classes are \$7 to drop in and are at the Community Hall. If the cost poses a hardship, contact Community Support for assistance. Many thanks to the CRD/Pender Parks and Recreation Commission for its financial support of the MYI programs. To register call 629-3346 or email andrea@penderislandhealth.org.

Essentrics with Heather - Wear comfortable clothing and bring a yoga mat, Mondays to February 27, 11 am - 12 pm

Moderate Yoga with Krista - Wear loose clothing and bring a yoga mat, Tuesdays to February 28, 9:45 - 10:45 am

Tai Chi with David - Wear comfortable clothing, Tuesdays to February 28, 11 am - 12 pm

Gentle Walk with Andrea - Bring good walking shoes and a hat or umbrella if it's wet, Wednesdays, year-round, 10 - 11 am

Moderate Yoga with Krista - Wear loose clothing and bring a yoga mat, Thursdays to March 2, 9:45 - 10:45 am

Chair Yoga with Erin - Wear comfortable clothing, Thursdays to March 2, 11 am - 12 pm

Better at Home

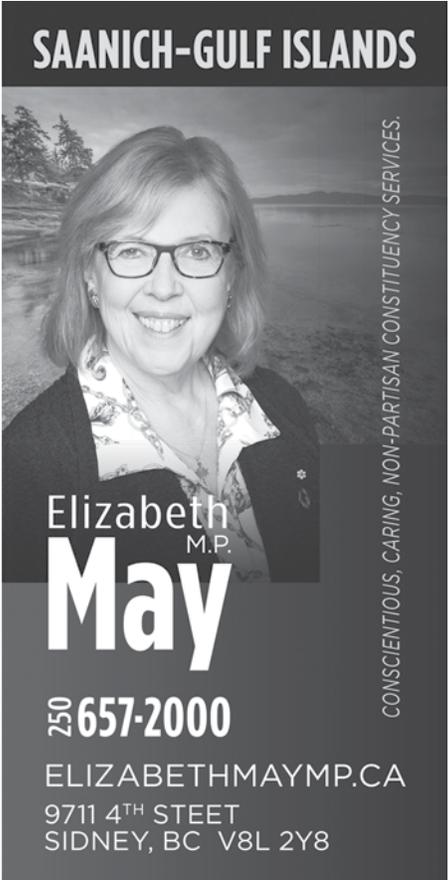
Better at Home contractors and volunteers play an important role in supporting and helping older adults maintain their independence and remain active in our community. The program provides a range of non-medical home support such as light housekeeping and yard work, home maintenance and

repairs, caregiver relief, assistance with errands, transportation, shopping, and friendly visits.

Are you interested in volunteering? Volunteers are matched with clients based on mutual interests. Imagine you would like to learn how to quilt or craft, or are fascinated by stories of living in foreign countries, or would like to hear how someone built a log house from scratch. There are lots of really interesting older adults on Pender who are willing to share their experiences with you.

Are you interested in becoming a paid contractor? Contractors are matched with clients based on skills, interests, needs, time availability, and mutual interest. When the match is made, they can assist their clients in many ways. Typically, clients request help with cleaning, yard work, recycling, basic house maintenance, and sometimes support of a person they provide care for, so they have time for some self-care.

Better at Home volunteers and contractors are in a position of trust with their family. As such, you will need to have a Criminal Record Check,



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Are you an older adult (particularly one with limiting health conditions) and interested in a bit of help or greater connection? After a visit with the Better at Home coordinator to assess your needs, we will try to connect you with a volunteer or contractor. If you require a contractor, then a subsidy may be applied based on your annual income. The number of contractor hours you receive is based on a variety of factors including age, number of clients in the household, isolation, inability to drive, and significant and limiting health conditions.

If you are interested in volunteering, please leave a message for Andrea at 629-3346 or email andrea@penderislandhealth.org.

If you are interested in becoming a contractor or client, please call Bill at 629-3346 or email communitysupport@shaw.ca.

Andrea Mills

Epicentre

2023 Family Passes

Please renew your 2023 Family Passes (\$130). Benefits include reduced registration fees and facility booking fee, drop-in ability when there are no programs, and newsletters with advance notice of our upcoming programs.

Note

The Epicentre is closed for cleaning every Sunday 10 am - 1 pm. No bookings or drop-in visits permitted during that time.

Winter Programs

After school programs: Kids Club, Mondays; Theatre Club, Tuesdays; Science Club, Wednesdays; Sewing Club, Thursdays, and Youth Sewing and Crafts Night later on Thursdays. Fridays 10 am - 4 pm is Learning with Karen with hands-on exploration using the Montessori teaching method.

New Staff

Introducing our newest member of the team, Joel Michener. Joel has been an Interpretive Guide with National Parks Canada and has led Growing Roots

Forest Play for Children in Alberta. He has also been a Kids Camp Guide in Calgary, and more recently works as Lead Kayak Guide with Pender Island Kayak Adventures. Joel is super experienced and great with kids - they love him, and we are very lucky to have him on our team. Welcome Joel.

Spring Break Camps

Archipelago Camp,

March 20 -24, 9 am - 5 pm

On the first day of camp each child will create their individual characters and an island within the archipelago. The week will consist of completing challenges. Each completed challenge will earn the child a card with a picture of a useful item to set up a town on their island. Each child will need to decide what they want on their island to support the new immigrants that are coming to make their home on the new islands. Maybe a shop, a school, a bank, anything that each child deems necessary for their island. Each island will need to have a name, a flag, a currency, and transportation for the island and within the archipelago. The week will consist of hands-on games and challenges in the form of art, science, physical movement.

Eco-Adventure Camp,

March 27 - 31, 9 am - 5 pm

This camp explores our local areas while incorporating wilderness survival skills and bushcraft activities. We will do compass and navigation games, fire safety, knots, shelter building, identifying plants and animals, and fire roasted goodies. Learn to camp and care for the environment with your friends. No experience necessary.

Please visit our Facebook page and our website <https://sginh.ca/>. Look for 'Epicentre' under 'Programs' in the drop-down menu.

To register your child in a program or renew your Family Pass, please contact epicentre@sginh.ca. In-person registration, renewals, and payments (cash or cheque) can also be made at the Southern Gulf Island Neighbourhood House office (part of the Community Resource Centre at the Driftwood) on Mondays, Wednesdays, and Fridays from 10 am - 4 pm. To enquire about payment plan options or financial

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support contact Melody at mpender@sginh.ca.

If you would like to sponsor a family or provide financial support for families requiring assistance, we'd love to hear from you - contact Melody Pender at mpender@sginh.ca.

Come join the fun and learning at the Epicentre!

Serena van Bakel

Islands Trust

North Pender Local Trust Committee



I feel like it has been a dark winter in many ways. As we move into the spring

I am looking forward to more hours of sunlight, the growing season, and a productive local agenda within our North Pender LTC.

This spring we will be digging into the Land Use Bylaw to refine work done last term. Please ensure you are coming out for our Community Information Meeting from 1 - 4 pm on Saturday, February 25 at the Community Hall to share your thoughts, ask questions, and generally inform what happens on our island. We will also have a section of this meeting set aside to discuss the broader Islands Trust budget and are looking for concrete feedback on that as well.

Information on the Islands Trust 2023-24 budget can be found here: <https://islandstrust.bc.ca/about-us/accountability/budget/>

Information on the North Pender Land Use Bylaw work so far can be found here:

<https://islandstrust.bc.ca/island-planning/north-pender/projects/>

See the ad on **page 30**.

If you are providing feedback to the budget, while you should use the process above, you may also want to cc your feedback to the Financial Planning Committee - fpc@islandstrust.bc.ca and/or all Trustees - trustees@islandstrust.bc.ca. To most effectively have your budget concern, or other concerns you may want to communicate, heard, please:

- be to the point
- be brief
- name the issue
- suggest a solution
- sign your letter with your name and island
- do not use a form letter

Trustees get a lot of email and to be able to process your concerns, it is important that they can actually be able to read all of it. I highly encourage letter writing campaigns as they are effective at getting across a larger issue or concern that many people may share, but do not use a form letter as they come across as one person's opinion that is being amplified by those they have convinced, instead of as authentic concern from a broad range of citizens.

Thanks to all who phoned in regarding issues of bylaw enforcement. If you want to report something directly to bylaw enforcement please be sure to email bylawenforcement@islandstrust.bc.ca and please also copy the NPLTC and our new planner to make sure we are all informed at:

- Aaron Campbell
acampbell@islandstrust.bc.ca
- David Maude
dmaude@islandstrust.bc.ca
- Deb Morrison
dmorrison@islandstrust.bc.ca
- Brad Smith
bsmith@islandstrust.bc.ca

I am aware of the various issues of bylaw enforcement across the island. Part of our work with our Land Use Bylaw review is to ensure that we are able to enforce effectively where we, as a community, see an issue and that we remove excessive regulation where we do not think there are issues that are a community concern. However, there are other agencies such as Vancouver Island Health Authority (VIHA), the CRD, as well as various federal and provincial agencies that also have bylaw enforcement. At the trust level, I asked for a review of bylaw enforcement, broadly to see how we can best address issues arising from our complex bylaw enforcement context more systematically, instead of having to react each time folks feel put out by enforcement.



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Please be aware that you do live in the Trust Area and as such there are increased environmental protections. We love our beautiful community and the environment in which it sits, so please think about your impact on all of us and check with the Trust before you engage in land transformations or shifting uses. It makes for a better, more healthy community if we are proactively working to implement the intent of our Official Community Plan together. This is a small and tightly knit community; we need to work together to resolve any conflicts between our own personal liberties and the larger community wishes.

Have a good spring Penderites! Be safe, well, and thrive.

Deb Morrison

Magic Lake Property Owners' Society

Magic Lake Tennis/Pickleball/ Playground Park Quiet Zone

Just a reminder that this park closes at dusk and is a quiet zone after that time. Noise in the later evening has been a challenge for surrounding neighbours. Please pass this information along.

King Tide at Thieves Bay

The very high king tide brought the water right up to the road and the breakwater. Investigations into protecting the road for future events will be undertaken.

Speed of Vehicles

This continues to be a challenge in Magic Lake particularly along Privateers Road and at the children's playground. Please be considerate and slow down! 50 km max - 30 km passing the park.



Paul Brent
Electoral Area Director
Southern Gulf Islands
250-216-5618
directorsgi@crd.bc.ca

www.crd.bc.ca/southerngulf

CRD

MLPOS Cistern Rebate

There have been a few more inquiries for a cistern rebate in the last month. Keep them coming! Cisterns can help to future-proof the predicted longer, drier summers. If this interests you, email notifymlpos@gmail.com for more information.

CRD Cistern Rebate

And for others on Pender, here is a link to the CRD rebate program to register for next year's wait list <https://form-can.keela.co/cac-2023-rainwater-future-interest>.

For more on what the Magic Lake Property Owners' Society does for, and with, the residents of Pender Island, have a look at our website www.magiclake.ca.

The next MLPOS Directors meeting, on the second Monday of the month, is Monday, February 13, 2023, 4 pm at the Community Hall Lounge.

Mary Beth Rondeau, Secretary

Moving Around Pender

MAP



In keeping with the season of New Year's resolutions, much of the January 2023 MAP meeting was devoted to a brainstorming session about priorities for MAP activities over the coming year and beyond.

It was unanimously agreed that the bottom line is MAP wants to make transportation on Pender Island safer, in particular for those not in cars. There are plenty of hazardous sections of roads for Pender's cyclists and pedestrians, one being Scarff Hill as pictured.



Scarff Hill - one of many dangerous sections on Pender's roads

A key priority is to re-vitalize the membership. If you are interested in transportation trails for pedestrians and bicycles, if you want to make walking and cycling safer on the Islands, if you want to advocate for public transportation, please join us. We meet the first Saturday of the month at the Community Hall at 1:15 pm after the outdoor market or 1 pm after the winter indoor market.

One unique activity of MAP is to advocate for, and develop, trails on private land. There are many generous folks on Pender who want to allow walkers to cross portions of their land, but are worried about liability. To address this, MAP has partnered with trails groups on the other Gulf Islands and Salt Spring to acquire a liability insurance policy that covers private land owners, when they do allow a trail on their land.

The result is some frequently used walking trails, including the Valley Home Farm Trail, the George Hill East Trail, the Armadale Loop Trail, and Monty's Trail, linking the Hall and the Auchterlonie Centre (Library and Nu-To-Yu). Many thanks to the community-minded Penderites who have allowed these trails.

MAP wants to do more of such trails, so if you have an appropriate property get in touch with us!

Another item discussed was the Pender Island speed limit. Presently it is 50 km/hour except for dangerous sections.

SGI Community Economic Sustainability Commission

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MAP member Dr. Don Williams, referred to data that shows that severe and fatal injuries are markedly lowered by reducing the speed limit to 40km/hr. What do people think? Don plans to test the water.

Next meeting Saturday, February 4, 1 pm at the Community Hall.

Peter Paré

Pender Island Child Care Society

Dragonfly Child Care & Family Resource Centre



A huge thank you to Otter Bay Express Courier Service for their kindness, generosity, and wonderful service.

Dad n' Me Pancake Breakfast

Dad n' Me Pancake Breakfast is held one Saturday per month from 9 - 11 am at Dragonfly. Join Pamela Wadge and Chris Carrier on February 25 as they flip pancakes, sizzle up some bacon, and brew coffee and tea. This is a fabulous program for children and their dads, uncles, grandpas or friends to come out for a free breakfast, socialize with other dads, play with their children and their children's friends, and give mom the morning off!

Parents and Babes

Parents and Babes is offered every Monday morning (except the holiday on February 20) from 9 - 11:30 am at Dragonfly. This is a free drop-in program for parents, grandparents, caregivers, and their children ages 0-5 years. Come out and enjoy healthy snacks, adult and children interactions, developmentally appropriate toys and books, and the adult and child book lending library. Thanks to Victoria Foundation and the Pender Island Child Care Society, this program is free.

Healthy Opportunities for Preschoolers (HOP)

HOP is every Wednesday in the gym from 9:30 - 10:30 am. Come on out and join Rowie as she sets up obstacle courses, a ball pit, basketball, bowling, trikes, toddler scooters, and plasma cars. HOP is designed for parents/grandparents/caregivers to engage in

physical activities and support children ages 1-5 years with gross motor skills. Stay until noon and join Jenny in the Strong Start room. Thanks to the Pender Island School and the CRD, this program is free.

Parent Self Care and Children Resource Kits

Please help yourself to our free parent self-care and children resource kits available at Dragonfly's front door each Monday morning. Thanks to the Victoria Foundation for their generous contribution to support this project.

Book Bags

Children develop as readers by listening to books, reading and describing the pictures, using memory to read, and following along the text with fingers and then turning the page. You are welcome to sign out baby board books, picture books, or parent resources. Thanks to the Times Colonist Literacy Society and Talisman Books and Gallery for their generous contributions to support our library.

Dragonfly website

Check out our website www.dragonflycentre.ca for more information about our programs, helpful parent blogs, and recipes.

If you would like further information on Dragonfly activities, you can contact Sarah at 629-3039 or by email dragonflyfamilycentre@gmail.com.

Sarah Conley

Pender Island Community Service Society

Nu-To-Yu (NTY)



We are nothing if not adaptable. Nu-To-Yu's 50% off Boxing Day sale took place on December 30 after a power outage closed the store, and most of the island, on December 26. Thank you to all who stood in line and braved the weather. Thank you to the volunteers who rearranged their schedules to open the store during what normally is a Christmas break for NTY volunteers. The sale was very successful.

Donation days are Tuesday and Thursday mornings from 9 am - 12 pm. Please pack like with like and feel free to phone ahead to see if NTY can accept your larger items such as furniture, rugs, lamps. Your Aunt Mabel's rocking chair for example, or Uncle Eddie's chainsaw-crafted 10 foot high eagle which is missing the beak. Before you haul, give us a call at 629-2070 on donation day mornings.

Our selling days are currently limited to every Friday from 10 am - 4 pm. We will endeavour to be open Saturdays of long weekends, with the next Saturday opening being February 18 of the Family Day Long weekend. Feel free to bring your own shopping bag to tote away your purchases. Small denomination currency please. The Nu-To-Yu does not accept credit or debit cards or off island cheques.

Heaven forbid Nu-To-Yu should profit from what many see as a commercial event - Valentine's Day. With profits going back to the community in the

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form of grants and bursaries, please feel free to purchase your Valentine gifts at Nu-To-Yu. Clothes, yarn, books, china, and jewelry can all be found in good condition at NTY. If you have seen it at your Aunt Mabel's, chances are it will be at Nu-To-Yu eventually. Helpful hint: it's best not to purchase back the item your partner recently had you part with. Rumour has it that you simply cannot win with that trick.

Nu-To-Yu is no longer accepting winter outdoor donations as there is no room to store these items over summer. Please hold on to winter clothing including boots until September 2023. Christmas decorations will also be accepted again in the autumn. Now is the time to donate Easter items and spring/summer clothing. Rain hats, umbrellas, and children's galoshes are always in need.

The month of February is often a stormy one. Unsafe driving conditions and power outages anywhere on North Pender will result in the store's closure for donations and/or for store purchases. This decision is made early (by 9 am), and not reversed even if roads improve or power is restored a few hours later.

If in doubt, phone the store after 10 am. If no one answers, the store is unfortunately closed and the volunteers are at home manning their own fires. Thank you for your consideration.

Daurel Minion

Pender Islands Conservancy

KELÁ_EKE Kingfisher Forest



Please visit our website www.penderconservancy.org for our announcement

regarding the KELÁ_EKE Kingfisher Forest campaign. Thank you Pender Island for your support of our efforts to protect sensitive ecosystems on Pender Island - now and always!

Why do we protect lands?

Protecting lands is a vital endeavor that helps ensure the preservation of critical and sensitive natural habitats, biodiversity, and ecosystems for future generations. As many of you can attest, the process of fundraising and purchasing land for protection can be mentally and emotionally taxing, but

the effort is worth it. While it does feel wonderful when it is successful, we wouldn't have been able to embark on two fundraising campaigns in two years without the support of our community, and partnering with Raincoast Conservation Foundation. The support of our community, through financial contributions, volunteer efforts, and the so important "Thanks for doing this, how can I help?," has always been instrumental in making land protection campaigns successful.

Christmas Bird Count 2022

On December 17, 39 souls braved an ideal day of no rain, light winds, and above zero temperatures to take stock of the avian inhabitants we share Pender Island with during the 123rd Annual Christmas Bird Count. From that effort: 86 species were identified, over 5400 birds were detected by observers, over 72 kms were covered looking for and counting birds; our combined effort was over 67 hours, 10 of which were by feeder/yard watchers.

Some notable observations during the count were a pair of Green-Winged Teals at Hope Bay, three American Coots at Magic Lake and the Roe Lake marsh, four Red-throated Loons along the shores of Plumper Sound, a Northern Saw-Whet Owl in Kingfisher Forest, a White-throated Sparrow and American Kestrel at the Community Centre, several Brewer's Blackbirds, and an over-wintering Townsend's Warbler.

These unofficial results will be combined with the results from both Mayne and Saturna Islands, to be reviewed and finalized before being officially submitted to Birds Canada and the National Audubon Society. Once that is done, the final results will be shared with all.

John Peetsma

Conservancy Restoration Saturdays from 1 - 3 pm

Small steps for big impacts! Instead of investing a full day, just come down for an hour or two on Saturdays for some invasive plant removal or planting of native species. Thank you to the hardy crews who helped remove Daphne from S'DÁYES Flycatcher Forest and Danny Martin Park in January. Locations for

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February will be announced on the website or let us know if you would like to be on the email list at info@penderconservancy.org.

Christmas Bird Count for Kids

We thank the brand new birders, including a baby, a toddler and a “whole person” for coming out to the CBC4Kids and earning their new Pender Birder badge. Our first CBC4Kids without the beloved veteran Jill Ilsley! It turned into a very wet day so double thank you to Rob, Ally, and Carlo at Slow Coast Coffee for the shelter, fire, cookies, and amazing hot chocolate.

The wigeons won the day, but three coots were spotted as well! Thank you to the volunteers and mentors: John Peetsma, Bob Vergette, Stuart Scholefield, Elizabeth Miles, David Manning, Dan Baxter, Kathleen Durant, David Boyd and the always wonderful Meredith Boyd (once a participant, now graduated to mentor).

Explore Beyond Our Shore

Naturalist Field Walk at Swan Lake Christmas Hill Nature Sanctuary

Our first field trip of 2023! This month’s Naturalist Field Walk, led by Don Peden, will be taking place at Swan Lake Christmas Hill Nature Sanctuary on Friday, February 10.

Take the day to enjoy the natural beauty of Swan Lake Christmas Hill Nature Sanctuary. Located in Saanich, it is a peaceful retreat for all to enjoy. We will take a leisurely walk on the easy 2.5 km boardwalk trail, surrounded by trees and the tranquil waters of Swan Lake. Observe the diverse bird species that call the sanctuary home, including grebes, geese, and ducks. For those who want more of a challenge after the walk around Swan Lake, you can walk up to Christmas Hill.

In order to limit our impact and to share costs, we plan to help organize carpooling. We will depart on the 9:10 am ferry and return on the 4 pm ferry. Bring your own lunch to eat at the sanctuary. Don’t forget to dress for the weather, bring binoculars, and wear appropriate footwear. Further details will be sent via email following registration at

penderconservancy.org/events or email us at info@penderconservancy.org.

Volunteer leaders are always welcome! Contact us at info@penderconservancy.org for more information or if you are interested in volunteering to lead a walk.

Conservancy for Kids (C4K) joins the Community Gathering for Friday Fun on February 17 from 10:45 am - 12 pm.

Native plants, so vital and true, help keep our ecosystem new. They provide food and homes for all, so let’s plant them big and small. Let’s get more native plants out there and have fun at the same time. Let’s make some Seed Bombs!

We plan to join the Community Gathering every month on the third Friday, so if you miss this one we will see you next month.

February Seminar

Sharp-tailed Snakes and other Reptiles of the Gulf and Vancouver Islands with Carrina Maslovat, Friday, February 17 at 7 pm at the Community Hall. Carrina Maslovat is the owner and manager of Maslovat Consulting, a highly successful environmental consulting firm. She is a botanist and ecologist by training but since 2018, she has been entranced by Sharp-tailed Snakes. Working closely with colleague, Laura Matthias, they have been surveying for this rare subterranean species and have developed a ground-breaking survey tool using environmental DNA to help detect this elusive species. She is passionate about ecological restoration and protecting Species at Risk, plants and animals alike. Her talk will cover how to identify these rare, elusive snakes, where to find them and why they are so important in Garry Oak ecosystems.



*Sharp-tailed Snake,
photo by Carrina Maslovat*

She will also share her recent research into using lab analysis to detect trace amounts of DNA and what you can do to help protect this threatened species.

Sustainable at Home Workshop Make your own laundry soap

Thank you to Pender’s own Green Witch, Kathy Cronk and Testing Fairy, MaryAnne Paré, and the Pender Island Community Hall for the successful workshop. Have you guessed which invasive plant can be used for making laundry soap? English Ivy! We will be taking February off, but plan on returning in March for another Sustainable at Home workshop. Do you have any thoughts about what you would like to see at a workshop? Do you have a sustainable idea you would

 <p>PENDER HOME MONITORING</p>	<p>250-999-7977 INFO@PENDERHOME.COM</p> <p><i>Professional Management Services</i></p> <p>CUSTOM SCHEDULES WEEKLY - MONTHLY - STORM</p>
<p>PROPERTY CHECKS MECHANICAL MAINTENANCE TRADE MANAGEMENT ALARM RESPONSE INSURANCE REPORTS VIDEO MONITORING</p>	

like to teach others? Contact us at info@penderconservancy.org.

Membership renewal time!

Don't forget to renew your Pender Conservancy membership for 2023. This is the Conservancy's 30th anniversary and we're looking forward to lots of celebrations of past, present, and future conservation initiatives. Your \$20 annual membership (for individuals or families) helps keep our education, monitoring, restoration, and research programs running; as a member you will also receive our monthly e-newsletter, and 20% off all native plants during our plant sales! Memberships can be renewed online through our website, or in person at the Nature Centre. Thank you also to everyone who selects #5 on the Tru Value Spirit Board to further support our conservation efforts on Pender Island.

Sue Kronen

Pender Island Emergency Program

Dining in the Dark Cookbook



In addition to monitoring pagers and radios for her position as Pender Island Emergency Coordinator, and sending Situation Reports to the CRD during December's snowstorms,

Joy Thierry Llewellyn has been extra busy during the past few weeks as...a cookbook editor!

When Area Emergency Coordinator Brigitte Prochaska came up with the idea of creating a cookbook of dishes that could easily be made during one of our many power outages, a call for recipes went out to residents of the five Southern Gulf Islands: Pender, Mayne, Galiano, Saturna, and Piers. There were many contributors whose submissions were then included in a draw for three awesome prizes.

Joy has assembled the recipes, formatted them, and edited the booklet, titled *Dining in the Dark: A Southern Gulf Islands Cookbook*. It currently contains over 50 recipes, everything from breakfast (Wood Stove Apple Pie French Toast) to main courses (Linguine with Clam Sauce) to desserts (Ultimate Campfire S'Mores Dip). Contributors included personal touches, like stories of how the recipe originated, their tweaks to the recipe, and what heat source they used for cooking. Apparently, you can cook just about anything on a BBQ or a wood stove!

Some recipes were taken from publications, which meant permission needed to be granted from the original sources in order to use them. One recipe dated back to 1966, when it was published as a Centennial project by an organization which no longer exists. That required a bit of research, but Joy was ultimately successful in finding the source of the recipe and obtaining permission to reprint it.

What's next for *Dining in the Dark*? When it's completed, it will be available

as a PDF download or a printed hard copy. There are even ideas like expanding into a cooking contest - think of the TV show *Chopped* but with chefs from the different islands battling it out to create the most original and delicious dishes that can be made without electricity.

OK, maybe it's not enough to make you wish for another power outage, but at least you know you can be well fed until the lights come on again.

Liz Gowen, PI Emergency
Program Co-coordinator

Pender Island Farmers' Institute



The Pender Island Farmers' Institute has several events planned for 2023 - some that have been on hold for the past three years due to the COVID pandemic - so with fingers crossed mark your calendars.

Seedy Saturday

Seedy Saturday is back on Saturday, March 18 from 10 am - 1 pm at the Community Hall. There will be seeds for sale or exchange, native and domesticated plants and plant starts, farm and community groups, seed libraries, along with winter market vendors. Guest speaker will be Lisa Willott, the Vancouver Island Seed Coordinator for Farm Folk City Folk, courtesy of the SGI Food Co-op. More details will be in the March issue of *The Pender Post*.

AGM

Pender Island Farmers' Institute AGM and Potluck will be in-person this year on March 24 at the Community Hall.

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Potluck will be at 6 pm followed by the AGM at 7 pm. Guest speaker will be South Island Regional Agrologist Megan Halstead. Everyone is welcome to attend, we would especially like to see new, retired, and active growers and farmers.

School Planting Day

The date for the School Planting Day in May is to be announced.

Farmers' Market

Pender Island Farmers' Market will be every Saturday from May long weekend to Labour Day weekend - 9:30 am - 1 pm at the Community Hall. We welcome all returning vendors and new vendors to apply for the new season. We require that everything be made, baked or grown on Pender Island. The Farmers' Market started in 1978, so this will be our 45th year! We will be having a vendors' meeting in April. There will be special attention to health authority requirements for food vendors. Applications, rules, and regulations are on our website www.pifi.ca.

This will be the third year of the Wednesday Food-Only Market. We will be running this market in the barn behind the hall from June to September this year, and will also have the barn open most Saturday markets starting later this spring. Both markets are members of the BC Association of Farmers' Markets.

Fall Fair

The 58th Pender Islands Fall Fair will be held Saturday, August 26 at the Community Hall. Planning is underway, so start working on your entries and mark the date on your calendar. We will be needing lots of help to re-start the fair, so don't be shy. For those people new to the island, we will be having a parade, livestock and poultry, children's exhibits and games, agricultural and rural art exhibits, farmers' market, music, food, games and community displays. The first fair was in 1932, with two gaps for WWII and COVID. It's a great time to see what people like to do, to show off what you love to do, while getting together with new and old friends. To return your trophies from the last fair, please call Trinette Prior at 629-2213 or email trinette@shaw.ca. Information will be on the website

www.pifi.ca. If you would like to help or join our committee, please call or email Barb Johnstone at 250-222-3817 or penderislandmarket@gmail.com.

Barbara Johnstone

Pender Island Fire Rescue



As of January 18, APIFR members have responded to 16 emergency calls and finished 2022 with 315 calls.

2023 will undoubtedly be a busy year for our organization. This past year may have been our most pressing recruitment drive. I am pleased to announce that four successful applicants have begun their journey to become fully trained interior firefighters and first responders. This is an extremely involved process and their dedication should be commended; no doubt you will see these new members out in community events and on emergency calls soon enough.

Planning is well underway for our Southern Gulf Islands Cadet Camp March 20 - 25. This week-long program introduces 16 students to the exciting world of emergency services. They will be involved in interior structural firefighting, auto extrication, high-angle rope rescue, marine search and rescue, medical components, and most importantly building self-confidence. I look forward to sharing more about this program as we approach it.

One important life safety initiative for 2023 is that the PIFR fire prevention team will be reaching out to the island's short-term vacation rental property owners to provide a complimentary fire safety assessment of their accommodations

ensuring the safety of their customers and users of their services. These properties are becoming more prevalent and given the nature of the occupancy, generate a higher community risk, so in providing this assessment our team can help identify life safety non-compliance to help the owners provide a safe place for guests to stay while enjoying our islands. Please feel free to contact our administration at 629-3321 to book this assessment for your property. Sincerely

Captain Jon Grelik,

PIFR Fire Prevention Team

Pender Island Health Care Society

PIHCS

New Doctor



As far as the Health Centre board of directors and many patients are concerned, we're still in the waiting room.

Dr. Gerry Moore retired as of December 15, 2022, and the position has been advertised by Island Health since last spring. A doctor from another rural area in BC expressed great interest. He visited Pender Island during the summer to see the island and the local facilities and meet with people at the Health Centre. The board was fairly confident that a new doctor for our community had been found by late summer.

Unfortunately, a contract agreement between the physician and Island Health (the employer) could not be reached after significant effort by both parties. As a result, the position has been re-posted.

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In the meantime, we are working with available locum programs to fill the vacancy while we await a more permanent solution. Our current hard-working medical providers, Nurse Practitioner Adams, and Drs. Knight and Amyreem are taking care of urgent situations as well as managing their individual caseloads.

The board has a package of information about our community and the Health Centre, which is made available to any potential physician candidate expressing interest.

New Speaker Series

To launch the Health Care Society's new speaker series, island resident Dr. Peter Paré will present *Your Genome: Your Roadmap for Present and Future Health?* The first of a series of talks titled *Here's to Your Good Health* will be held at the Library on Sunday, February 26 at 2 pm as part of the Sunday at the Library series.

Almost every cell in our bodies contains a copy of the genome, which contains all the info a body needs to grow and develop. Dr. Paré, a member of the Health Care Society board of directors, will explain all of that much more thoroughly than we can attempt here. See our ad on **page 4**.

Chiropractor Services

Dr. Penny Paterson, DC is the new chiropractor at the Health Centre, taking over from another retiree, Dr. Mark Wensley. She has tried to make the transition for patients as easy as possible by continuing to use the same phone number 629-9918. Call that number for an appointment or send an email to drpenny11@gmail.com.

Mental Health Services

Adrienne Moya holds the position of adult short-term assessment and treatment clinician. Her support, free of charge, is available on Tuesdays at the Health Centre. To set up an appointment, call Salt Spring Mental Health and Substance Use Services at 250-538-4711.

Come Work with Us

The Health Care Society has a permanent part-time opening for a medical office assistant. If you have a working knowledge of office procedures and work well with people, maybe your future is behind that long counter at the clinic. See our ad on **page 5**.

To express interest or for more information, please contact Jane Harrison, the medical clinic lead administrator or email assistant@penderislandhealth.org.

*Vicki Dutton for the
Communications Committee*

Pender Island Lions Club



Such a fun afternoon on January 1, 2023, for the Polar Bear Swim at Port Browning. A huge thank-you to Ryan MacLeod, manager at Port Browning Marina Resort for honouring the tradition of allowing us to host the event in front of the Marina Office and for supplying us with hot chocolate, electricity, the barbeque, and one of the four prizes! Ryan really went above and beyond. Thanks also to the paramedics who stood by to ensure the safety of all, to Gary Goodman for his great MC skills and equipment, and to the Legion

for helping with the condiments for those great hotdogs. Unfortunately, the ground was too soggy to be safe for a bonfire, but we still would like to thank Ron Henshaw for supplying and delivering the firewood. As always, thanks to our Lions members for the giving of their time and enthusiasm for this event and especially to Ripley Stafford, our Lions Bursary Student who was such a great help manning our registration booth and taking photos.

Congratulations to Will Stephens, Anne Marie Holmes, Laurie Clarke, and Herb Katz for winning best in their category and thank you to Islnd Grl Collective, Pender Chocolates, and Port Browning Marina for donating the prizes. Hope those certificates are hanging in a place of pride!

No doubt you will have already received your 2023 Telephone Directory in the mail. What a Herculean effort by Dave Dryer, Michel Pelletier, and Island Graphics to put it all together. The residents of Pender thank you. Extra copies can be purchased from Pender Island Pharmacy.

Our sincere apologies to Thomas Boland of Lightning Taxi for missing your Yellow Pages submission. We feel just terrible about it. Would everyone please add a note to your phone book to include them at 629-2222.

If you are interested in more information about our local Lions Club or want to know about upcoming events, please visit www.penderlionsclub.ca or or drop us a message to penderislions@gmail.com. We Serve.

Gail Standing-Forsyth

Pender Island Museum Society

Never too late to say "Thanks"



First off, a big thank-you for your support during the museum's 5-day special Christmas event, December 26 - 30. The guest book shows that most of our 257 visitors were local.

One of the museum's major goals for 2022 was to rebuild museum visitation after two pandemic years. We set a target of 2,000 visitors and we ended the

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Author Greg Fraser and ethnobiologist Dr. Pamela Spalding reflect on the life and times of BC Métis leader, Joseph McKay, and his South Pender family connections.

year with 2,187 visitors. Not quite up to our 2019 record year, but an excellent recovery. In the words of one visitor during Christmas week, the museum is "a treasure for our islands." The same is true for this community!

And museum activities are already under way for 2023...

February's history talk

Plan now to attend the museum's in-person speaker presentation on Sunday, February 19 at 2 pm at the Community Hall. It will be the highlight of our annual meeting. See ad on **page 3**.

We welcome Greg Fraser, author of *Joseph William McKay, A Metis Business Leader in Colonial British Columbia* (1829-1900). It promises to be "an intriguing look at the accomplishments and contradictions of Joseph McKay. When examining the history of British Columbia, one would be hard-pressed to find an Indigenous person who so successfully navigated the echelons of colonial power as did McKay."

As Fraser notes, McKay was "a product of his time, who found personal success working within the colonial system and... a complicated figure when viewed through a twenty-first-century lens."

The Pender Connection

Joining Mr. Fraser is Pamela Spalding, PhD, Joseph McKay's great great-granddaughter. McKay's only direct descendants today came through his daughter, Liliias, who married South Pender settler Arthur Spalding in 1889. Like her father - who founded Nanaimo - Liliias was a remarkable woman whose community legacy continues to this day. Pamela will reflect on her Métis heritage through treasured family recollections.

A brief annual business meeting follows the speakers and intermission. Talisman Books & Gallery will host a book signing and sale.

Museum Membership Time!

We'll have a membership table at our February 19 meeting at the Community Hall. It's been a struggle to connect with members over the past two years, so, please, do come out and support your local museum. If you can't make it, here's how to renew your membership or become a new member:

- Go to penderislandmuseum.ca, click on the "Support" tab; scroll down and open the "Donate" button, and follow the prompts. Be sure to add a message that your "donation" is for a membership. You will receive a tax receipt immediately.

- Send a cheque with your name, address, email, and phone number to: Pender Islands Museum, 2408 South Otter Bay Road, Pender Island, BC V0N 2M1. To print a membership form, go to penderislandsmuseum.ca under the "Support" tab.

Simone Marler, President

Pender Island Parks and Recreation Commission



As we begin a new year, Parks and Recreation is looking to the future.

There has been quite a bit of turnover on the Commission in recent years. We are hopeful greater stability has been found for 2023. We want to recognize the considerable contributions of Hans Tammemagi and Tim Frick over the past several years. Hans, our longest serving member, served in many areas, most importantly the scribe for our monthly article for *The Pender Post*. Tim, a strong advocate for dog parks and accessibility, will be missed for his leadership as the most recent past Chair.



Gary Gee of the GreenAngels plants a Douglas fir in the Enchanted Forest.

Photo by Davy Rippner

We are pleased to welcome Lisa Baile and Erin O'Brien as our newest Commissioners. Both Lisa and Erin are active in many areas of our community, including preservation and restoration of natural habitats.

One of our core tasks is the maintenance of our parks and trails. We are very fortunate to have Ben Symons as our maintenance guru. If you notice maintenance work needed, please contact penderparks@crd.ca and we will get word to Ben.

We have initiated a Native Plants/ Invasive Species committee led by renowned island author, Barry Mathias. Invasive plants and deer negatively impact many of our parks and trails. Very little is regenerating naturally and "bad" guys are reproducing with abandon. We plan to work closely with the Pender Island Conservancy, park volunteers, and other groups, to whack a bunch of invasives and plant trees and shrubs.

On January 10, a group from the Conservancy, the GreenAngels, and PIPRC planted and caged 50 young trees (all native species) at the Enchanted Forest on South Pender. More plantings are planned before the end of February.

A major Parks initiative is the development of trails. PIPRC is pleased to be cooperating with Moving Around Pender (MAP) to lay the groundwork for a proposed trail along the roadside from Danny Martin Ballpark to the school. This involves a lot of coordination, cooperation, and no shortage of regulations. We are working with the Ministry of Transportation and Infrastructure (MOTI), residents along the trail route, the CRD, and others to try and bring this to fruition.

For some time, we have considered installing a dock at the west end of Magic Lake to protect the shore from erosion. The first hurdle was to secure the License of Occupation from MOTI which holds the land. This is done. The next hurdle is getting Islands Trust to zone the park as a Park! Once this is done, we need to build it. Some people support, and some oppose. Nothing new here.

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DRIFTWOOD CENTRE

There are a considerable number of canoes stored or abandoned at this site and we are considering our options for cleaning up this area. In the meantime, if you are storing a canoe at Magic Lake, please take it home to reduce this unsightly mess.

We have received concerns about the beach access at Panda Bay (Harpoon Road). Ben is endeavouring to make repairs to the existing stairs, but it is not simple. Any work must be vetted by three levels of government. It takes time, costs more than it should, and in the end may not get done.

An off-leash dog park previously operating adjacent to the ballpark was opposed by some residents. It remains closed. We continue to seek a solution for dog owners. In the meantime, many folks have taken it upon themselves to turn several existing parks into de facto off-leash dog parks.

We continue to seek ways to improve our parks for the recreation and enjoyment of all, recognizing all the disparate interests and opinions. In March, we have scheduled a session to review our Master Plan and, as a Commission, to chart a path forward. If you have ideas, please send them along to penderparks@crd.ca so we can incorporate them into our plans.

George Leroux, Chair

Pender Island Public Library

AGM



The Library's AGM will be held on Wednesday, March 8, 2023 at 9:30 am at the Library, all welcome!

Garden Project

Our Garden Project is proceeding with clearing and levelling of garden beds - we're excited for the upcoming delivery of new soil and planting of native seeds and plants to attract bees and butterflies. We will also replant the bulbs and plants which were dug up and saved prior to clearing. Thank you to Braedon and Kalani for their careful and excellent landscaping work. The addition of the new safe pedestrian paths away from cars and parking lots is much needed and appreciated by families with kids and people with mobility issues. Stay tuned as we work on this long-awaited project throughout 2023, funded by donations and grants from Island Savings.

Sunday Afternoon at the Library

Our popular speaker series reopens this month with local authors Zoe Landale and Kate Braid reading from their latest novels on Sunday, February 12 at 2 pm, books available for purchase. We're also pleased to announce a new partnership with the Pender Island Health Centre in co-hosting a new speaker series called *Here's to Your Health* with the first speaker, Peter Paré, sharing his significant knowledge of the role of the genome as a predictor of health on Sunday, February 26 at 2 pm. Mark your calendars and come enjoy events featuring local Pender people!

Art in the Library

We are proud to exhibit new artwork by local artist Douglas Sieberg, *Watercolours and Wonder*, on display January and February. Are you a local artist who would like a chance to show your work? We have exhibit space

available in 2023 and would love to partner with you; amateurs welcome!

Donations

Thanks to Marie Cloutier for her generous donation of kids' books in French, which helps support our local kids learning French. The library is looking for books on CDs - these audiobooks meet a growing need by patrons with vision impairments. If you have gently used books on CDs that you'd like to donate, it would be much appreciated.

Books of the Month

This month, the Library will display books and resources to celebrate Black History Month, which focuses on recognizing the daily contributions that Black Canadians make to Canada. We invite all to learn more about how Black Canadians continue to help shape and enrich the story of our communities.

New Books in the Library

Adult Fiction

The Almost Wife (Gail Anderson-Dargatz), *The Personal Assistant* (Kimberly Belle), *The Mitford Affair* (Marie Benedict), *All the Broken Places* (John Boyne), *The Night Travelers* (Armando Lucas Correa)

Adult Mystery and Sci-Fi

Upgrade (Blake Crouch), *Code 6* (James Grippando), *Into the West* (Mercedes Lackey), *The Cabinet of Dr. Leng* (Douglas Preston and Lincoln Child)

Continued on page 32...



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Anglican Church of Canada

Parish of Pender and Saturna Islands • 4703 Canal Road

February 5	10:00 am	St. Peter's Hall	Holy Eucharist
February 12	10:00 am	St. Peter's Church	Holy Eucharist
February 19	10:00 am	St. Peter's Church	Morning Prayer
February 26	10:00 am	St. Peter's Hall	Circle Service

Church Office: 629-3634

Bookings for the Parish Hall: rentals@pendersaturnaanglican.ca

Parish E-mail: admin@pendersaturnaanglican.ca

Pender Island Community Church (PICC) (www.picchurch.ca)

4405 Bedwell Harbour Road - We are a non-denominational church, all are welcome! Please visit our website

February 5	10:45 am	Dan Glover	Communion Service
February 12	10:45 am	Judy Neil	Worship Service
February 19	10:45 am	Jim Madsen	Worship Service
February 28	10:45 am	Mustard Seed	Worship Service

Please visit our website for updated information, or telephone Judy at 629-6168.

St. Teresa's Chapel - Roman Catholic Services

4705 Buccaneers Road

February 5	9:30am	Liturgy of the Word and Communion with a lay presider
February 10	9:30am	Friday Mass in lieu of Sunday
February 19	9:30am	Liturgy of the Word and Communion with a lay presider
February 24	9:30am	Friday Mass in lieu of Sunday

Pender residents and visitors are welcome to celebrate Sunday and Friday liturgies with the chapel community. There will be coffee, tea, juice and goodies served after the liturgies. If there are any changes to the above schedule, those on our mailing list will be informed. Others who plan to attend a liturgy should email stteresachapel@gmail.com or phone 629-6029 to find out any changes to the schedule.

The Bahá'í Community of Canada (www.bahai.ca)

The Bahá'í Faith Group of Pender Island and Southern Gulf Islands (<https://bahaisofpender.org>)

February 6	7:00 pm	Feast of Mulk (Dominion)), via Zoom
February 26		Festival of Auam-i-Ha to March 1

We have established a weekly zoom devotional meeting Thursday evenings, inviting people of all Faiths to participate. For a zoom link to this and other events, please email bevpedenpender@gmail.com or call 250-412-2524 or visit bahaisi.org for more information.

Regard thou faith as a tree. Its fruits, leaves, boughs and branches are, and have ever been, trustworthiness, truthfulness, uprightness and forbearance. Bahá'u'lláh, The Compilation of Compilations vol II, p. 327

Common Table Fellowship in Christ

Meets every Sunday upstairs at the Community Hall

Sundays	10:00 am	Meet for coffee upstairs at the Community Hall
	10:30 am	Service
	12:00 pm	Potluck Lunch (around noon)

Common Table Fellowship In Christ is a spiritual family of folks who find Unity and New Life 'In Christ'. Come as you are, all are welcome. We meet every Sunday upstairs at the Community Hall. Reach us at commontablependerisland@gmail.com.

Health Services

Medical Emergency 911
Medical Clinic..... 629-3233

Monday to Friday, 9 am - 12 pm and 2 - 5 pm

Please do not call clinic staff at home. If your circumstance is genuinely of an urgent nature that will not wait until the clinic reopens, call **1-800-866-5602** and ask for the “**Doctor on-call for Pender Island.**” Your call will be returned.

Audiologist, Donna Stewart..... 778-426-4876
Better at Home Program 629-3346
Chiropractor, Mark Wensley 629-9918

Community Nurses..... 629-3242
 Carmel Kozac and Miranda MacKenzie

Community Support Worker/Volunteer 629-3346
Crisis and Mental Health Counsellors

Shellyse Szakacs 250-538-8711
 Ulla Rembe 250-539-0325

Family Advancement Counsellors 250-222-0025

Dentist, Dr. Emma Marler..... 629-6815

Lab Services..... 629-3233

Massage Therapy, Tru Hartwood 250-889-3923
 Taylor Watson..... taylorwatson.ca

Public Health Nurse, Immunization, Prenatal Education
 Julie Duhome 250-544-2400 or 539-3099

Pharmacy

Pharmacist, Christine Swan 629-6555

Other Licensed Health Care Professionals

Physiotherapy, Mieke Truijen 629-9910

Reg. Massage Therapy, Krista Wissink . 250-381-7318

Help Lines

Healthlink BC Dial 811
 Nurses 24/7, Pharmacists 5 - 8 pm, Dieticians 9 am - 5 pm

Problem Gambling Help Line..... 1-888-795-6111
211 - Free multi-lingual information/referral to wide range of community/social/government services.....Dial 211

24 Hour Crisis Help Lines

Island Women Against Violence (IWAV)

Crisis support/transition..... 1-877-435-7544
 Stopping the Violence Counselling 250-538-5568
 Women’s Outreach Counsellor..... 1-888-537-0717

Kids’ Help Phone 310-1234
 Text 686868
 Chat..... www.kidshelpphone.ca

Mental Health Distress Line

Support/Information 310-6789
 Suicide Prevention Helpline 1-800-784-2433
 Vancouver Island Crisis Line..... 1-888-494-3888
 Text..... 250-800-3806
 Chat (Adults)..... ww.CrisisCentreChat.ca

Chat (Youth)..... www.YouthinBC.com

Ministry of Children and Family Development

MCFD..... 800-663-9122
Victim Link..... 1-800-563-0808

Community Support Numbers

Capital Regional District (CRD)

Director SGI, Paul Brent..... 604-760-9975
 Building Inspector 629-3424
 SGI Harbours, Ben Mabblerley...benmabb@telus.net
 Bylaw/Animal Control complaints .1-800-665-7899
 Magic Lake Water & Sewer General . 1-800-663-4425
 Magic Lake Water & Sewer Emergencies 1-855-822-4426

Emergency Hydro 1-888-769-3766

Fire Rescue (Emergencies)..... 911

Duty Officer is available 24/7..... 1-888-574-1959
Non-Emergency - Hall #1 and Admin 629-3321
Burning Permits - online www.penderfire.ca
 or at Fire Hall #1, 4423 Bedwell Harbour Road

Hall/Meeting Room Bookings

Anglican Parish Hall....rentals@pendersaturnaanglican.ca
 School Community Room 629-3711
 Health Care Centre 629-3326
 Legion Hall.....bookings239.rcl@gmail.com
 Pender Island Community Hall..... 629-3669
 Plum Tree Court.....plumtreecourt@gmail.com

Home Support Services

Ask for the home support program.. 1-888-993-2299

Islands Trust: Victoria 1-800-663-7867

NP, Deb Morrison..... dmorrison@islandstrust.bc.ca
 NP, Aaron Campbell..... acampbell@islandstrust.bc.ca
 SP, Dag Falck..... dfalck@islandstrust.bc.ca
 SP, Kristina Evans kevans@islandstrust.bc.ca

Member of the Legislative Assembly

Saanich North and the Islands, Adam Olsen.. 250-655-5600

Member of Parliament

Saanich-Gulf Islands, Elizabeth May.... 1-800-667-9188

Pender Island Emergency Program

Emergency Coordinator 250-589-3001
 ESS 250-792-0880

Pender Island Public Cemetery 629-6625

Pender Island Veterinary Clinic 629-9909

Poison Control Centre..... 1-800-567-8911

RCMP, Outer Gulf Islands (non-emergency).. 629-6171

Crimestoppers 1-800-665-TIPS (8477)

Victim Services 629-6531

Rescue

Marine & Aircraft distress 1-800-567-5111

Joint Rescue Coordination Centre (JRCC)

Search and Rescue (Land) Emergency 911

School Trustee, Greg Lucas..... glucas@sd64.org

FEBRUARY CALENDAR

1	Wed	9:30 am	HOP until 10:30am (also on 8, 15, 22), School Gym	17
		10:00 am	MYI, Gentle Walk with Andrea to 11 am, Community Hall*	13, 33
		10:00 am	Computer Savvy Seniors, Internet Basics & Internet Safety Workshop, via Zoom	30, 38
		10:30 am	55+ Programs, Senior Safety Series every Wednesday, via Zoom	38
		11:00 am	Taoist Tai Chi to 12:30 pm, contact Kali at 629-3848, Community Hall	13
		1:30 pm	Carpet Bowling to 3:30 pm, Community Hall*	33
		2:00 pm	Socrates Cafe with John Gowan every Wednesday to 4 pm, Legion	
		3:45 pm	Science Club to 5:15 pm (Ages 5+), weekly at the Epicentre until March 15, with by Karen Parker	14
		4:00 pm	Ukulele Strum to 5 pm, \$5 drop in and Feb. 15, all ages and abilities welcome, Community Hall*	
2	Thu	9:45 am	MYI, Moderate: Yoga with Krista to 10:45, Community Hall*	13
		10:00 am	Recycling Depot hours: Tuesday, Thursday, and Saturday to 3 pm*	
		10:00 am	Library is open Tuesday, Thursday, Friday, and Saturday to 3 pm*	34
		11:00 am	MYI, Gentle: Chair Yoga with Erin to 12 pm, Community Hall*	13
		1:00 pm	55+ Programs, Activity Day, February 2 & 16 to 4 pm, Plum Tree Court	38
		3:45 pm	Sewing Club to 5:15 pm (Ages 5+), weekly at the Epicentre until March 16, with Karen Parker.....	14
		5:30 pm	Youth Sewing & Crafts to 7 pm (Grades 6+), weekly until March 16, with Karen Parker, Epicentre.....	14
3	Fri	9:30 am	Let's Go Walking, Mondays and Fridays, call Carol at 629-9959 or Ann at 629-3099 for location*	
		10:00 am	Learning with Karen to 4 pm (Ages 5+), weekly until Mar. 17 (no class on Feb. 24), Epicentre	14
		10:00 am	Nu-To-Yu open to 4 pm, Fridays*	17
		10:00 am	Food Bank open Fridays to 12 pm, upstairs at back of Anglican Parish Hall*	
		10:00 am	Library is open Tuesday, Thursday, Friday, and Saturday to 3 pm*	25
		10:00 am	Tech Table to 12:30 pm, Community Hall*	33
		10:45 am	Make Cards to 12 pm, Community Hall	33
		11:00 am	Community Café and Community Gathering at 12 pm, music TBA, Community Hall.....	13, 33
4	Sat	10:00 am	Community Café to 1 pm, Community Hall*	33
		10:00 am	Winter Market to 1 pm, Community Hall*	33
		1:00 pm	Conservancy Weekly Restoration to 3 pm (Also on February 11, 18, and 25) Location TBA*	18
		1:00 pm	Moving Around Pender (MAP) regular meeting, Community Hall	17
		4:00 pm	Legion Meat Draw every Saturday*	37, 53
5	Sun	10:00 am	Badminton to 12 pm, contact 629-6830 or 629-3375, School Gym*	
		7:00 pm	Speakeasy with <i>Words to Inspire: Energy, Doubt, and End</i> , Legion	53
6	Mon	9:00 am	Parents and Babes until 11:30 am (also on 13, 27), Dragonfly Centre	17
		9:30 am	Let's Go Walking, Mondays and Fridays, call Carol at 629-9959 or Ann at 629-3099 for location*	
		11:00 am	MYI, Essentrics with Heather to 12 pm, Community Hall*	13
		3:45 pm	Kids Club to 5:15 pm (Ages 5+), weekly at the Epicentre until March 13, with Karen Parker	14
		7:00 pm	Photo Club meets, via Zoom.....	11
7	Tue	9:00 am	Nu-To-Yu open for donations 9 am to 12 pm Tuesdays and Thursdays*	17
		9:45 am	MYI, Moderate: Yoga with Krista to 10:45 am, Community Hall*	13
		10:00 am	Computer Savvy Seniors, Problem Solving & Computer Organization Mentoring, Plum Tree	30, 38
		10:00 am	Recycling Depot hours: Tuesday, Thursday, and Saturday to 3 pm*	34
		10:00 am	Library is open Tuesday, Thursday, Friday, and Saturday to 3 pm*	25
		11:00 am	MYI, Tai Chi with David to 12 pm, Community Hall*	13
		3:45 pm	Theatre Club to 5:15 pm (Ages 5+), weekly until March 14 with Karen Parker, Epicentre	14
		7:30 pm	Badminton to 9:30 pm, contact 629-6830 or 629-3375, School Gym*	
8	Wed	11:00 am	Gillian Turner, a solo show opens, Ptarmigan Arts Gallery	13
9	Thu	1:00 pm	Garden Club presents <i>Meadowscaping and the Importance of Native Plants</i> , Hall and Zoom.....	40
		4:00 pm	Singing for Joy to 5 pm, \$60 for eight weeks, register with Ptarmigan Arts, Community Hall	
10	Fri	9:30 am	Conservancy Naturalist Walk, Swan Lake Nature Sanctuary	19
		10:45 am	Chocolate Making to 12 pm, Community Hall.....	33
		11:00 am	Community Café and Community Gathering at 12 pm, music by <i>Deer & Coyote</i> , Hall	13, 33
		2:00 pm	Legion Euchre with Margaret Vergette to 4 pm	53
		5:30 pm	Legion Friday Night Dinner, Pork Loin Roast.....	37, 53
		7:30 pm	Film: <i>The Never Ending Story</i> , Community Hall.....	33

FEBRUARY CALENDAR CONTINUED

11 Sat	2:00 pm	Block Printing Workshop to 5 pm, \$85/person including materials Community Hall	
	8:00 pm	<i>Howl at the Moon</i> - Music by Hank Pine & Lily Fawn with Ghostly Hounds (doors 7:30), \$25, Hall	12
12 Sun	2:00 pm	Mandala Painting Workshop begins to 4 pm with Ulla Rembe. \$85 for seven weeks, Community Hall .	12
	2:00 pm	<i>Afternoon at the Library</i> speaker series with author Zoe Landale and Kate Braid, Library.....	25
	3:00 pm	Legion Super Bowl Party.....	37, 41, 53
13 Mon	9:30 am	Quilters' Circle meet to 12 pm, Anglican Parish Hall.....	11
	3:00 pm	Parks & Recreation monthly meeting, in person at the CRC and via Zoom	
	4:00 pm	MLPOS Directors meeting, Community Hall lounge.....	16
15 Wed	4:00 pm	The Reconciliation Circle meets to 6 pm, Anglican Parish Hall.....	32
	7:00 pm	Community Justice Program, <i> Holding on to the Light: Balancing the Light and the Dark</i> , via Zoom.....	38
	7:00 pm	Ptarmigan Arts AGM to 9 pm, open to all general and artist members, Community Hall	13
16 Thu	7:00 pm	Shred Kelly and special guests, tickets \$25 adults, 16 and under free, Community Hall.....	13, 56
17 Fri	10:00 am	Pender Post Board of Directors meeting	
	10:45 am	Conservancy for Kids (C4K), Friday Fun, Seed Bombs, Community Hall.....	19, 33
	11:00 am	Community Café and Community Gathering at 12 pm, music by <i>Judy Buerk</i> , Community Hall.....	13, 33
	1:30 pm	55+ Programs, Felting Workshop, to 4:30 pm, Community Hall	38
	7:00 pm	Conservancy Seminar on Sharp-tailed Snakes with Carrina Maslovat.....	19
18 Sat	10:00 am	Scrapbook and Crafts, Legion and Sunday, February 19.....	53
	10:00 am	Nu-To-Yu open this Saturday only to 4 pm	17
	7:00 pm	PI Jazz Swing Dance to 9 pm, \$15/adult, kids and students free, Community Hall.....	12
19 Sun	2:00 pm	Museum Society <i>History Talk: A Métis Leader and the Pender Connection</i> , Community Hall	3, 23
22 Wed	11:00 am	<i>Of The Earth</i> , a solo show by Dina and Conrad Kaiser opens, Ptarmigan Arts Gallery.....	15
24 Fri	10:45 am	Ping Pong Fun to 12 pm, Community Hall.....	33
	11:00 am	Community Café and Community Gathering at 12 pm, music by <i>Dine and Dash</i> , Hall.....	13
	2:00 pm	Legion Euchre with Margaret Vergette to 4 pm.....	53
	5:30 pm	Legion Friday Night Dinner TBA.....	53, 57
25 Sat	9:00 am	Dad n' Me Pancake Breakfast until 11 am, Dragonfly Centre	17
	10:00 am	Legion General Member Meeting.....	53
	1:00 pm	NPLTC Special Meeting to 4 pm, Community Hall	15, 30
	1:00 pm	Legion BINGO.....	53
	7:00 pm	Film: <i>Titanic</i> (1997), Community Hall	33
26 Sun	2:00 pm	Speaker Series <i>Here's to Your Good Health</i> , speaker Dr. Peter Paré, Library	4, 22, 25

ADVANCE NOTICES FOR MARCH

1 Wed	4:00 pm	Ukulele Strum to 5 pm, \$5 drop in and Mar. 15, all ages and abilities welcome, Community Hall	
8 Wed	9:30 am	Pender Island Public Library AGM, all welcome, Library	25
	11:00 am	<i>Go Figure</i> , a group show opens, Ptarmigan Arts Gallery	
16 Thu	5:30 pm	Public Circle Community Meeting with Adam Olsen to 7 pm. Community Hall	6
18 Sat	10:00 am	Farmers' Institute <i>Seedy Saturday</i> to 1 pm, Community Hall.....	20, 35
20 Mon	9:00 am	Spring Break Camp, Archipelago Camp, March 20 -24, 9 am - 5 pm, Epicentre	4, 14
22 Wed	11:00 am	<i>Youth Art</i> , an open call show curated by Maraika McConchie opens, Ptarmigan Arts Gallery	
24 Fri	6:00 pm	Pender Island Farmers' Institute Potluck and AGM at 7 pm	20
27 Mon	9:00 am	Spring Break Camp, Eco-Adventure Camp, March 27 - 31, 9 am - 5 pm, Epicentre.....	4, 14





NORTH PENDER ISLAND LOCAL TRUST COMMITTEE

Visit our website <http://www.islandstrust.bc.ca/>

NOTICE OF SPECIAL MEETING

On Saturday, February 25, 2023, the North Pender Island Local Trust Committee (LTC) will be holding a Special Meeting to engage in dialogue and to receive feedback from the community on two specific topics:

- 1) **Islands Trust budgeting for the 2023-2024 fiscal year that is underway by Trust Council**
- 2) **The Land Use Bylaw Review project that is underway by the LTC**

These LTC led Q&A discussions are intended to be relatively informal and will provide the opportunity for community members to engage collaboratively with the LTC on these topics.

Information on the Islands Trust budgeting process can be found here:

<https://islandstrust.bc.ca/about-us/accountability/budget/>

Background information on the Land Use Bylaw review project is available here:

<https://islandstrust.bc.ca/island-planning/north-pender/projects/>

- Date:** Saturday, February 25, 2023
Time: 1 - 4 pm (1 - 2 pm, Budget discussion; 2 - 2:15 pm, Break; 2:15 - 4 pm, LUB Review Project discussion)
Location: Pender Island Community Hall, 4418 Bedwell Harbour Road, North Pender Island

ALL MEETINGS ARE OPEN TO THE PUBLIC

Computer Savvy Seniors

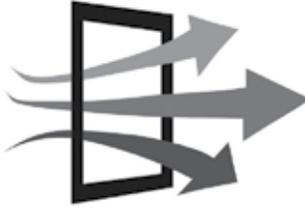


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Zoom Workshop:
Internet Basics & Internet Safety
Wednesday, February 1st 10:00am - 12:00pm

Next In-Person Session:
Tuesday, February 7th 10:00am - 12:00pm
at Plum Tree Court (Next to Health Centre)
5719 Canal Road, Pender Island

To register: www.sginh.ca/programs/css-courses/ or contact ldavenport@sginh.ca



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...Continued from page 25

Adult Non-Fiction

Death Interrupted (Blair Bigham), *Peril*
(Bob Woodward), *The Food Allergy*
Baking Book (Kelly Woyan)

Youth

Operation Do-Over (Gordon Korman),
Mary Anne's Bad Luck Mystery (Ann
Martin), *Crunch* (Kayla Miller), *Moon*
Rising (Tui T. Sutherland)

Library hours

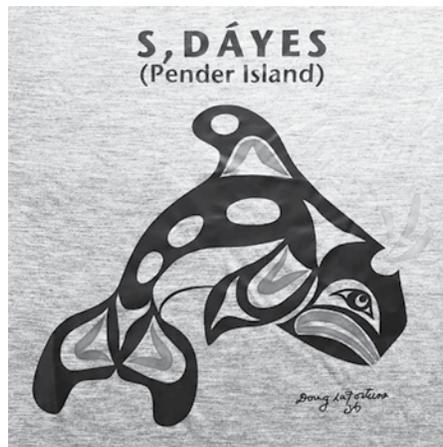
Open Tuesday, Thursday, Friday, and
Saturday from 10 am - 3 pm.

Help Desk

Call or email the Library Help Desk at
629-3722; libraryhelpdesk@crd.bc.ca.

Carmen Oleskevich

Pender Island Reconciliation Circle



Doug LaFortune S, DÁYES

The Reconciliation Circle met on
Wednesday, January 18 at the
Anglican Parish Hall. We spent the first
part of our gathering remembering and

celebrating Ellen Willingham, whose
loss we feel so deeply. She was such
an integral part of the circle, and we
are committed to carrying her light
within us as we continue our journey.
The second part of our gathering was
spent looking forward at what we hope
to accomplish this year. We hope to
continue building relationships through
our activities, and to be a warm and
welcoming presence to the WSÁNEĆ
peoples when they come to S,DÁYES
(Pender Island), their homeland and
traditional unrelinquished territory.

One of our hopes is to host a Blanket
Exercise in the near future, and to that
end, we are fund raising through the
sale of t-shirts. These beautiful, quality
shirts feature the design created for
us by renowned Tsawout artist Doug
LaFortune. The shirts are available at The
Gallery at Hope Bay, the Conservancy at
Hope Bay, or by contacting Kelly Irving
at kelly.i@shaw.ca.

We had two new members attend the
circle, and they asked us to explain what,
exactly, we "do". What a great question!
What the members of the Reconciliation
Circle have been doing over the past
few years is trying to do the work of
educating ourselves, understanding
our history, and realizing the impact
our historical actions have had on First
Nations and ourselves. Through reading,
beginning with the reports from the
Truth and Reconciliation Commission
and the reports on Murdered and
Missing Indigenous Women and Girls,
watching videos and documentaries,
meeting and listening to testimonies of
our Indigenous neighbours, discussion
and questioning, we learn and support
one another in the journey to build
relationship and understanding. We
also plan events and activities to engage
the Pender Island community in this
work. Sounds intriguing? We meet on
the third Wednesday of the month at the
Anglican Parish Hall, 4 - 6 pm. The
next meeting will be February 15. For
more information or to be added to the
email list, contact me at annie-smith@shaw.ca.

Annie Smith

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Pender Island Recreation and Agricultural Hall Association

PIRAHA



We are very excited about a CRD grant that was recently approved for the Hall. This grant has allowed us to purchase an absolutely massive film screen, which we hope will be installed by the time you read this, so movies will be amazing. We will also be getting new tables for the lounge, lighter and easier to move; they will also be foldable so easily moved out of the way if not needed. Finally, the lounge will get some sound system improvements and a couple of other surprises.

We now have a full complement of youth interns; these 12 to 14 year olds run the Saturday Market Café, set up and take down for the lunch at the Friday Community Gathering, organize and lead the Friday fun activities, make posters, help with maintenance tasks, and lots of other things! We are always able to accept youth volunteers; 10+ can volunteer on their own but we can sometimes accept children 7-10 if we have an older mentor for them. If you would like to see these young community makers in action, come to the Friday Gathering or Saturday Market. If you are an adult and interested in volunteering to work with the youth, we are always on the lookout for great mentors, or mentors who would like to become great!

As always, we continue to fundraise for Hall programs and activities. If you would like to make a donation to the Community Hall, we are able to accept e-transfers at accounts@penderislands.org. In the notes, include your name, address, phone number, email and that it is a donation. Donations over \$50 will receive a tax receipt.

Films

The Never Ending Story **February 10, 7:30 pm**

A young boy is physically drawn into a fantasy novel he is reading and there he helps save an incredible world from destruction. A superb adventure-fantasy. \$5 suggested, masks encouraged.

Titanic (1997) February 25, 7 pm

The tragic story of star-crossed lovers, who meet during the Titanic's doomed maiden voyage, unfolds against a backdrop of the ship's dramatic four-and-a-half-day journey and her spectacular demise. Released 25 years ago this month, this film's visual effects are still a stunning re-creation of the horror of the Titanic's last few hours. \$5 suggested, masks encouraged.

Friday Fun

Every Friday come and join our youth leaders from 10:45 am - 12 pm as they lead fun activities. All ages are welcome, and older adults are particularly encouraged as a fun way to get to meet children and youth of the community. Activity is by donation. This month we will have:

Valentines Day Card Making **February 3**

Make a beautiful and creative card with our plethora of craft supplies. All ages, by donation.

Make Chocolate Treats **February 10**

Learn to make some tasty treats to give to someone you care about for Valentines or to eat yourself. All ages, by donation.

Make Seed Bombs & Crafts **February 17**

The Pender Conservancy is joining us this week to show us how to make some reusable Seed bombs! When you've finished, the craft table will be waiting for you to explore your creativity.

Ping Pong Fun - February 24

Drop in for a game with other aficionados or watch the crazy antics of the ball on our 'adapted tables.'

Other Activities

Youth Lounge and Fashion Club **February TBA, 5 pm**

Youth Lounge and Fashion Club are joining forces to create an amazing space for teens, mature tweens, and adults willing to help out. Organized by local superstar Maddi Muir, this will be a regular joint activity between the Community Hall and SGI Neighbourhood House. Snacks included. If you are interested

in knowing more or would like some space for your own youth activity, email bookings@penderislands.org.

Carpet Bowling **Wednesdays 1:30 - 3:30 pm**

Australian rules Carpet Bowling offers mild to moderate exercise. No special clothing is needed except clean flat soled shoes. Recommended drop in is \$2, Masks encouraged.

Community Gathering Lunch **Fridays 10 am - 1 pm**

Join the weekly Community Gathering for lunch, live music, a visit, tech help, and fun activities for kids and kids at heart.

Weekly Activities

- Walking Group, Wednesdays, 10 - 11:30 am
- Carpet Bowling, Wednesdays, 1:30 - 3:30 am
- Community Gathering, Fridays 10 am - 1 pm
 - Tech Table, 10 am - 12:30 pm
 - Community Café, 10:30 am - 1 pm
 - Friday Fun, 10:45 am - 12 pm
 - Lunch, 12 - 1 pm

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- Café Saturdays, 10 am - 1 pm
- Market, Saturdays, 10 am - 1 pm

Film Projectionist

Are you a cinephile? Would you like to help select and show films at the Hall? Volunteers need only be comfortable using a home DVD player and enjoy films; all other training will be covered.

Volunteers Needed

If you are interested in volunteering as a food and self-sufficiency skills workshop leader, film selector and projectionist, Youth Leadership program mentor, community events and activities helper or leader, or in any other area, please contact us.

Andrea Mills and George Fowlie

Pender Island Recycling Society



Beginning in January of this year, recycling in BC became a little easier. Soft plastics and other flexible plastics (aka the crinkly stuff) are now combined into one category called flexible plastics. That's right,

there is no need to sort these separately any longer. Polyethylene foam (squishy foam) is also included in the new category.

This new category will be recycled into plastic pellets and manufactured into new plastic products, rather than incinerated as other flexible plastics previously were. You can find more information on the Recycle BC website <https://recyclebc.ca/new-flexible-plastics-collection-category/>.

There is more good news. Some single use items are also now accepted at the recycling depot, including single use party decor, plastic cutlery, and plastic drop cloths (must be free of paint).

Check out the full list at: <https://recyclebc.ca/recycle-bc-now-accepts-single-use-packaging-like-products-recycling/>.

If you're new to Pender Island, you may not know that the recycling depot offers dishes for rent. We have dinner plates, side plates, bowls, water, wine, and champagne glasses, coffee cups, cutlery and cloth napkins. Nothing matches but that's cool, right? So keep us in mind the

next time that you are hosting a family gathering, birthday, community event, or anything at all that might require more dishes than you have in your cupboard.

Rental is by donation; typically people offer from \$5-50, or it can be free if cost is prohibitive.

If you are interested, ask a staff person for help the next time that you are at the depot.

Please note that we don't have dish washing facilities at the depot and suggest that you wash all items in a dishwasher or soak in a mild bleach solution before using.

This service is a win-win! You can save money on disposable dishware and know that you also are supporting an initiative that is green in every way we could think of. Our beautiful dish loan room was painted by local artist Celene Wilde using free paint from our Paint Share program. All the dishes were culled over the years from the free store, and our gorgeous orange lamp was a donation to the depot. The shelving was refurbished by handyperson Al Blake. PIRS thanks the CRD, who generously supported the reinstallation of this program after a two-year hiatus resulting from COVID.

Thank you to our many supporters that have renewed their membership to the Pender Island Recycling Society. For those still wishing to renew, memberships are voluntary, tax deductible, and cost only \$20 annually. We accept payment by cash, cheque, credit, and debit payments at the depot. Memberships can also be renewed from the comfort of your own home at PenderIslandRecycling.com or by sending an e-transfer to penderislandrecycling@gmail.com. If you send an e-transfer, please also send us your mailing address and we will put a tax receipt in the mail for you.

Thank you to all those of you that are pre-sorting your recycling. This really reduces wait times for everyone and is much appreciated. If you're having trouble pre-sorting, check in with us for tips and suggestions. One of the most common and simplest ways is to pre-sort recyclables into brown paper shopping bags. That way, even if you only have one or two blue boxes, you

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can have everything within your blue box organized and drop off will go much faster.

For those new to the island, did you know that besides packaging, we also accept scrap metal, large and small appliances, electronics, lightbulbs, smoke detectors, household and vehicle batteries, house paint, and tea lights, as well as gently used items for our FreeStore and ReShop? We also accept non-packaging plastic (e.g., lawn chairs) for a small fee, which is hauled to Vancouver to be recycled.

If you've noticed the daffodils bravely poking through the soil and you are looking ahead to spring, think about booking a delivery with the depot. Every week we haul soil, sand, gravel, or mulch back to Pender. The cost is \$140 to North Pender or \$160 to South Pender plus the cost of your materials. Spots start to fill quickly at this time of year so contact us soon to reserve yours. You can phone us at 629-6962 or ask a staff member for more information the next time you are at the depot.

Niki Roberts

Pender Organic Community Garden Society



Last year at this time I wrote about theoretically planting a rice paddy, because all the plots in the Community Garden were waterlogged. 2022 was altogether a challenging year for gardeners, because of the extreme winter flooding and the fact that spring forgot to happen. It was July before we could really get going. This year the sogginess is not so bad, at least not yet. A group of us, led by our new president, Larry Colcy, convened a meeting there on January 15 and were joined by Karl Hamson who - naturally - knows his land like the back of his hand. He told us of the water courses flowing over the clay under the topsoils, and to prove his point he took a long-handled shovel and dug a hole at random in the middle of one of the pathways: a spade-length down, and sure enough there was running water. This confirmed what we all suspected - that we need to undertake a major drainage project just in case we have another season of atmospheric rivers or excessive rainfall. It was decided

unanimously that we will dig channels, lay drainage tile or pipe, fill in with gravel and channel the underground water courses away from our plots and into the big pond which provides our summer water supply. Details are being worked out regarding materials and costs, but for sure anyone interested in wielding a shovel and digging ditches will be most welcome to join us when the time comes.

Maybe 2023 will not be so environmentally challenging, or then again maybe it will bring even greater challenges for us gardeners. But whatever tricks the climate plays on us, we intrepid diggers, hoers, planters, and reapers will get joy and sustenance from the wonderful opportunity to cultivate our own plots in a community environment. We will have successes, and maybe some failures, but we will breathe in the clean country air. We will enjoy the antics of the newborn lambs, and listen to the frog songs in the pond and the birdsong in the trees. We will have fun. Thank you Karl!

Patricia Callendar

Pender Island Seed Library

Mark your calendars for March 18, *Seedy Saturday* at the Community Hall, during the Farmers' Market hours.

The Pender Seed Library will be there with seeds and educational materials, and the Gulf Islands Food Co-op (GIFC) has plans in the works for a talk on saving seeds. We also invite you to help us continue this program by returning seeds you have grown out. Bring seeds to swap with Arthur too. Arthur Kikuchi has been at every market for as long as I can remember, 20+ years with a nice collection of local food seeds and his knowledge as an expert food grower.

Not all seeds saved will grow out to be the same as the parent plant due to cross-pollination. But lettuce, peppers, grains, tomatoes, peas, and beans are self pollinated and will be true, so you can be confident in these seeds to grow for yourself. Plants that easily cross so you might not get what you expect are corn, all the brassicas, squash, and beets. This is a big subject, exciting too, and we have much to remember so we hope to have a series of workshops



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over the year to explore growing for true seed.

The Seed Library is located inside the Pender Island Public Library at the back of the Children's section inside a little door. Inside at the very bottom is a return box to put seeds in. You can return them in any container as we will repackage them and please fill out a return form so we have some information about your seed.

We are so grateful to the GIFC and the Library for ongoing support, and the small handful of growers who regularly give back seeds. Thank you!

Contact us at penderseedlibrary@gmail.com and we are (Southern Gulf Islands) [sgiseedlibraries](https://www.instagram.com/sgiseedlibraries) on Instagram.

Karin Campbell

PenderPOD

Appreciation for Pender Youth



Over the years of involvement of Pender youth in efforts to protect the environment, many of our young people have a lot to be proud of.

I just love the letters in our letter-writing campaign that were from youth. They write from their hearts, and their voices come through with great clarity and sincerity.

In 2019, our youth marched at a *Fridays for Future* mobilization with their families, taking over the road from the Nu-To-Yu to the Community Hall. They showed up with signs and spoke up about their concerns. On the same day of action, more Pender Island youth brought their homemade protest placards to join the huge crowds at the Legislature in Victoria.

The 4 Sea Stars, a group of four young women, did science projects about plastics in the ocean. They took their science projects to a conference in California where they got an award.

At Orca Songs they carried herring, salmon, and huge orcas from the Driftwood to the beach at Port Browning where they sang, chanted, and lamented the orcas that have passed on.

The students in the environmental education program at the school



Taeven working on mounting the tiles for the whale tile project

decorated and painted the banner for

PenderPOD.ca. This banner has been much admired, and has been a proud addition to many events on Pender and elsewhere.

To commemorate the orcas that have died, many youth took part in sewing Whale Flags and researching the whale of their choice. The flags are online at *PenderPod.ca*, and if you click on a flag you can read what each creator of the flags found out about their whale.

The Orca Tile project was a creative way to keep the community involved during the pandemic. After our Orca Flag project, which commemorated the orcas that have died, this project was to celebrate all the living orcas. A group of youth in the Community Resource Program assisted in putting together kits of paint and tiles. These tiles were mounted and put on display at various trail heads to encourage land-based whale watching.

Visit our Whale Tile page and see all the tiles and read the reports that have been written by participants in this project.

Our youth took many actions to save the Old Growth ancient trees in Fairy Creek. They stood up courageously for the ancient trees. One youth, Xander, took it upon himself to run and bike around Pender Island to raise money for the Fairy Creek protest.

As Pender Ocean Defenders fight for the future of our planet, we need the continued involvement of the youth. If we are to save our iconic orcas, and our planet, we need to gather together for inspiration and, most importantly, action. Since our work is for our future generations, future generations need to be part of this movement.

Let's all keep finding ways to support our youth to have their voices heard.

Julia Nicholls

Southern Gulf Island Whale Sighting Network Report

Exciting news for the SGIWSN! Some of us will be at the IMPAC5 conference in Vancouver in early February. This is the 5th International Marine Protected Areas Congress, involving scientists, conservationists, and knowledge keepers from Canada and many other maritime nations. Martin Wale of SIMRES on Saturna will present our SGIWSN whale sighting data from the last four years. Pender's Kath Durant is coordinating knowledgeable volunteer sighters to orient conference goers to an exhibit, Critical Distance, coming from the Smithsonian.

Details of the Congress can be found by searching IMPAC5. An intro to the Augmented Reality exhibit starring J-pod can be found by searching Critical Distance.

Meanwhile, Humpbacks and Bigg's Killer Whales continue to visit our island.

Monica Petrie

Royal Canadian Legion

Branch 239

Legion  Well, it's the new year and I am happy to announce that contrary to how some Legions across Canada are doing, we here at Branch #239 are doing just fine. Thank you to our volunteers, members, and patrons.

Our list of volunteers in the January Pender Post missed a few important people. Joanna Rogers, our invaluable, organized bookkeeper, provides many hours of unbilled time, and is one of our emergency contacts when needed. Craig Greenhill, a close Legion neighbour, responds to emergency callouts from our alarm company - including middle of the night! Gary Goodman has taken care of our draught beer lines and equipment for many years. Nia Williams joined our volunteer group in December and is a treasure. Thank you to all for contributing to our Legion's success.

2022 was not an easy year for any of us. The spectre of COVID continued to haunt us, with new variants and

strange viruses springing up to make life more interesting than any of us could ever think possible. Who would have thought three years ago that masks would be the go-to fashion accessory for the foreseeable future. Luckily, for some it's turned out to be a good look.

One thing about last year that was no different from so many past years was that we once again lost some good Pender Island people. The lives of these people have been well chronicled in the pages of *The Pender Post* and I will not attempt to name them all, lest I forget even one. Some lived long and useful lives and then slowly faded away, enjoying the twilight of their years, as we all hope to do, a good life lived! Some though, we lost much too soon. Such was the case with Ellen Willingham, who passed away just before Christmas. Ellen may have been 72 but she was a vibrant, active woman who still had much to offer to her family and to the well-being of our island, and she will be sorely missed.

On the plus side, as we head off into 2023, is the fact that at the Legion we have developed a solid core of volunteers who have shown over the past year that they care about Pender Island and what the Legion has done, and will continue to do, to make our home a little bit better place to live. On top of that, in just the last few months we have seen a real influx of new members who want to step up and assist with meat draws and dinners...which bodes well for our future. Perhaps some of our core group can actually take a night off! What a concept, having an overabundance of volunteers - I can only wish! However, this shouldn't make you think we don't need more hands on deck. If you want

to help we'll find a spot for you. The more the merrier, as they say.

In regards to all our great crew, February will be the month for our volunteer appreciation dinner. The date is still being decided upon, but we will be contacting all of you soon, and you don't want to miss this one. There will be food and beverages galore...and plenty of prizes!

It is also Legionnaire of the Year time and all members are eligible to vote. Please send an email to branch239.rcl@gmail.com, or drop by the Legion and pick up a form. Deadline for voting has been extended to February 7, so please vote soon.

In other news, save the date for our big Super Bowl party on February 12. Lots of food, fun, prizes and hopefully a great game. See ad on **page 41**.

Friday night dinners are on February 10 and 24. I will be doing a Pork Loin Roast on February 10 and we are still working on the menu for February 24. Any interested guest cooks? See our website for updates.

Meat Draws continue every Saturday at 4 pm, and so far this year the crowds have been big, boisterous, generous, and lots of fun, and for this we thank you.

Finally, a big thank you to Vi and Roy Gordon for their kind donation of a full set of serving dishes. It seems many years ago they had hoped to start a catering business here on the island, but for one reason or another it never happened. Subsequently, these never-used dishes have found a good home here at the Legion and will now brighten the meals of our guests for many years to come...thanks again and good luck



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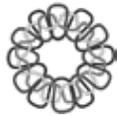
with your move to Sidney.

Cheers for now, and here's hoping your 2023 is a good one.

John Pender

SGI Community Resource Centre

Housing NOW



Have you ever considered the benefits of sharing your home or property? The Housing NOW Homeshare Registry may be able to help connect you to your ideal guest. We are currently looking for homes or properties that may be able to offer either seasonal or year-round allowable and affordable housing opportunities. Let's continue to create immediate housing opportunities for our much needed workforce population!

Visit www.linktr.ee/sgihousing to register or to find out more about this new Homeshare Registry, designed for and implemented by Southern Gulf Islanders.

Employment Services

WorkBC can support you in finding a job and keeping it. Services are available to all unemployed or precariously employed BC citizens legally eligible to work in BC. There are services available, whether you have been on EI or not. Accommodations can be made for Persons With a Disability status and if you are struggling to maintain work due to a disability, whether or not you have an official diagnosis, we can do a Disability Related Employment Needs Assessment and if necessary, refer you for a Vocational Assessment with a registered psychologist to further assess your needs. Residents of the Southern Gulf Islands can register online by going to apply.workbc.ca (choose Sidney as your location). Contact us for registration support at 629-3665 or email admin@sgicommunityresources.ca.

Vitality Business Centre

This January, the Southern Gulf Islands Community Resource Centre (SGICRC) Vitality Business Centre was fully implemented and launched. Here to assist Galiano, Mayne, Pender, and Saturna residents and businesses, our

aim is to help Island businesses at every stage in their journey. Small businesses play an extremely important role in employing Islanders and are a significant driver towards economic sustainability, and our support is here for you.

Online or in person, we offer support or refer queries to business centres and assist in business counselling, start-ups, training, and advocacy. Social capital and increasing our resources are also part of our plan. Feeling stagnant in your business? Aren't quite sure which growth strategies will work for you? We collaborate with several small business centres to bring you current business insights. Have a question? You can reach us at <https://www.sgicommunityresources.ca> or 629-3665.

Our first foray into helping Island businesses was to develop and implement a Small Business Survey. The purpose of the SGICRC Business Survey was to collect honest feedback, opinions, and responses from businesses, owners, and employees to determine community development opportunities, gaps in services, and Island business needs. Implemented on all four Southern Gulf Islands, overall results and feedback from the Survey reveal a positive attitude among business owners and suggest the SGIs are a good place for businesses to succeed. Survey responses uncover a broad spectrum of information from how the COVID-19 pandemic affected local businesses to levels of satisfaction with the current business climate. It includes business demographics and areas for improvement for the SGICRC, local governments, and Island Chambers with an overwhelming consensus on areas of concern such as housing and transportation. The Survey shows that many Island businesses, being smaller in size, were able to respond quickly to changing economic cycles and share lots more information. For the full Business Survey Report, visit us online this month on the SGICRC website. It will also be available in limited copies in print this month.

Melody Pender

SGI Neighbourhood House

Learn more about us
www.sginh.ca

55+ Programs Fun activities in February

Activity Day



February 2 and 16, 1 - 4 pm at Plum Tree Court. Come by for coffee, tea, and conversation and a fun game of Mahjong

Felting Workshop

February 17, 1:30 - 4:30 pm at Community Hall. Email ldavenport@sginh.ca or call 629-3665 to register.

Seniors Safety Series

Seniors Health and Wellness Institute Society free Seniors Safety Series. Wednesdays, February 1 - March, 10:30 am via Zoom www.seniorshelpingseniors.ca/spring-2023-safety-workshop-series/ to register.

Computer Savvy Seniors

Internet Basics & Internet Safety Workshop, February 1, 10 am - 12 pm via Zoom.

Problem Solving & Computer Organization Mentoring Class, February 7, 10 am - 12 pm at Plum Tree Court.

Bring your annoying computer issues and we can help solve them! For information and registration contact ldavenport@sginh.ca.

Community Justice Program

Our next Community Conversation Circle is Wednesday, February 15, 7 - 9 pm via Zoom, *Holding on to the Light: Balancing the Light and the Dark*. This continues our previous conversation, but participants need not have attended the first one. Previously, we discussed how to support each other through the potential feelings of isolation and loneliness that often come through the shorter days of winter. We agreed to hold another conversation to explore how we can support each other through these challenging times. I know we've all had mixed feelings about Zoom; however, due to the geographical challenge of connecting all our Islands, we've found our virtual Community Conversation Circles to be the most

effective way. Reserve by emailing by Monday, February 13 at cjp@sginh.ca. and we'll send you the Zoom link. Looking forward to seeing you! *Jim Peacock*

Islanders Working Against Violence (IWAV)

Based physically on Salt Spring Island, but mandated to serve all the Southern Gulf Islands, our staff currently offers support via phone or Zoom to people who have experienced intimate partner abuse, gender-based violence, and sexual assault. We bring a strengths-based, empowering, client-centred approach to our work with survivors of violence. Although we primarily serve women-identifying adults, we can also support youth 13+, men, and boys. Please see iwav.org for more information or call us at 250-537-1867.

Contest

Apply to see if you qualify for free energy-saving upgrades/advice from Fortis at no cost (application is free). Every application will be entered in a draw to win a \$75 gift card from your local Island grocery store.

Qualified households will be contacted, and representatives will arrange:

- Review of your home's energy use and energy-saving advice.
- Free installation of products such as energy-saving LED light bulbs, water-efficient showerheads, weatherstripping, carbon monoxide detectors and more.
- Free upgrades such as insulation, an ENERGY STAR® fridge or a high-efficiency gas furnace.

Contact the Southern Gulf Islands Neighbourhood House office at admin@sginh.ca to get an application package sent to you or call 629-3665, Monday, Wednesday, or Friday 10 am - 4 pm. You need to get your application to us by February 15, 2023, to qualify for the contest.

Michael Cowan

South Pender Historical Society



Reflecting back to Christmas Eve last year, we are, again, grateful for the joyful opportunity to attend the Sing-along to Christmas carols. Once again, Robert Dill was instrumental in planning, organizing, and decorating the Church of the Good Shepherd for this event. Thank you so much, Robert, for all your hard work. And a big thank you to Daniel Lapp for your happy tunes. This really is such a rare gem for those who were able to attend. We are excited to learn that the SPHS will be hosting *Art Off the Fence*, again, this summer. Look for more information about this and other events coming up.

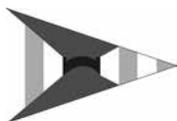
Sadly, our hearts felt the loss of our beloved minister, Ellen Willingham. Ellen was a strong supporter for our efforts with the SPHS and she will be dearly missed. She always made the extra effort to attend the events - even when pressed for time and with other responsibilities. I admired her strength to continue to support those around her, especially when her own health was challenging. Her presence on the island encompassed many lives, touching their hearts and souls, and we hope that she may find comfort in knowing how much her light has given strength to others. May Ellen's light continue to shine through the good deeds of those whose hearts have been touched.

Karen Mani Lang

RECREATION AND LEISURE

Canadian Power and Sail

Pender Island Squadron



Thinking of buying a boat or upgrading the equipment on your boat? The Vancouver Boat Show runs February 1 - 5 this year at BC Place. For the keenly motivated it is possible to make this a one day trip. Depart on the 7:10 am ferry to Vancouver and return on the 7:10 pm sailing from Tsawwassen. Transit

connections between Tsawwassen and downtown Vancouver are quick and affordable.

Also good to know is that many marine stores will extend their boat show discount to in-store sales provided you ask. So you don't always have to make the trek if what you want is available in a nearby marine store.

This year we are looking to restart our school program teaching boating basic skills for our Grade 9 students. This course focuses on helping students learn safety awareness when out on the water whether swimming, kayaking, paddle boarding, or boating. Students will be given the opportunity of writing the exam to obtain their Pleasure Craft Operators Certificate at the end of the four-day course. I will be reaching out to our members for volunteers to assist in putting on this program. We are expecting about 20 students to take part. Typical of the activities we will be covering are:

- how to properly choose, fit and wear personal floatation equipment
- basic rope and line tying skills
- how to choose and equip a vessel with mandatory safety equipment
- understanding and obeying navigational markers
- awareness of tides, currents and weather when going out on the water.

Also for our members, we have a limited number of burgees for sale at \$20 each, which can be purchased from the cashier at the pharmacy. Not a member? Consider joining and supporting your local squadron.

To repeat last month's reminder: this is a good time to inventory your safety equipment and make sure it is in good working order. Check for the required PFDs, signalling devices, flares, throw rope, horns, and navigation lights.

Thanks for reading and stay safe on the water.

David Kirsop, Commander

Pender Island Garden Club



Hopefully, everyone has been through their seed catalogs now and decided what plants they are growing for the next season and what seeds they still need to hunt down.

Due to work commitments, our planned speaker for February, Adam Miller, has had to move his presentation on *Invasives* to the April meeting.

Instead, for our February meeting, we have been very lucky to organize a Zoom presentation on *Meadowscaping and the Importance of Native Plants* by Abby Hyde of Satinflower Nurseries in Saanich. It seems that Abby came to the Pacific Northwest via a strange route. She discovered her passion for observing native species and restoring degraded ecosystems while growing up in Bali, Indonesia. She made the long move from Indonesia to Victoria in 2016 to pursue a BSc in Geography and Environmental Studies at the University of Victoria. During her four-year program, Abby's love for tropical and aquatic plants translated to a newfound love of the native plants of British Columbia. Abby started at Satinflower Nurseries in 2021 and now heads orders at the nursery and does consultations for meadowscaping projects. Abby will speak about the importance of native plants with particular attention paid to their ability to restore and enhance habitat within the urban context. The talk will highlight ways in which individuals can convert their properties into pollinator friendly landscapes and how native plants restore biodiversity. Garry Oak Ecosystems will be used as a case study to highlight particular pollinator-to-plant relationships.

This meeting, February 9 at 1 pm, will be a sort of hybrid in that you can attend downstairs at the Community Hall to view the Zoom or you can join the link from the convenience of your own home. Happy Gardening,

Kathy MacLachlan

Pender Island Junior Sailing Association

PIJSA



The Board has begun to plan the sailing courses for this coming summer. Both Satya Underhill and Matthew Hinton, our Level 1/2 instructors who are from Pender Island, have so far agreed to be instructors again. PIJSA will offer Level 1/2 courses the weeks of July 12 - 14, July 24 - 28, July 31 - August 4, and August 14 - 18. We are trying to find a Level 3/4 instructor as we do not have a qualified instructor; FunSail will be offered again using Lasers and Bytes during the last two weeks given above. Level 1/2 courses use Pirate boats, with three students in each boat, and the instruction and evaluation will be by our BCSail certified instructors.

As in previous years, registration for courses will begin May 1 for returning students and other household members, and May 15 for new students. The registration will be an online process required by BCSail; more details will be provided at a later date. Cost of courses will increase beyond the \$200 last year due to several cost increases over which we have no control. Our instructors will have a well-deserved increase in pay.

The Board has had several changes. Celine Mills has moved to Regina, and has left the Board. Celine insisted that we have a Facebook presence, which will continue for announcements, but not discussion. John Ackermans and Dave Harrison will be responsible for registrations on Checkclick. Allyson Coffey will continue to be responsible for the Friday lunch BBQs, held at the end of each course, and the annual Hacker's Tournament golf and dinner in September. Allyson was the tireless registrar of the courses for many years when the process was manual, and thus was, for many, the contact with the association. At our AGM January 15, PIJSA welcomes two new board members: Carolyn Cartwright, who is the recently retired community nurse, and a sailor, and Fiona Percy, who is a sailor and recently has become the commodore of the Pender Island Yacht Club, which supports our program.

Other board members are Bob Vergette, vice-commodore; Rick Mudie, treasurer; and directors, Manfred Burandt, Tom Caston, Lisa Christensen, Peter Hinton, Stephan Lofts, Herman Nievaart, and Don Williams.

PIJSA is able to offer courses at a reasonable cost due to ongoing support from Tru Value Spirit Board, CRD Parks and Recreation, Pender Island Yacht Club, and other organizations from time to time, and volunteers who help each summer.

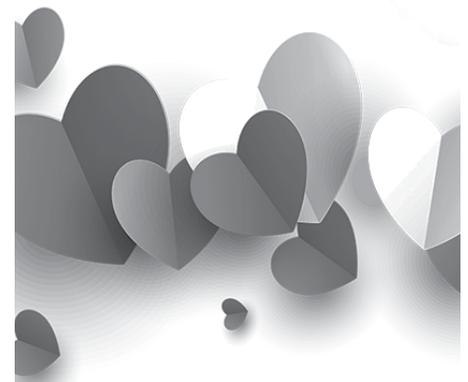
Bruce Waygood, Commodore

Pender Island Otters Swim Club



We started back in the pool on January 6, and have increased registration in all areas of our programs from Otter Pups to Walruses (adult swimmers). This session goes through to April 30, 2023, but there will be no swim Fridays during the school spring break. We will be back in the water on April 14 for the remaining Fridays in April. Our summer session starts immediately on May 5, and runs through to August 17. Registration for the summer session will open in late April. But, for now, our wonderful coaches Kurtis and Hannah are thrilled to see so many back and a number of new families bringing our numbers up to what I think is an all-time high membership. As our annual general meeting will be coming up in March, if there are any members interested in helping out on our volunteer board for the coming year, please let me know by contacting me at penderottersswimclub@gmail.com.

Helen Lemon-Moore, President



WEATHER OBSERVATIONS FOR DECEMBER

	Average Daily Temperatures			Extreme Temperature		Precipitation		
	Max	Min	Mean	High	Low	Rain	Snow	Total
Magic Lake	4.4	1.0	2.7	10.0 on 31 st	-9.5 on 22 nd	133	43	176
Normal	6.9	2.5	4.7	15.0 in 1990	-11.5 in 2014	119	11	130

Comparing 2022 with average annual temperatures and precipitation since 1987.

	Annual Average Daily Temperatures			Extreme Temperatures		Precipitation		
	Max	Min	Mean	High	Low	Rain	Snow	Total
2022	15	7	11	36	-9.5	733	68	801
1987-2022	15	7	11	39.5	-12	824	34	858

On average, December is our third wettest month, not far behind January and November. We almost never have a dry December and the only exception was in 2013, with only 34.8 mm of total precipitation which included 8.5 cm of snow. On Pender we have had December snow in more than half of the years since 1987; usually not very much, however some of us remember 94 cm in 1996 and more recently 90 cm over the course of the month in 2008. In December 2022, we started the month with a sprinkling of ice pellets which are classified as snow. Ice pellets are little balls of ice less than 5 mm in diameter; this is not hail, which comprises large lumps of ice of varying size, and it is not freezing rain which is rain that freezes on impact when it falls. On December 20 we woke up to 34 cm of snow, which was the third deepest December snow we have had in 36 years. We naturally wondered if the snow would be still here on Christmas Day; but by that day most of the snow had either melted because of rising temperatures or had been washed away by the rain.

Our weather in December 2022 had a bit of everything. We had some sunshine with moderate temperatures, we had snow, and towards the end of the month we had quite a lot of rain, which brought our total precipitation above average for the month. It was by no means the wettest December that we have ever experienced, but it was the wettest month in 2022.

We had light rain and a few flurries of snow in the first half of December 2022 and temperatures were sometimes below zero. But the weather was quite pleasant; it was not really cold but our garden water containers had ice on top and some parts of the lake froze over. Ice on the lake was most obvious when snow settled on the surface. Later in the month it was colder. On December 19 the temperature dropped to -7.5°C and it stayed below zero day and night for several days and went down to -9.5°C on December 22. Prior to this year we have twice had similar temperatures in December. In 1996 the lowest was -8.5°C and in December 1990 our record low was -11.5°C.

The weather forecasting for Pender Island is difficult and seldom very accurate; in the summer our temperatures are usually higher than forecast. This December the forecasters often predicted much more rain than we received and I think this disparity was due to the fact that there was a lot of rain in coastal BC, but the rain often missed us by a short distance.

The lower table of statistics above shows temperatures and precipitation in 2022, compared with average for all years from 1987 to 2022. The upper table of statistics shows only December figures, compared with the average for the last 35 Decembers. It can be seen that our 2022 weather was unspectacular. Temperatures were very close to average and total precipitation was less than average, but was by no means a record. Six of the 12 months in 2022 had precipitation in excess of average and six had precipitation less than average. In meteorological terms, "normal" means "average," but we know that there is no such thing as normal weather. You will be reading



Super Bowl Party

Sunday, February 12, 2023 - bar open at 3 pm - kickoff at 3:30 pm

Pizza, Wings, Jalapeno Poppers, Nachos, and Snacks available

Food catered by Mama Gilli's home baked comfort food

Football pools & 50/50 draw - come join the fun!

Tickets are \$5 and include one game board entry, and a chance to win Legion Friday dinner for two.

Available at the Legion, or from Ken Pelley, Gillian Turner, and Charles Baker

sportsbranch239@gmail.com

250-629-3441 - www.penderislandrcl239.com

this in February 2023. It is still winter and still our rainy season. In two of the previous 35 years we exceeded 200 mm of total precipitation in February. We have had February snow in one third of the years since 1987 including 2014 and 2017 when we had 41 cm and 58 cm respectively. If we have an unusually mild period in February, we gardeners will be tempted to start planting early but we must be wary about this, and remember that subzero temperatures may occur in February and even in March.

We have a public holiday on February 20, "Family Day." I think it would be nice to have a holiday on Valentine's Day, but that is not always a Monday. Like Christmas Day, Valentine's Day is not what it used to be and is now very commercialized. I remember when February 14 was a day for sending romantic cards to special loved ones and the cards were sometimes anonymous. I was amazed, quite a few years ago when I was in the USA on that day and I saw people sending so-called Valentine cards to almost everyone they knew, and romance played no part in it. (Just my own feelings about it and nothing to do with the fact that it is my birthday.)

This winter is coming to an end and spring will soon be here with all its signs of renewed life.

Malcolm Armstrong

COVER STORY

While most of us were trying to flee the ice and cold, Rutger Kamphuis had a different idea. He decided that Magic Lake might be the perfect canvas for displaying the beauty of winter. By the time he and his camera eventually made their way to his chosen spot, he was delighted with the opportunity to capture this beautiful and unique shot of the lake.

In Kamphuis' own words, "It was already thawing with a +9°C temperature; I felt I had missed an opportunity. I was pleasantly surprised there was still ice. Due to the warm temperatures the top layer had already been melting, creating a layer of water on top of the ice, and creating a beautiful still reflection."

Oh come on, that is not fair! When the rest of us are a day or so late for anything, there are usually only wrappers blowing about the scene and empty pop bottles to collect. At worst there would be a swampy landscape and perhaps a shoe of a photographer who stepped too close to what looked like frozen water.

Honestly, I do not begrudge Rutger for a second. He is the one who got this great cover photo! To the victor go the spoils.

Mike Wiley

PENDER POST PAST



February 1973

Surprisingly the February 1973 issue of *The Pender Post* did not reveal any Valentines parties, but lots of committee meetings for the various clubs and groups on the island. It proved to be the month for annual meetings of the Farmers' Institute, the Garden Club, and the North Pender Fire Protection Society. Hopefully we will find out the results of those meetings in the March 1973 issue. The Parent-Teacher Club sponsored a bake sale at the school to ensure lots of sweet goodies were available for Valentine's Day.

There were many notes of thanks to *The Pender Post* thanking friends and neighbours for help received or for celebrations held for various occasions. Several submissions were received condemning some logging taking place on South Otter Bay Road as people were concerned about densification of the island. I was surprised to see that the Fuller Brush man had an ad for the Fuller products here on Pender. I am old enough to remember the door-to-door Fuller Brush salesman when I was a child.

February's issue was very small and now that I have let it slip that I am indeed not a young chick anymore, I will leave you until next month.

Val Butcher

OF GENERAL INTEREST

Carrying Forward the Musical Legacy of Sven Reher

I come from a family of musicians. Aunts, uncles, grandparents (on my dad's side), and both of my parents are all from the European classical music tradition. Most of these people were string players, with a few pianists and singers thrown in. (You'll see the Pender connection below.)

My father, Sven Helge Reher, was a violist. In the last many years of his long and interesting career, my father turned his hand to composing, producing several published scores for solo viola, duo viola transcriptions, viola and orchestra, and viola and flute (dedicated to his daughter, me, a flutist). Dad was a significant and supportive influence in my life as I developed into a musician. We later played some concerts together, including one on Pender Island. This was held in the United Community Church in 1985 and featured much of the viola/flute music we had been playing together over many years. (In fact, I know of a few folks still living here who were at that concert and hence knew my father.)

When Sven died, one of my brothers dispersed the remaining copies of his music compositions to university libraries all over the world. Many years later, I had the inspiration to one day convert his printed compositions into a digital form, so that they could be available long after his death and my death and the dissolution of the paper copies. Enter John Chapman. Many of you knew John, a former resident who now resides in Nova Scotia. He has an interest in and knowledge of specific software programs and was very interested in the project. Before he moved east, John made scans of all the printed manuscripts in my possession, and that was the start. For the last five years, we have been slowly whittling away at what has proven to be an inordinate and complex body of work, inputting the data and figuring out how to get the Sibelius program to do what you want (John's job). Then, each draft has to be compared bar by bar to the original so as to correct mistakes

(Mary's job). We have spent countless hours. My brother, Vince, became involved more recently, and plays an instrumental role as liaison with the American Viola Society. Of course, this organization is run by violists; the chair of the Scores Committee has added her own level of scrutiny, which represents more drafts and editions of the scores - but we are progressing!

There are now two pieces published under the Resources/Public Scores section of the American Viola Society website: *12 Studies for Viola* and *Christmas Music for 2 Violas* (transcriptions of traditional carol melodies, arranged as duets).

Cuenca - Rhapsody for Flute and Viola and *Enigma - Sonata for Solo Viola* have been sent to AVS and we await their feedback. John is just starting what we think might be the final piece (unless someone finds the score to *Essay for Solo Viola and String Orchestra*). The family retains the copyright, but we have a flexible licensing arrangement - anyone can access this music online for free through AVS. Those willing could even make arrangements for other instruments if they are inspired to do so (John is currently arranging the Christmas music for four trombones). John has also made Sibelius-generated MP3s of each piece (subject to my aural editing), which may in time show up on the AVS website. I have one recording of a live performance of *Cuenca* - my father and I playing together - that I have added to the collection. Note: copies of the audio files are also available at SvenReher-Legacy@Areher.org.

Although there will be more additions of Sven's scores to the AVS website as we progress, the first two posted works can be viewed now at <https://americanviolasociety.org/#>, click on Resources, then Scores.

PS - Mixed into those five busy years of the music archive project, I also tackled something else new to me. Although I had written book chapters, I had never written a journal article. Those whose children participated in one or more of my programs for children that included a Music & Imagery component through the school (I worked with graduating 8s for a few years, for example, and provided music therapy for 84 students of all ages

on three islands over my 20-year career as a contractor with the school district, as well as 26 years at the Montessori Preschool) might enjoy a quick glance at a peer-reviewed journal article I recently had published about using Guided Imagery and Music with children <https://ami-bonnymethod.org/members/journal-articles/the-bonny-method-for-children-adapting-the-method-selecting-the-music>

Acknowledgment: Many thanks to Julie Johnston, who provided invaluable assistance in navigating the world of academia, electronics, and more.

Mary Reher,
Pender Island resident

ARTS ON THE ISLANDS

Southern Gulf Islands 2023 Regional Exhibition

The Southern Gulf Islands Arts Council invites artists from the island communities of Galiano, Mayne, Pender, and Saturna to join in a multi-faceted exhibition that will enhance the profile of participating artists while bringing together the region's creative talent. This inclusive exhibition welcomes emerging and established artists to showcase their work and, in doing so, celebrate the culture and creativity of these captivating islands. Deadline for Submissions: February 24, 2023

This year's Arts on the Islands 2023 art exhibition will include:

Online Exhibition

The online exhibition will include all submitted artworks and offer participating artists far-reaching exposure April 28 - June 30, 2023.

Printed Exhibition Catalogue

Every artist will have one artwork selected by the panel of jurors for inclusion in the exhibition catalogue. Each participating artist will receive a copy of the catalogue and more copies will be available for purchase.

Live Exhibition New For 2023!

ArtSea Gallery in Sidney will host an exhibition of selected works: April 28-May 11, 2023. Arrangements will be made to assist with transporting artwork between each island and the gallery. An

Opening Reception will be scheduled April 29 (time: TBA).

Awards

There will be three Jurors' Choice awards and three Awards of Excellence. A People's Choice winner will be selected for the online show and by visitors to the ArtSea Gallery show.

Jurors

A panel of three jurors will review all the artwork, resulting in selections for the printed catalogue, the live exhibition at ArtSea Gallery, and the artist awards. Meet the 2023 panel of jurors.

Who can participate

Artists at all stages of their development are encouraged to participate, from emerging artists to established professionals.

Participating artists must live full-time or part-time in the Southern Gulf Island communities of Galiano, Mayne, Pender, or Saturna and be age 19 and older.

The Exhibition Fee is \$20 for up to three artworks. Artists must also have a 2023 membership with the Southern Gulf Islands Arts Council (\$20/year). Memberships are available online at www.artsontheislands.org/join.html.

Types of Artwork

Eligible art forms include:

- 2-D work: drawing, painting, mixed media, printmaking, photography, digital paintings, etc.
- 3-D work: sculpture, ceramics, textiles, etc. (installation artworks are not eligible for inclusion).
- Multi-media: video and soundscapes
- Artists are encouraged to submit at least two pieces and may submit up to three pieces.
- Artwork must have been created in the past three years and not submitted for the previous Arts on the Islands exhibitions that took place in 2020 and 2021.
- All work must be suitable for viewing by all ages. The organizers reserve the right to exclude work that is deemed inappropriate for the setting and audience.

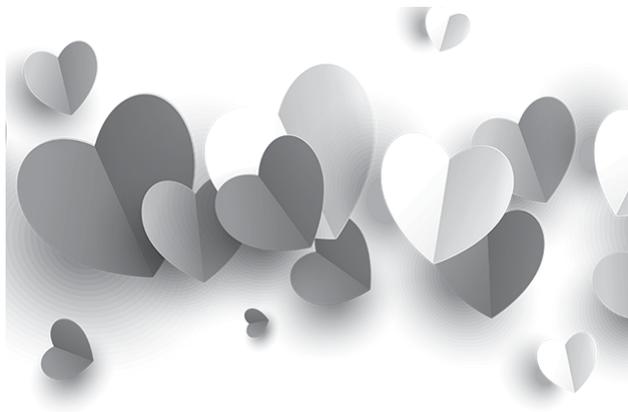
Continued on page 49...

Rules and Tips

This puzzle has 29 numbers and to solve it you must put a number 1 to 9 in each of the 52 empty squares, but there must be no more than one of each number 1 to 9 in each row, each vertical column and each block of nine small squares.

Thank you to those readers who have commented to me on these puzzles. Most of these people have found my puzzles quite easy, so perhaps I should put less than 29 numbers to start with(?)

Malcolm Armstrong



		5	2	6		1		3
8								
1		3		5				2
				4				7
	8		9					
			3		8	5	6	
2	4		5		1	6		9
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	7	1		8				3

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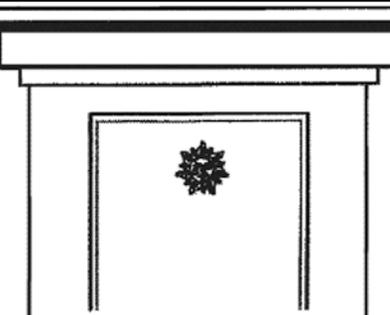
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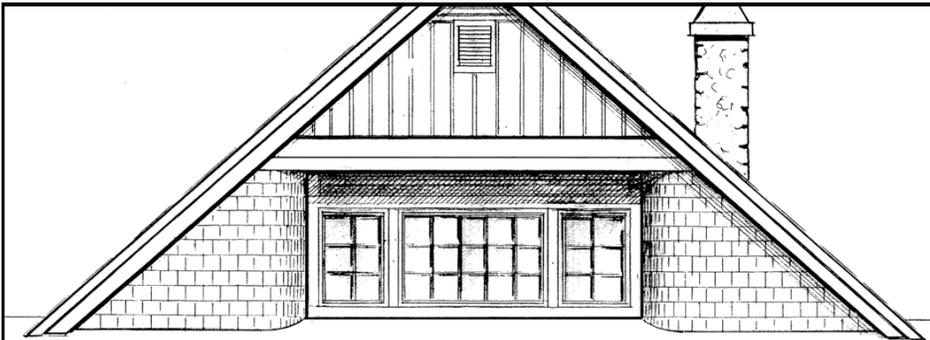


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... continued from page 43

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There is no maximum size limit for artwork in the online exhibition but for artwork to be considered for the Art Sea Gallery show, it must not exceed 36" x 36" x 36".

SSNAP - Calling All Artists!

The Salt Spring National Art Prize Society is proud to announce that submissions for SSNAP 2023/24 are now open!

In 2021, SSNAP received over 2,000 entries from across Canada, representing the diversity and artistic strength of Canada's exceptional visual arts community. We look forward to an equally talented and exciting pool of submissions in 2023.

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Key dates

- January 3, 2023, submissions opened
- Midnight PDT, May 31, 2023, deadline for entry
- Week of July 17, 2023, Jury decisions on finalists announced
- September 22 to October 22, 2023, Finalists' Exhibition
- October 21, 2023, Gala Awards announcements

Entry Information

Entry information is available at <https://saltspringartprize.ca/>.



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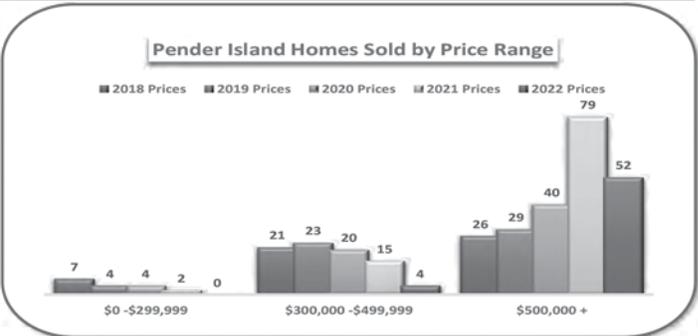
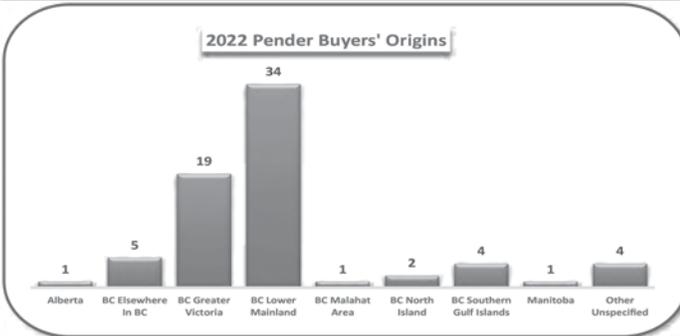
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